

Murder in Arcata

The story of a Native American woman who —
marginalized, blind and alone — faced death
to save her children

By Lynette Mullen

5 Fight for the 5th:
Rotwein vs. Higgins

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mo' partners, mo' problems





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Grace Carpenter's drawing of kidnapped Native American children.
Overland Monthly, 1893

On the Cover

Arcata Plaza, ca. 1870.

Photo courtesy of Humboldt State University Library Special Collections.

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Editor:

I encourage you to support Pat Higgins for Humboldt Bay Harbor Commissioner. He has demonstrated his passion for protection and development of our Bay.

Humboldt Bay is the heart of Humboldt and our collective, greatest resource. Pat has worked with the Harbor Commission to assure its financial solvency, expand aquaculture, promote trail expansion and clean up the pulp mill. He has been part of a team that brings in \$3.6 million annually to keep the bay entrance open to support our fishing industry.

The health of Humboldt Bay is critical to our region and cannot be jeopardized by backward steps. Stick with the current board. Vote for Pat Higgins. He cares deeply about our region, understands the science, and does the hard work that is strengthening our economic prosperity.

Sincerely,

Julie Fulkerson, Trinidad

Exceeding Expectations

Editor:

Superb article on the Harbor Bay Commission ("Safe Harbor," Oct. 1) — thorough and balanced. Some hesitations were expressed in the beginning, but the overall content was a paean to an ambitious, successful, hard-charging approach to dealing with the multiple challenges of an agency that had previously been a moribund, failing anachronism.

Of course there has been "controversy," but the accomplishments of this agency

are stellar by any metric we can chose. Rarely has a public agency moved from being under the shadow of impending bankruptcy to a solid and very promising position of actually contributing to the health of its community. This was done without favoring any narrow interests. The agency has taken a multi-faceted approach that has produced a sound foundation for our future.

Nothing in existence is perfect, but the progress of this agency is superior to any prediction that would have been made in 2007. If any group has exceeded expectations, it is the Humboldt Bay Harbor, Recreation and Conservation Commission.

Larry Hourany, McKinleyville

Zone Protection

Editor:

It was with great interest that I read the Grant Scott-Goforth article "Eureka Stinks" (Sept. 17) concerning shrimp processing odors from Pacific Choice Seafood, Eureka's largest seafood processor. While it may seem to many that this article's only concern was "the odor," what's really important about Grant's reporting concerns waterfront zoning. Pacific Choice is located within Coastal Dependent Industrial Zoning, which is very protective of the fishing fleet.

Had the Pacific Choice Seafood plant been located north of C Street, the nuisance odor and resulting complaints would have curtailed the fish plant's operations because of the zoning in that



Terry Torgerson

area — Waterfront Commercial. The Eureka fishing industry is supportive of Old Town merchants' and Eureka city staff's efforts to upgrade Waterfront Commercial Zoning, north of C Street, however, Waterfront Commercial zoning imposes significant limitations on fishing industry activities. This is the zoning the Harbor District is trying to apply to Woodley Island, home of your fishing fleet.

Even though Charlotte McDonald of Eureka's "Main Street" program put a great spin on the fishy odor, the Pacific Choice crew is working to alleviate the shrimp smell and your fishing industry appreciates the city staff and community in allowing appropriate zoning for our activities here in the Port of Eureka. Thank You,

Ken Bates, Eureka

Correction

The story headlined "Reclamation" on page 6 of the Oct. 1, 2015 edition of the

Journal about a collection of Native American artifacts contained an error. The Wanapum Band of Priest Rapids is not a federally recognized tribe and is not part of the Yakama Nation. The *Journal* regrets the error.

Write an Election Letter!

The *Journal* will be publishing letters related to local elections through Oct. 29, meaning you have until Monday, Oct. 26 at noon to get your opinion on the Harbor District races, or any others, in print. Election letters must be no longer than 150 words — and we'll only run one per writer per week. We'll fit as many as we can into the print edition and run others online. Get writin'. (Letters on the *Journal's* non-election coverage are, as always, welcome and encouraged, and can run as long as 300 words.) ●

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Looking southwest from the former Samoa pulp mill. Photo by Grant Scott-Goforth.

Bay Battle

5th District Harbor candidates on the future of Humboldt Bay

By Grant Scott-Goforth

grant@northcoastjournal.com

About a decade ago, the makeup of the Humboldt Bay Harbor, Recreation and Conservation District began to change. Since its inception as the manager of Humboldt Bay and its tidelands in 1973, the various iterations of the district's board had largely envisioned Humboldt Bay as a working harbor; with fishing and shipping as its primary uses.

In the late 2000s, newly elected commissioners began to focus more on the recreation and conservation aspects of the district in an effort to diversify when shipping tanked with the 2008 recession. Now, as the district is gaining steam with a variety of projects (see last week's cover, "Safe Harbor"), there's a move to

refocus on big industry.

Larry Doss, a realtor from Eureka, has already won a 1st District seat on the commission (there are no opposing candidates). Two other seats remain open, each with an incumbent and a challenger vying for the next four-year term. The outcome could prove crucial to the future of Humboldt Bay.

First, we'll focus on the 5th District, making up much of Northeastern Humboldt County, including Trinidad and McKinleyville. Next week, the *Journal* will profile candidates in the commission's 2nd District.

Susan Rotwein, a nurse consultant from Trinidad and co-owner of a fishing boat

and seafood shop, is running for the 5th District Harbor Commission seat occupied by Pat Higgins, saying the district needs to better serve the fishing industry, attract shipping, re-examine its purchase of the former Samoa Pulp Mill and develop a long-term plan for the viability of Humboldt Bay.

At a Sept. 30 debate, Rotwein was in fairly friendly territory. The forum was sponsored by the Humboldt Bay Harbor Working Group, a private organization dedicated to a working port that's made up of big-industry proponents. The group, for example, supports the construction of an east-west railroad connecting Humboldt Bay to the rest of the nation — an idea the current commission determined

is economically infeasible.

Rotwein didn't mention the rail, but at the debate she excoriated the Harbor District for recent moves she said have negatively affected the fishing industry, which she said is "instrumental in creating a long-term vision."

She joined others in the fishing industry who believe Woodley Island, the district-owned marina, should be dedicated solely to the local fishing fleet. The current board has asked the city of Eureka to loosen zoning on the island, a move Rotwein opposed. She said she likes the idea of a vibrant, attractive waterfront, even invoking the idea of cruise ships, but

Continued on next page »

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News

Continued from previous page

also said tourism only creates entry-level jobs that don't pay living wages.

She also disagreed with the district's removal of a fishing gear storage area on Woodley Island, which the district replaced with storage and a fish processing space at its Redwood Terminal 1, near the Samoa Cookhouse. "That is not conveniently located for fishermen," she said, adding that the marina is in disrepair. The district raised slip rates, began charging for electricity and implemented a fee to sell fish from boats at the marina, saying it was near bankruptcy. The district said it's reduced its annual deficit from \$275,000 to \$39,000 for marina operations.

Rotwein said she sees a "consistent dredging policy as good for attracting ships," though she's skeptical of the district's recent purchase of a dredge it plans to use to clear the channels at Fields Landing and the Eureka Marina.

Rotwein joined other opponents of the board in a somewhat soft damning of the Harbor District's purchase of the Samoa Pulp Mill. As the *Journal* has reported, the district purchased the defunct property in 2011, and with the help of a \$1.25 million loan from Coast Seafoods and another \$7 million from the Environmental Protection Agency, cleared the property of millions of gallons of caustic liquors that were stored in failing tanks. It's now trying to find tenants for the ocean-dependent site.

Rotwein said she's unconvinced that taking ownership of the site was a good move, saying the district needs to "determine if the pulp mill is an asset or liability." The current board determined it was an asset when it went ahead with the purchase, but Rotwein indicated that the district took on more debt than it could handle. "The bottom line I get from the budget is — compared to 2011 — we are significantly more in debt," she said at the debate.

The Harbor District borrowed the \$7 million from the EPA to enable the pulp mill cleanup, but that loan is slated to be forgiven in seven years unless the district sells the property. The proceeds from any equipment sold from the site — the boiler, generator or other hardware — must be paid to the EPA, but, unless the Harbor

Rotwein also called for a 30-year plan, saying the district has "no vision or plan now."

— Rotwein



Susan Rotwein.

District should decide to sell the pulp mill property, it's only obligated to pay the EPA from the proceeds of any assets the district acquired in the deal. Meanwhile, the \$1.25 million loan will be repaid to Coast Seafoods through an extended tidelands aquaculture lease, and the district is anticipating earning a \$1 million per year in lease agreements and shipping by 2018.

Rotwein also called for a 30-year plan, saying the district has "no vision or plan now." In fact, the district in the process of implementing several plans: a harbor revitalization plan from 2003, a bay management plan from 2007 and an Economic Development Committee plan from 2009.

Rotwein said implementing a long-term collaborative vision will protect and promote the fishing industry, bring more well-paying jobs to the area and, by doing so, protect the environment. "I think we need to steer back on course," she said.

Higgins, the 5th District's incumbent, has served on the commission since being elected in 2007, and said the district's focus on diversifying economic opportunities, as well as expanding its recreation and conservation programs, is best for the bay, and the county at large.

Higgins said the Harbor District gambled on port deepening in the early 2000s and lost. "The world economy collapsed," he said at the Sept. 30 meeting. "The pulp mill closed."

So he entered the commission intent on diversifying the port, looking to create jobs that make sense "for a small port like ours."

That included buying the Pulp Mill, and Higgins said characterizing the EPA loan as a huge debt is disingenuous, as the current commission has no plans to sell



Pat Higgins.

the property.

A fish biologist by trade, Higgins said the district also needs to maintain quality of life and community health through bayside trails and environmental cleanups, like the district recently undertook at the Fields Landing boatyard to eliminate stormwater runoff.

Higgins said his role on the commission's economic committee gave him more patience when entertaining diverse options for Humboldt Bay. Detailing his

vision of the future of the bay, Higgins said he would work to increase aquaculture, light industrial jobs and business incubators. He wants to see an oyster bar on Woodley Island where the fishing storage yard used to be, to increase jobs by leasing properties at the Samoa Pulp Mill and encouraging a boat manufacturer to set up shop at the district's Fields Landing boatyard.

While it remains to be seen if the district can navigate a maze of permitting, Higgins thinks its purchase of a dredge, paid for by releasing Pacific Gas and Electric Company of its obligation to dredge Fields Landing, will save the district money in the long run. "We've been maximizing revenue from every asset," he said, and betting on a return of the shipping industry — while it shouldn't be ruled out — is risky. "Stay the right course," he said. "I see us having made the right moves." ●

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Week in Weed

Please, Jerry, Please

By Grant Scott-Goforth

grant@northcoastjournal.com

It's been nearly a month since California's yearly legislative session closed, and the tenor then was all backslaps and high-fives for the state lawmakers who had spent months crafting medical marijuana laws.

Three bills, one each from State Sen. Mike McGuire and assemblymen Jim Wood and Rob Bonta, had been torn apart and pasted back together in a marathon, 11th-hour drafting session with the governor's office.

The language of the bills was mostly agreed upon.

They would finally set up regulations for the state's multibillion-dollar medical marijuana industry, which has operated for nearly 20 years without a hint of direction. For Wood and McGuire, whose districts contain the Emerald Triangle, regulation was both long overdue and of utmost concern to their constituents.

But if everything was so hunky-dory, why hasn't Gov. Jerry Brown signed the legislation into law yet? And why were Wood, Bonta and Palmdale Assemblyman Tom Lackey — the sole Republican involved in the drafting process — on the steps of the Humboldt County Courthouse one recent afternoon begging urging the governor to sign them?

Probably, it was another opportunity to stand in front of a lectern. Wood told a medium-size crowd, made up of local politicians and marijuana advocates, that he "firmly" believes the governor will sign the legislation, particularly since his office had a lot of control over the final product. Marijuana is controversial, Wood said — Lackey said he was opposed to further legalization — which is probably why the governor is taking his time deciding on the bill.

After the assemblymen spoke, Supervisor Mark Lovelace, Sheriff Mike Downey and Northcoast Environmental Center Director Dan Ehresman each got a chance to tell the governor why it was crucial to Humboldt County to have a framework for its largest industry.

The lawmakers acknowledged the bill



Supervisor Mark Lovelace calls for Gov. Jerry Brown to sign medical marijuana regulations. Photo by Grant Scott-Goforth

had shortcomings, but also pointed out that the legislation was a starting point, with room for modifications. Wood lamented the loss of his proposed excise tax on cultivation that was cut from the final draft, which he says would've funded watershed enforcement and environmental cleanups at impacted sites.

Bonta said the law may not interact perfectly with Los Angeles' Measure D, which taxes and regulates dispensaries — some tweaks will have to be made to accommodate the laws. He also said there could be changes coming to the "suitability language," meaning who is eligible to operate in the industry when regulation comes. He's likely referring to concerns about the law's prohibition of previously convicted felons working in marijuana businesses, which critics have said would unfairly prohibit minorities from entering the industry, as they're arrested and prosecuted at higher rates than white people.

Brown has until midnight, Oct. 11 to sign the bills into law or veto them. If he does neither by the deadline, the bills will become law without his signature.

Still, the Oct. 6 press conference felt a bit like a victory lap, with Wood and the other speakers touting the as-yet-unpassed bills as particularly important to Humboldt County.

As a man with a crumpled tall can of beer loudly muttered near the crowd, Wood said into the mic, "the voices of our locals will continue to be heard." ●

Conflict of Interest Alleged

Long-time local taxpayers' advocate Leo Sears filed a conflict of interest lawsuit on Oct. 5, alleging that the Humboldt County Harbor, Conservation and Recreation District violated state law when it accepted a \$1.25 million loan from Coast Seafoods and then gave the company a lease extension to cultivate oysters on hundreds of acres of tidelands in Humboldt Bay.

Specifically, the suit takes aim at Second District Commissioner Greg Dale, who also works as Coast Seafoods' operations manager, alleging that even though Dale didn't vote on either the loan or the lease extension, he had a hand in negotiating both.

Dale questioned the motives of the suit and maintained he and the district have done nothing wrong.

"This is a political stunt and it's absolutely not a coincidence that these folks who have been sending me threats for a month and a half are doing this on the day absentee ballots are being sent out," Dale said. Dale is facing a heated challenge from Nick Angeloff for his seat on the commission.

Sears alleges that the agreements amount to a quid pro quo exchange, wherein the company offered the loan in exchange for an extension and modification of its existing mariculture lease. While Dale didn't vote on either of the agreements, Sears maintained the commissioner helped negotiate both, amounting to a clear violation of Califor-

nia conflict of interest law.

Dale maintains that he had no part in negotiating either deal, saying he simply toured the old pulp mill site back in 2013 and relayed to Coast Seafoods' owners that the situation on the property was dire and a potential threat to the business. He said he has since recused himself from all discussions of both agreements and was absent for both votes.

It seems the suit will ultimately be decided upon the question of whether Dale had a true financial interest in the commission's decisions to accept the loan and subsequent lease agreement or merely a remote one, which would mean there's no legal conflict of interest.

For his part, Dale sees the whole lawsuit — and his election challenge — as spawning from efforts to create an east-west rail line connecting Humboldt Bay to shipping routes throughout the country. "This is a political ploy," Dale said, "and it's all about the east-west rail."

Sears countered that his suit has "nothing to do with rail," noting that he's not a member of any pro-rail groups. Instead, Sears said, this is about good governance and protecting taxpayers from conflicts of interest. He said he hoped to avoid the suit, having repeatedly urged Dale — both publicly and privately — to step down from the commission.

— Thadeus Greenson

POSTED 10.05.15. READ THE FULL STORY ONLINE.

Chalk It Up



Pastel artists filled the Arcata Plaza with creative energy and multi-colored chalk dust on Saturday, Oct. 3 and covered the surrounding sidewalk with a wild mix of imagery. More than 200 artists participated. POSTED 10.05.15

—Mark Larson

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For the news as it develops and all you need to understand politics, people and art on the North Coast, follow us online.

No Charge in Police Shooting of Hoopa Boy: District Attorney Maggie Fleming said she will not file charges against the California Highway Patrol officer who shot 17-year-old Richard Frederick Tis'Mil Estrada in December. Fleming wrote that video, witness accounts and the officer's account indicate that Estrada attacked CHP officer Timothy Gray with a machete before Gray shot him in self-defense. POSTED 10.01.15

Scotia Body: The Humboldt County Sheriff's Office is in the midst of a death investigation after deputies responding to a report of a foul smell in Scotia found the decomposing remains of Justin Joseph Nevis, 32, of Sacramento. An autopsy is pending, but the case is possibly linked to a report of a home invasion robbery in September. POSTED 10.05.15

Crime Goes Online: The Sheriff's Office will soon be posting crime reports for all of Humboldt County. Lt. Kevin Miller spearheaded the idea to use crimereports.com, which the Eureka Police Department has been using since 2009. The site gives the public access to information about law enforcement activity that can be filtered by date, location and type of crime. POSTED 10.06.15

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Digitally Speaking

9 The number of people killed in a mass shooting at Umpqua Community College in Roseburg, Oregon on Oct. 1, including Fortuna High School Graduate Jason Johnson, who had just enrolled at the school. POSTED 10.02.15

Comment of the Week

"I will take the smell of rotting fish, trash, skunk, or almost anything else over the stomach wrenching and headache causing stench of pot any day!"

— Bob Powers-Taylor, on an Oregon judge's ruling that the smell of marijuana is a "neutral factor." POSTED 10.01.15

They Said It

"In the end, I was left to reflect on what I would want in the face of my own death."

— Gov. Jerry Brown, commenting on his decision to sign a bill into law that will allow terminally ill patients to end their own lives with physician assistance. POSTED 10.06.15

Murder in Arcata

The story of a Native American woman who — marginalized, blind and alone — faced death to save her children

By Lynette Mullen

The old Lindsey home, where Lucy's daughter Carrie lived and a group of community members gathered and expressed concern over Lucy's welfare on a Saturday afternoon in late December 1861, still stands today.

Photo by Howard Hunt

It was January of 1862 and Arcata's last adult Native American resident, Lucy Romero, had been told her life was in danger but she and her children had nowhere to go. Indians in the mountains were being hunted like animals and those sent to the reservations risked starvation. Women faced the threat of rape and children became easy prey for traffickers.

Four months earlier — 153 years ago this month — the white settlers in Humboldt County had forced the Native Americans living along Humboldt Bay to relocate north to the Klamath Reservation. Many were made to leave young children behind to work as servants for the whites, and those who refused to leave or tried to escape could be treated like enemies and shot.

For unknown reasons, Lucy was allowed to remain, living in a small cabin in the Sunset area of Arcata owned by Hum-

boldt County pioneers John and Sarah Preston. Lucy shared the modest home with her 3-year-old daughter, Annie, and 16-month-old son, Charles. The eldest of Lucy's three children, 7-year-old Carrie, lived with Sarah Preston's parents, Findley and Rebecca Lindsey, in a house that still stands on Arcata's Seventh Street above HealthSport.

Now, in January of 1862, Lucy was told that Arcata wasn't safe for her either. She heard the warnings and chose to stay, facing almost certain death in order to save her children.

"Discovery"

Though there is conflicting information, most historical records indicate Lucy was living on Humboldt Bay in 1850. She would have watched the arrival of the white pioneers, witnessed the conflicts between the indigenous people and newcomers, and suffered the effects first hand.

After settlers discovered Humboldt Bay in December of 1849, stories of gold and the possibility of an inland route from the Pacific Coast to the mines along the Trinity River reached the San Francisco Bay area and beyond, prompting hundreds to pack their wagons and board ships bound for the North Coast. Some came searching for gold and others, unsuccessful or unsuited for the hard life of a miner, settled in newly formed towns where traders were positioned to supply the mines where gold was said to be abundant, but provisions scarce. Speculators also came, envisioning expanding shipping lanes and a prosperous Humboldt Bay harbor that would make it easy to export north coast timber and other commodities to San Francisco markets and beyond.

Humboldt County also offered opportunity for young men lacking other prospects and families seeking a new life in the West. Pioneers could claim 160-acre

plots of the area's rich agricultural land, free, as long as they made improvements and established homesteads. Still other settlers were drawn to Humboldt to escape their pasts. The isolated coastal area, surrounded by towering redwoods on three sides and a formidable ocean to the west, was the perfect haven for "renegades ... escaped convicts ... and outlaws," according to a March 23, 1861 military dispatch later published through an act of Congress.

Many of the settlers came from the east, where conflicts with natives had escalated and fears, often exaggerated, colored their perception of the California natives. The Indians on the North Coast were inclined to be peaceful and "exhibited more astonishment at the sudden influx of white men than any other feeling," according to a story in the *Daily Alta California*. Unfortunately the natives were also fascinated with new tools and

A Brutal Deed

A horrible and atrocious deed was perpetrated on last Saturday night near Arcata. A blind squaw, living with her two children upon the farm of J.C. Preston, was, in cold blood, cruelly butchered!

Our Arcata correspondent, "Q.K.," thus speaks of the matter, and his sentiments are those of nine-tenths of the people of this county: "The despicable deed causes much indignation in our midst against the cowardly wretch that could, while wearing the form of a man, be so forgetful of manly principle and human feeling as to perpetrate such a foul and damnable outrage. It is not known who the person or persons connected with the affair may be; but a Coroner's Jury are inquiring in the matter and endeavoring to affix upon the guilty one of the vague suspicion that hangs over the community.

"I know that the publication of such deeds is an injury to us; but when such events occur, they should be made a public example of, to assure the wretches themselves as well as the outside world that we do not assent to such atrocities. It is to be earnestly hoped that the law may trace out the offenders and meet justice to them, for if such be not the case, the searching eye of Vigilance will next essay the task."

It is too true that the publication of such deeds of darkness have cast reproach upon this community; those who condemn such crimes and are anxious to bring the offenders to justice are unjustly held responsible. It is just as reasonable to charge the citizens of San Francisco with the crimes of arson, rape and murder, because those crimes are constantly committed in that city."

Jan. 18, 1862 *Humboldt Times*

supplies brought by settlers, and often wound up accused of stealing property, such as hatchets, axes and knives, which were crucial to the newcomers' survival. The white pioneers often marginalized the Indians, forcing them from their villages in order to build homes in prime areas and thoughtlessly taking their resources as well. Pioneer Isaac Cullberg wrote casually of taking material from an Indian house to build a campfire. Other settlers were more aggressive, with one *Daily Alta California* editor lamenting the conduct of "certain reckless men, who regard an Indian as they would a dog, and think they have a right to give him a kick whenever he crosses their path."

Despite Native American attempts (and pleas from some of the whites) to improve relations, conditions continued to deteriorate.

Conditions were even more dangerous for native women. In 1854 the local

paper observed that almost from the time of their arrival in Humboldt County, white settlers often "ravaged" Native American women. Lucy's daughter Carrie was born in 1856, fathered by a white man who'd likely raped Lucy. Annie and Charles, Lucy's younger children, were fathered by Jose Romero, a veteran of the Apache Indian Wars. At that time, many Native women were taken as companions by white settlers known as "squawmen." Romero was considered a Squawman and, while many of these relationships were forced, Lucy's association with Romero may have helped keep her and the children safe. Though squawmen could be violent, women claimed by settlers were generally treated as property and less likely to be raped by other men. In fact, some native families actually encouraged their daughters to stay with white men as a means of protecting them.

Staying with Romero in a settled area would have also allowed Lucy to better protect her children from a booming state-sanctioned human trafficking trade. In 1850, California passed a law allowing for the legal indenture of natives that granted their "master ... care, custody, control, and earnings of such minor, until he or she obtain the age of majority." At that time, the age of majority was 18 for males and 15 for females. Initially native children could only be indentured if the justice of the peace was convinced that no compulsory means was

used to obtain the child. But in 1860, the law was expanded to allow for the indenture of any child considered a prisoner of war. The law also extended the terms of indenture to 30 years old for men and 25 for women. While men and women were indentured under this law, native children were especially coveted, likely because adults were harder to control and could more easily escape their masters. Indian children, on the other hand, "when tamed" were described by the *Humboldt Times* as quite docile and could learn to speak English quickly. Children as young as 4 or 5 were used to help with childcare and other household chores, and children as young as 7 or 8 worked in the fields.

The practice of domesticating Native American children would have been more widespread, a story in the March 1, 1860 *Humboldt Times* lamented, "but the Indians have been hitherto loath to part with

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On the Cover

Continued from previous page

their offspring at such ages as would make them most susceptible of training.”

Despite parental protests, the demand for child servants grew and, by 1860, the kidnapping of Native American children was rampant. Humboldt County became an infamous base for those “in the nefarious trade of stealing Indians ...” with traffickers literally hunting and killing native parents in the mountains in order to obtain their children. The incentive was high when buyers would willingly pay \$50 or \$60 for a young Indian to cook and wait upon them, up to \$80 for a hog-driving boy or \$100 (an amount equal to more than \$2,700 today) for a “likely young girl,” according to a Dec. 6, 1861 story in the *Marysville Appeal*. Some of these children were kept by local families, but many were sold as far off as Colusa County, more than 200 miles away.

Lucy's union to Romero made her children less vulnerable to traffickers and provided her some protection, at least until 1860, when Romero was murdered by Native Americans.

Growing Hostilities

Adding to the hardships brought on by thoughtless or hostile whites, pioneers over-harvested fish, elk and other wildlife and allowed livestock to graze native clover grasses, a significant food source for local tribes. These factors combined to lead to starvation among native tribes in the mountains. When a steer or hog could not be found (they were often taken by mountain lions or suffered natural deaths) settlers accused natives of “depredations.” These alleged offenses prompted militia groups or vigilantes to “chastise” the Indians by raiding villages and killing inhabitants, which often included women and children. Squawmen and human traffickers also likely participated in offensive strikes designed to discourage the natives from retrieving kidnapped women and children. Other hunts were lead by unsuccessful miners and speculators looking for the

steady income paid by the government to local militia volunteers recruited to quell perceived Native American hostilities. Still others were ranchers fearing future losses of valuable livestock. The most extreme also went on “Indian hunts” for sport, scouring the mountains to shoot at unsuspecting victims.

While the mountain tribes developed a reputation for aggression in response to frequent attacks, many of the natives living around Humboldt Bay adapted to the new arrivals, learning to speak English and work for the settlers. Women like Lucy were employed as domestic servants while men worked as laborers and farm hands.

This assimilation was not enough, however, as fear, prejudice and a desire to have full reign of the abundant resources in the county prevailed. In the early morning hours of Feb 25, 1860, following a ceremonial dance on Indian Island in Humboldt Bay, a small number of white men attacked the sleeping revelers and killed all they could find.

Out of some 60 to 70 killed on the island, at least 50 to 60 were women and children. “Neither age or sex had been spared,” one witness described in the Feb. 29, 1860 edition of *The Northern Californian*. “Little children and old women were mercilessly stabbed and their skulls

« A group of Arcata community members gathered at the Lindseys’ home and some expressed concern over Lucy’s safety on an afternoon in late December 1861. A couple of weeks later, on Jan. 12, 1862, Lucy was found murdered in her cabin on the Preston property. A witness later told a coroner’s inquest that he saw two potential suspects crossing the Arcata Plaza the night of the murder.

For these reasons,

would it not be better to break up these establishments and let a temporary reservation be formed at Fort Humboldt? The old Indians, squaws and children may collect there and should then be provided with the means of subsistence. To send them to any of the Indian reservations now, would be a mockery. Those already sent there are obliged to leave or starve. The management of Indian affairs in this state is a burning shame and disgrace to our Government and we see no prospect of any immediate change for the better.

March 3, 1860 *Humboldt Times*

From time to time since the Humboldt county Indians escaped from the reservation we have referred to the subject, always urging that for the good of the community and the welfare of the Indians themselves, it would be much the best to have them live at the Klamath, where Government has prepared a home for them, in preference to roaming about their old homes, obtaining a precarious subsistence by doubtful means. This opinion seemed to be that of all of our citizens with whom we conversed. A doubt however prevailed in the minds of some whether provision had been made for their comfortable subsistence at the reservation, which created a division of sentiment, in some degree, as to what course should be adopted. To allow the Indians to remain with us as in years past, after having been removed and assured that they must not come back, was objectionable for many reasons; to require them to return to the reserve and remain there, while the supplies were inadequate, was equally so. From representations made by former agent, Mr. D.E. Buel, we were of the opinion that the quantity of food provided for them was more than sufficient.

Jan. 6, 1861 *Humboldt Times*

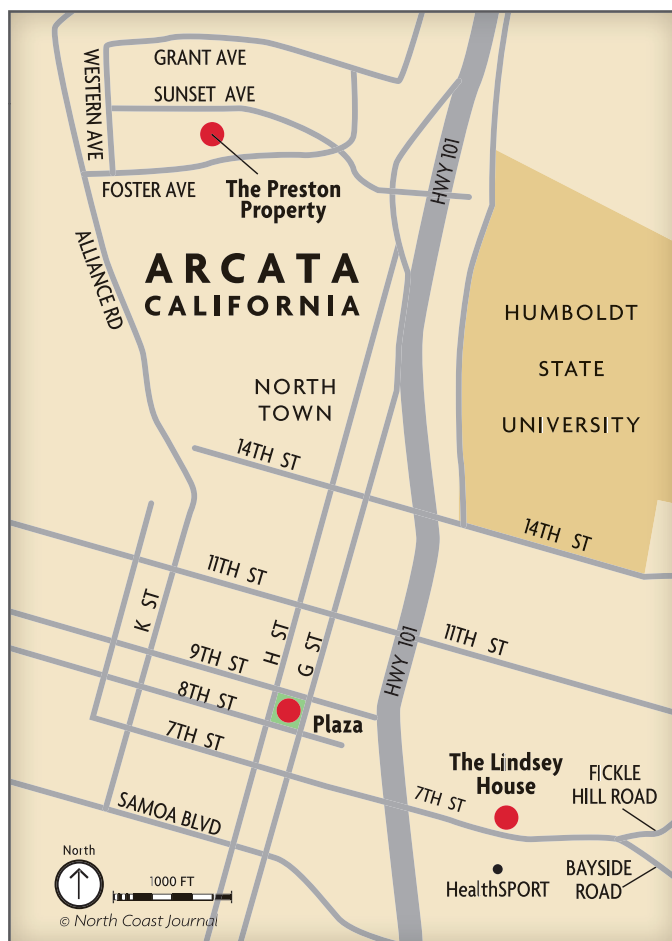
crushed with axes.” Similar attacks were reported at other villages. Lucy was on the island at the time of the massacre with Carrie and Annie. Just a few weeks pregnant with Charles, she had slept with her children away from the main camp and remained hidden during the massacre. At daybreak, she and her two girls made their back to Arcata. In the weeks that followed, Romero (father of Annie and Charles) was accused of helping the massacre’s perpetrators by spying on the Native Americans and he was killed for his alleged complicity, leaving Lucy pregnant and alone with the two young girls and few options. There was no obvious instigating incident for the massacre as the natives on the bay were known as the most peaceful of the local tribes. One justification offered for the murderous rampage was that the natives on the bay and in the mountains were leagued together and constantly killing cattle, but there was no proof. Following the massacre, journalist Brett Harte predicted it would spark the “beginning of the end,” suggesting local tribes would finally band together against the white settlers in revenge for their slain families.

In response, local citizens petitioned the Superintendent of Indian Affairs to remove the massacre survivors and other natives still living along Humboldt Bay.

The Indian agent in charge of the Klamath Reservation, Col. D.E. Buel, arrived within days to secure them. After threatening to treat any who resisted as enemies, local citizens helped Buel force more than 130 natives from their homes to be “herded like cattle” more than 60 miles through mountainous terrain to the Klamath Reservation, according to a May 11, 1860 story in San Francisco’s *Daily Evening Bulletin*.

Though squawmen were urged to give up their native wives, at least one man saved his mate from expulsion by his alleged marrying her. Many Indian children between the ages of 5 and 14 were kept in white households while their parents were sent away. Some children characterized as “half breeds” (those with white fathers and native mothers) as young as 1 year old also remained in white homes while their mothers were forced to the reservation. Only a handful of young men were able to stay as laborers and none were over the age of 18.

It is unclear if Lucy and the girls were forced to go to the reservation at this time but government mismanagement, poor conditions and a lack of food plagued the operation and most of those sent away soon returned to Humboldt County. Unfortunately, continuing conflicts and white fears of Indian hostilities lead to the second expulsion of the



For the past four years

we have advocated two — and only two — alternatives for ridding our county of Indians; either remove them to some reservation or kill them. The loss of life and destruction of property by the Indians for ten years past has not failed to convince every sensible man that the two races can not live together, and the recent desperate and bloody demonstration on Indian Island, is proof that the time has arrived when either the pale face or the savage must yield the ground. Hunting the guilty and protecting the innocent Indians is a worn out theme, and one that we have warred against for years. Just so long as our maintain ravines and secret resorts for hostile Indians are unguarded by troops, and the Indians allowed to inhabit them, just so long will they receive aid and support from our friendly Indians. It is an evidence of insanity for a man to argue that Indians will not sympathize with Indians, particularly where they speak the same tongue, engaged in the same friendly dance, and intermarry as is the case with the Indians that inhabit this Bay and those who have preyed upon the lives and property of our citizens for years past. Indian sympathizers may talk as they please about innocent Indians on this Bay: we are satisfied that the very implements



Austin Wiley owned and edited the *Humboldt Times* from 1858 through 1860. Photo from History of Humboldt County California, courtesy of HSU Library.

of death and destruction which are now in the hands of the mountain Indians came, in a great measure, through the friendly Indians, and that they received beef and trinkets as a recompense for their wages of sin, we have no doubt. The only plan, then, is to remove them all, and the sooner the better.

March 17, 1860 *Humboldt Times*

natives in the fall of 1861. The only exception, according to an Oct. 12, 1861 *Humboldt Times* report, was made for "tame or pet Indians ... who have homes with white men, under the age of ten years, and who have lived as apprentices with the whites for one year ..." While the expulsion was racially motivated for many, at least some residents believed it was the only way to protect the local Native Americans from further massacres.

For unknown reasons, this time Lucy was able to stay in Arcata, living in the cabin with Annie and Charles on the

Preston property. John Preston had helped bury the victims of the 1860 massacre and it is possible that Lucy, by that time nearly blind and a single mother of three, elicited his sympathy.

Murder

By the end of 1861, Union had changed its name to Arcata, become a thriving community of more 600 people, and served as a trading post for those in the surrounding hills. Residents enjoyed the convenience of stores, churches, a

Continued on next page »



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On the Cover

Continued from previous page

school and more than one saloon. They also talked a lot about the “Indian wars.” There were some in the county that sympathized with the plight of the area’s original inhabitants, but by 1862, many in the county no longer framed aggression against the natives as defense or revenge. The editor of the local *Humboldt Times* openly advocated for extermination of the local natives. When contingents of volunteer militia headed into the mountains on “Indian hunts,” as they often did, the *Times* regularly reported the number of “bucks” (Native American men) killed as well as the frequent numbers of women and children murdered on these forays.

On a Saturday afternoon in late December of 1861, neighbors gathered at Findley and Rebecca Lindsey’s house. The Lindseys were Sarah Preston’s parents and lived at the foot of Fickle Hill — likely a popular gathering spot for those coming off the mountain and seeking the latest community news. Those present that day included John and Sarah Preston, Findley Lindsey and others, and the conversation turned to Indian affairs.

Conflicts had escalated, and most gathered agreed that it was best that all natives be sent to the reservation. James Brown, a neighbor of the Lindseys who made no secrets about his hatred of local Native Americans, was also there



The view of Arcata, circa 1860, when the town had grown to a community of more than 600 people, boasting stores, churches, a school and more than one saloon. *Photo courtesy of Humboldt State University Library Special Collections*

that day and predicted there would be another massacre in town to eliminate any who remained, including children. Already known as a violent man, Brown was one of the few known perpetrators of the Indian Island massacre. He openly advocated for extermination of the local natives and even shot one in Arcata, telling James Barnes that he had done so because the man “was a saucy and impudent digger and he did not think it would

be a loss to anyone to shoot him.”

After a time, the conversation turned to Lucy, the only remaining adult Native American in Arcata. Rumors had been circulating recently that Indian footprints had been seen near her cabin and she was suspected of helping the more hostile mountain tribes, sheltering them or supplying them with arms and ammunition. Despite the fact that the Prestons saw no such footprints on their property,

the rumors had continued and, by that Saturday at the Findleys, most present thought Lucy’s life was in danger. More than one believed Lucy would be killed within weeks.

The rumors alarmed Sarah Preston and her father, both of whom warned Lucy, urging her to flee to the reservation to save her life. But Lucy refused, saying that she hoped that if she was killed in Arcata, the whites would take care of her chil-



Lynette Mullen in the attic of her former Blue Lake home.

Photo by Thadeus Greenson

Telling a Mother’s Tale

It was pure chance that led me to Lucy Romero but much more than that fed my obsession with her story.

Years ago, I was searching through historic documents in the basement of the Humboldt County Courthouse when I came across the coroner’s inquest from Lucy’s murder. There was so much incredible and appalling detail. I learned that a mother of three young children was brutally murdered in Arcata and that she *knew* she was going to be killed. And she was almost blind. *And* that she was encouraged to leave to save herself but chose to stay to save her children. I had so many questions. “Who was she and why would anyone want to kill her?” I became obsessed with finding the answers.

I spent countless hours researching Lucy and learned about the North Coast’s painful settlement history of violence and human trafficking. I looked through every newspaper printed in Humboldt County from 1854 to 1863, pored through military records, census data and Bureau of Indian Affairs documents, and conducted countless personal interviews. Lucy’s story stayed with me

but the more I learned about the conditions she faced here, the more overwhelmed I became. I felt guilty I wasn’t sharing Lucy’s story — like I was failing her, but that didn’t help me write it.

It wasn’t until I moved to an old farm house in Blue Lake four years *after* finding the inquest that things changed. The attic was insulated with old newspapers and among them was the 1928 obituary of Lucy’s son, Charles, which talked about her murder. I went from feeling bad about not telling Lucy’s story to living in a house where her story was literally over my head every day. I don’t know if I believe in ghosts but I do know the odds of finding her story in my attic were astronomical. She was telling me to quit stalling and get to work.

I think it is important to remember that Lucy Romero was one of many who faced unimaginable challenges here. We need to honor those who lived, and died, in our “Indian Wars” and acknowledge that shameful time in our history. Even today, war and violence continue and people face inconceivable choices. Our terrible stories are still being written.

— Lynette Mullen



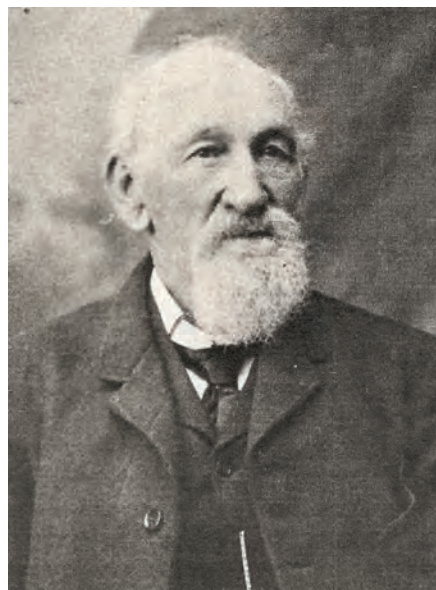
William Lindsey, a suspect in Lucy's unsolved murder. Photo courtesy of Humboldt State University Library Special Collections

dren. It is possible that Lucy feared that Annie and Charles, fathered by someone alleged to have helped the Indian Island massacre's perpetrators, would face retribution on the reservation. She may have also been familiar with conditions there and known that, as her eyesight failed, she would be unable to protect and care for her children.

Whatever the reason, Lucy remained.

In the early morning hours of Jan. 12, 1862, Annie Romero made her way to the home of John and Sarah Preston, and told them her mother was ill. The Prestons sent her home. Hours later, Annie tried again, this time towing little Charles behind her. The toddler's head was covered in blood, but neither John nor Sarah checked the boy for injuries. Later, John would explain that he assumed the boy had a bloody nose, while Sarah would say she thought Lucy had been "whipping" him again. A visiting neighbor, 20-year-old Alan Hill, did examine the tiny boy for injuries but found none and the children were sent home. Later, as Hill walked through the Prestons' orchard, he looked through Lucy's cabin door and saw blood on the floor. He entered to discover Lucy's body and saw her head was cut in several places. He reported it to the Prestons, and he and Sarah returned to the cabin to find the children in bed with their mother's corpse. Hill and John Preston then searched the property, but the perpetrators were gone. When questioned, little Annie said only that two white men had killed her mother.

Three days later, Byron Deming, a 35-year-old, part-time coroner and wheelwright, held an inquest. He called prominent members of the community to serve as jurors, including merchants Augustus



James Brown, a suspect in Lucy's unsolved murder. Photo courtesy of The Humboldt Historian, November-December 1985

Jacoby, Henry Stern and Isaac Cullberg, barkeep Edwin Wallace, hotel owner J.C. Bull and four others.

The men met at the Preston's property, viewed Lucy's body and called witnesses that included John and Sarah Preston, Findley Lindsey, Sarah's brother, William Lindsey, Allan Hill, James Bishop and James Barnes. From their testimony emerged a picture of Lucy's last day.

The Prestons last saw Lucy alive at about 6 p.m. on Saturday, Jan. 11. Annie couldn't say when her mother was killed but witness James Barnes recalled seeing two men walking down the middle of the road past Leon's hotel (around 10th and H streets) and across the plaza toward the brewery around dawn on Sunday. Barnes said the smaller of the two men had a stooped shoulder and he recalled that one wore a blanket and the other a coat.

When Sarah's brother, William Lindsey, later testified, he said he knew of no one else with a stooped shoulder like himself. But when questioned further, William insisted he was home all of Saturday night and didn't sleepwalk. He also denied spending time with James Brown that night.

Findley Lindsey explained that he and his wife went to visit their neighbors, the Phillips (original owners of the Phillips House museum), on Saturday night. Lindsey recalled seeing Brown head into Arcata about sunset that evening and remembered hearing Brown's gate open when they returned from the Phillips' house around midnight, believing he'd heard Brown returning home. Findley Lindsey also testified that he believed Brown owned a rifle, a butcher knife and Tommy Hawk (hatchet) with a 3-inch blade.

When asked to testify, Sarah Preston

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On the Cover

Continued from previous page

recalled a conversation in which Brown asked her if she wanted Lucy killed so she could have an unhindered claim to little Annie. Sarah said she told Brown she would send Lucy to the reservation herself rather than have the child under those circumstances.

For reasons that aren't clear, the inquest concluded without Brown being called to testify.

During the inquest, John Preston was asked if he'd seen evidence of Indians on his property. Preston was sure he hadn't, but did recall seeing barefoot tracks, though he believed they were made by boys cutting through the property to go duck hunting.

The question of tracks was pertinent. The local papers regularly carried accounts of families attacked in the hills and residents lived in fear of an attack in town. In fact, the (then) one-story brick Jacoby Storehouse had been identified as a place of refuge for women and children should an assault take place, but it was never needed.

Annie had said that two white men killed her mother and the inquest showed no evidence of native incursions into Arcata — which meant residents had nothing to fear. This seemed to satisfy the motives of the inquest, which never really focused on finding Lucy's killers.

After three days of interviews and an examination of Lucy's body, the jurors determined Lucy died due to "the effect of four wounds inflicted upon her head ... with some sharp instrument ... by some person or persons unknown." The local newspaper called the investigation "thorough" and the coroner expressed regret that the perpetrators were not identified.

Lucy Romero's murder remains unsolved today.

The "Indian Wars" continued and thousands of Native Americans were killed, kidnapped or forced to live on

A man who will kill an Indian boy in this manner, without adequate cause, but merely because he belongs to that race of human beings, is not exalted above the savage. It is cowardly acts like this that costs a foul stain upon the reputation of this county, and paralyzes the efforts of those who endeavor to secure aid from Government to protect the lives and property of her citizens from the attacks of hostile bands in the mountains.

June 22, 1861 Humboldt Times

reservations under deplorable conditions. Cabrillo College estimates that in the first two decades of white occupation, California tribal populations were reduced by up to 90 percent.

Lucy's decision to stay in Arcata and bravely face death helped ensure her children didn't become lost to those statistics. Annie was raised by the Prestons, Charles was taken in by a childless German couple and Carrie was given to a widow, Sarah Bowles, though she was indentured as a servant. Unlike many children who did not survive the "Indian Wars", enslavement or conditions of the reservations, Lucy's sacrifice allowed her children to survive. Carrie, Annie and Charles all lived to adulthood and Lucy's descendants can be found throughout California today. ●

When not tracking down local history, Lynette Mullen operates Projects Delivered as an independent project manager. She also has Lynette's NorCal History Blog (www.lynette707.wordpress.com). She wishes to thank local historian Susie Van Kirk and countless others for sharing their research, and Kathy Srabian for her shared commitment to tell Lucy's story.



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A Walk on the Dark Side

Halloween-inspired plants

By Genevieve Schmidt

downanddirty@northcoastjournal.com

Many of us have been pressed into sedate suits and neutral colors by day jobs or a misplaced sense of propriety as we age, but if you've been squashing down your inner goth, Halloween's the perfect time to indulge that irresistible pull toward everything dark, black and a little bit creepy — especially in the garden. Plants are one of the best ways to express yourself artistically, because even the most unusual plant can be paired to look great in nearly any style of garden. Check out these Halloween-inspired selections, and add a pop of personality that will make you smile every time you walk past.

'Tuxedo' Ceanothus

Our native Ceanothus varieties offer so much to love, with varying forms from groundcover to shrub to tree, glossy deep green leaves and flowers that do so much for pollinators in spring. Yet sometimes, it's fun to mix things up with a new variety that's totally different. 'Tuxedo' Ceanothus is dressed to the nines with shiny black foliage and lavender blue flowers that arrive in late summer and continue through early fall. The contrast between the flower and foliage is absolutely stunning and, unlike many of our native Ceanothus, this upright, 8-foot-tall shrub responds well to pruning and can easily be shaped to suit your garden.

'Mystic Spirit' Dahlia

If you'd asked me whether nearly-black foliage would go well with apricot-colored flowers before I grew 'Mystic Spirit,' I probably would've wrinkled my nose and given a definitive headshake. Yet this exuberantly blooming dahlia has just the right amount of contrast to make it an eye-catching beauty, without veering into gaudiness. Placed near plants with blue or purple flowers like mophead hydrangeas, blue hardy cranesbills or catmint, the coloration of both flower and foliage really shines. Though you'll need to protect it from snails as it's emerging in spring (I use

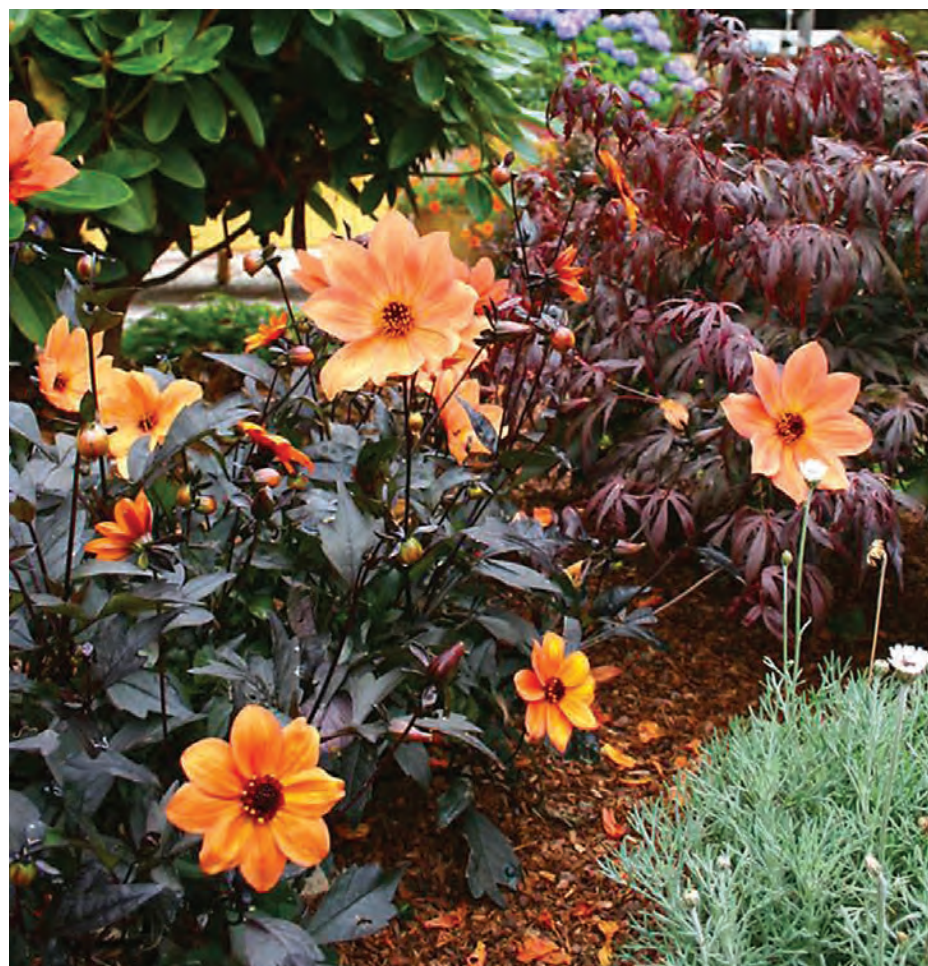
an organic iron phosphate bait, or let my chickens do the job), this compact 2-to-3-foot dahlia is easy to grow and makes a bold statement in the foreground of the garden bed.

'Spider's Web' Japanese aralia

This brilliantly speckled version of Japanese aralia (*Fatsia japonica* 'Spider's Web') lights up a shady corner with its huge, ghostlike leaves. Unlike regular Japanese aralia, which can form woody trunks and become leggy over time, this slower grower becomes a lush, rounded mound. The profuse white spotting and venation make the plant look as though it's been overlaid with vivid white spider webs, hence the name. Though it's a small shrub, reaching only 4 to 5 feet in as many years, the coloration and large leaves give it architectural interest and make it a focal point in the landscape. Try pairing it with deep green ferns such as our native sword fern (*Polystichum munitum*) or glossy Japanese tassel fern (*Polystichum polyblepharum*) for a variation in form and texture, or create color contrasts with wine-red Heuchera or Tiarella varieties planted at its feet.

Red hook sedge

If you're wanting a plant with that traditional orange and black Halloween color combination, look no further than this small, colorful evergreen. Red hook sedge (*Uncinia uncinata* 'Rubra') has vivid bronzy-orange foliage year-round, and sends up stark blackish-brown flower heads come fall which rise above the foliage and create a stunning contrast. Reaching only 12 to 18 inches tall, they'll tolerate sun to part shade and are a great solution for areas that are occasionally damp or briefly flooded, like that difficult zone underneath a downspout or alongside a rain garden. Alternately, elevate it in a planter with black pansies and variegated *Euphorbia* 'Ascot Rainbow' for a modern take on a fall planting.



'Mystic Spirit' Dahlia in the Leonard Garden, designed by Ryan Scott.

Photo by Genevieve Schmidt.

'Desert Black' Sedum

Tucked between stones or at the edges of a garden bed, succulents are the perfect accent in a drought-tolerant garden because they come in such a wide array of options: from spotted rosettes to blue-gray "sticks" to chartreuse groundcovers that creep along the ground. This newer introduction has dramatic burgundy foliage in one of the darkest shades I've seen in a succulent. Like many upright sedums, it has rosy pink blooms in early fall, yet unlike other varieties I've tried, this one has a diminutive habit (reaching only 12 inches tall in bloom) and stiff stems that don't flop with the first mild breeze.

Purple New Zealand myrtle

Finding a plant with a slender habit that grows taller than it does wide can be a real challenge, but these plants are a godsend for skinny side yards and areas where you want gentle screening without the bulk. Purple New Zealand myrtle (*Lophomyrtus x ralphii* 'Purpurea') is an evergreen shrub reaching 8 to 12 feet tall and only 4 feet wide, with tiny, puckered burgundy leaves. In summer, poofy cream-colored flowers dot the plant and add interest, while the colder weather of fall and winter deepens the foliage color. Not only is this a

great plant for within the landscape, the branches can be used in floral arrangements for a striking contrast indoors.

Black(ish) Heucheras

While all of us plant geeks are well familiar with Heucheras by this point, there are a number of new varieties out in the last few years that amp up the black and make a seriously bold statement either in a container planting, or clustered together in the garden. Here are a few to consider:

H. 'Black Taffeta' is arguably the darkest I've seen, with a satiny finish to the foliage and a light crinkle around the edge of each leaf. Best color in partial shade.

H. 'Obsidian' has broad, rounded leaves with a gentle burgundy tint to the black foliage, and tolerates a little more sun and a little more drought than most Heuchera.

H. 'Black Beauty' has shiny, black, lightly ruffled leaves which glow blood red when backlit, making it an ideal specimen to use in a terraced bed, or a pot by the door where the sun can occasionally shine through the leaves. ●

For a detailed monthly to-do list, visit www.northcoastjournal.com/GardenTodo.

Genevieve Schmidt is a landscape designer and owns a fine landscape maintenance company in Arcata. Visit her on the web at www.GenevieveSchmidtDesign.com.

Different Desires

And opening your relationship

By Melinda Myers

sexuallyspeaking@northcoastjournal.com

I have a handful of related questions to answer this week. One reader asked how she might improve the sexual relationship she has with her spouse, whom she adores but who has a lower level of sexual interest. Another woman in a similar situation wrote me to ask about navigating the non-exclusive sexual relationship she'd proposed to her husband. A third person wanted more specifics about how he might include more frequent and heart-centered, meaningful sexual practice into his marriage. Last, a younger woman in a fairly new relationship asked whether the dramatic decrease in the frequency of the sex she and her partner were enjoying was her "fault."

The theme that ties them together is

that the partners in these relationships have different desires about sex. While there is a pervasive belief in our culture that women have lower levels of desire for sex than men in general, and adventurous sex in particular, the data doesn't fully support that stereotype. Levels of desire for sex do vary across people, just not reliably by gender.

To complicate the situation, we seem to expect that our sex lives will suffer as our commitment in a relationship deepens over time. Zsa Zsa Gabor lamented, "I know nothing about sex, because I was always married." A quick look through Craigslist (go ahead, I'll wait) demonstrates just how many people there are even in Humboldt desiring something

new and different.

Some couples, like the reader above, decide renegotiating their monogamy agreement is a solution to their differences in desire. Some try therapy, with varying degrees of "success." These approaches aren't mutually exclusive. Couples moving from a sexually exclusive partnership to one that includes other partners often hash out the framework of their new arrangement with a therapist.

What about the adventurous approach, then? The decision to explore sexuality with partners outside the primary relationship shouldn't be taken lightly. We live in a small community and stories of breaches of discretion abound. One friend, for example, was shocked to find herself added to a Facebook group for those in open relationships. Nevertheless, for some people, monogamy isn't the relationship structure they find most satisfying.

In the interest of full disclosure, I'm not in that camp. I think non-monogamy is great, in theory, and for other people. Those committed partners choosing this

Got a question, sexually speaking?

Maybe, you know, for a friend? Email it to advice@northcoastjournal.com. You're probably not the only one who's wondering.

path successfully have one thing in common: a clear and well-defined agreement. Those agreements often change over time, but the partners honor them. At a

very minimum, those agreements include discussions about safety, discretion, defined acceptable behaviors, contexts, partner choices and mechanisms for clear communication, like a contract that spells everything out, including a date for renegotiation. There are a variety of good books on this subject.

One thing I think never works is cheating. In this context, that means adding partners and experiences outside the committed relationship in secret. There are plenty of reasons this is a bad idea. Let's start with the obvious: Partner A has secret liaisons outside her relationship with Partner B. Partner A contracts a sexually transmitted infection and passes it to Partner B. Partner B had no opportunity to protect himself/herself from this transmission, because she/he didn't know the risk in the first place. It's just a lousy

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MONDAY, OCTOBER 19
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WEDNESDAY, OCTOBER 21
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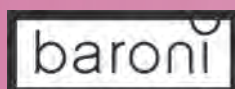
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thing to do to another person.

As if that weren't enough, the emotional fallout from cheating is serious. It often leads to symptoms of trauma in the betrayed partner that take months or years from which to recover. Nightmares, flashbacks, and triggers abound. Many relationships don't survive. There are ethical ways to leave and mature people don't pick unethical ones when they're not happy in relationship.

Those couples that successfully navigate the waters of open relationships do so with deep care and respect for everybody concerned — not just thinking of themselves, but also the needs of additional partners. They are good at delaying gratification. Surprised? Rather than traipsing off after every bright, shiny person passing their way, those in good open relationships discuss the potential traipsing beforehand. Another quality shared by successful poly relationships is that the primary relationship is strong. Those trying to hang onto a broken relationship while exploring new options at the same time aren't likely to do well with either.

Differences in sexual desire are notoriously tough to resolve. Therapeutic approaches often help couples explore the meanings each partner attaches to this difference. Why someone wants to open a relationship is important. Will these new experiences be about love? Will they include sex the other partner doesn't enjoy? How does each partner expect it to affect the primary relationship?

Truthfully, we therapists don't actually change the level of desire of either partner very often. But we might help couples feel more satisfied in their relationships. Non-monogamy is one example. The desire difference remains, but the higher-desire partner has his or her needs met another way. If there is an underlying relationship problem, resolving it sometimes changes the level of desire. However, there are many ways to improve sexual satisfaction. Start with honestly communicating with each other, then consult a good therapist. Endeavor to behave ethically. Relationships evolve and desire naturally ebbs and flows over the life of them. Making your relationship more complex is a big and potentially difficult choice — and only a few can make it work. ●

Melinda Myers is a Humboldt State University psychology lecturer, owner of Good Relations and a clinical psychologist practicing in Arcata. Information presented here is not intended to provide specific treatment advice. Consult www.ncamhp.org to find a licensed clinician who can help with individual concerns.

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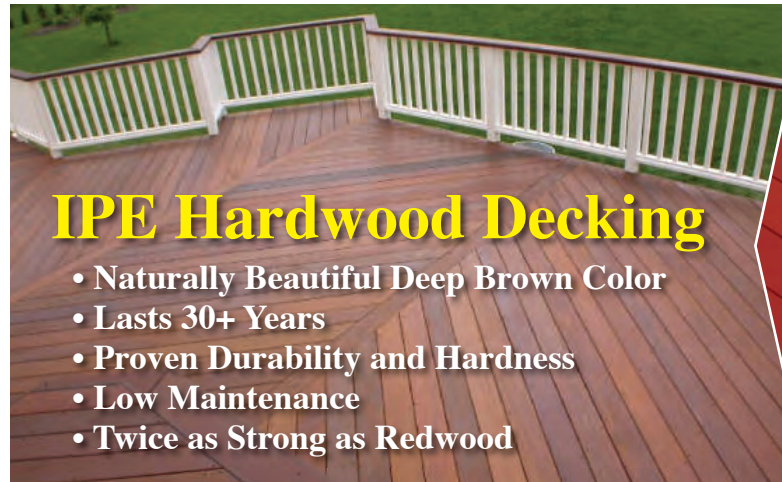
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to a salad. I also oven-bake sliced Asian pears and then add them to various dishes from soup to frittata, from the stuffing for acorn squash to cooked flaked rye (my husband's favorite breakfast).

Asian Pear Tart (crostata di pere)

The crostata is best eaten the same day it is prepared. Serves 10-12.

Ingredients and method:

For the pasta frolla
 ½ cup ultrafine sugar (baker's sugar) or
 ½ cup powdered sugar
 ½ cup unbleached all-purpose flour
 ½ cup whole wheat pastry flour
 ¼ cup almond flour or almond meal
 ¼ cup whole-grain barley flour or unbleached all-purpose flour
 A pinch of salt
 ¼ teaspoon grated orange zest
 6 tablespoons or 3 ounces cold unsalted butter, cut into small pieces
 1 large egg, lightly whisked

For the filling

1 cup good quality, low sugar fruit preserves (berries go well with pears)
 1 pound Asian pears, preferably organic (should leave you a few extra slices to snack on)

Prepare the pasta frolla

In a food processor fitted with a steel blade, pulse the sugar, flours and salt a few times to mix.

Add butter and pulse several times for 3 seconds until it resembles coarse meal. Empty the mix onto your work surface in a mound.

(If you don't have a food processor: Whisk together sugar, flours and salt in a bowl. Rub or cut the butter into the sugar and flour mixture until it has the consistency of coarse crumbs. Do this in the bowl or on your work surface, using your fingertips, a fork or a pastry blender.)

Make a well in the center of the mixture and pour the egg and zest into it. Use a fork to incorporate the liquid into the solid ingredients, then use your fingers.

Knead the dough lightly just until it comes together in a ball. Flour your hands with all-purpose flour as needed to prevent excessive sticking.

Shape the dough into a flat 1-inch-thick disk and wrap in plastic wrap. Refrigerate

ate the dough for at least two hours or overnight.

Prepare the shell

Use a fluted, round 9- to 9 ½-inch tart pan with a removable bottom.

Unwrap the pasta frolla.

Lightly dust with flour the top of the pasta frolla and your rolling surface — parchment paper or the plastic film in which it was wrapped works well. If it's very firm, start by pressing it with the rolling pin, inching from the middle outward; turn the dough 90 degrees and repeat. When it softens, start rolling gently.

Roll into a circle about ⅛ inch thick. If you used parchment paper or plastic wrap as rolling surface, flip the pasta frolla over the tart pan, centering it. Gently press it into the pan, covering all corners. Peel away the wrap.

Trim the excess dough hanging over the edges of the pan and use it to fill any gaps. Press around the edges into the sides of the pan making sure it's an even thickness all the way around. (Use leftover pasta frolla to make cookies by baking them with the tart until golden.)

Prick the shell with a fork in several places. Refrigerate for 15 minutes, then heat the oven to 350 F.

Rinse quarter and core the pears, then slice them ¼ inch thick.

Assemble and bake

Take the shell out of the refrigerator and use a spatula to make an even layer of preserves on it.

Arrange the pear slices in circles on top of the preserves, starting from the outside until you reach the center.

Bake for 40-45 minutes. It is ready when the edges are golden.

Remove the crostata from the oven and let it cool slightly on a rack. If you have used a tart pan with a removable bottom, release the base from the fluted ring.

Let it cool a bit longer on the rack, then use a wide spatula to slide the crostata onto a serving plate to cool completely.

Slice carefully and serve. ●

Simona Carini also writes about her adventures in the kitchen on her blog www.pulcetta.com



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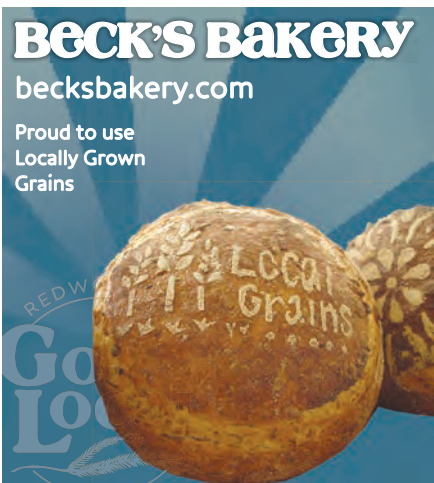
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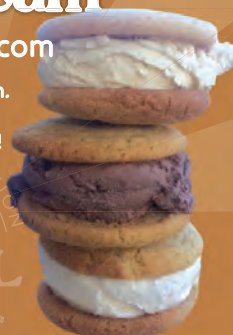
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A Little Enlightenment

Illustrators 57 at HSU's Reese Bullen Gallery

By Gabrielle Gopinath

artbeat@northcoastjournal.com



Robert Hunt's "Medusa."

Courtesy of the artist

This week *Illustrators 57*, a survey exhibition of contemporary illustration art, comes to Humboldt State University's Reese Bullen Gallery in Arcata. Organized by the Society of Illustrators to commemorate its annual juried exhibition's 57th renewal, the traveling show consists of 40 artworks selected from among the nearly 500 in the original exhibition held earlier this year at the Museum of American Illustration in Newport, Rhode Island.

Illustration is by definition commercial work; the images on display have previously appeared in a variety of contexts, including "magazine and newspaper publications, adult and children's books, calendars, theater posters, fashion labels, CD and album art, and advertisements for major corporations," according to the press release. They are grouped here into five categories: non-commissioned, editorial, book, advertising and institutional.

The images evoke a striking range of mood and manner. Robert Hunt paints "Medusa" as a doomed beauty beneath a slithering bonnet of asps that swoops fetchingly over one brow, Veronica Lake-style. This conflict-averse Medusa helpfully averts her eyes, perhaps as a courtesy to hapless viewers. Hunt's practiced and economical paint handling is like a lot of illustration in the sense that it has a lean, telegraphic quality — every gesture counts and it looks as though each brush-

stroke were being called upon to suggest a clutch of fellow travelers. Engrossed in the contemplation of this picture, we're already at least halfway to a less Perseus-centric retelling of the myth.

Unlike Hunt's work, Julianna Brion's crisp, layered image "The NPR Parade" is the obvious product of digital design. This image could only have been born inside a computer. It is a "digital native," as one says of people born in the 1990s. Brion's picture, a bold S-shaped composition in brilliant sky blue, white and gold, is built from silhouetted units that follow one of the founding conventions of digital design: Brion's work comes from a way of looking at a picture's surface as a palimpsest — superimposed layers, any one of which may be cloned, edited, filtered, duplicated, deleted, rendered translucent or otherwise manipulated. The picture's complexity emerges as layers are built up, image upon image, each one executed in a slightly different style: whimsical, graphic, naively simple. As a whole, the tableau conjures the sense of a dynamic collective that resonates with the founding principles of public radio.

In Brian Stauffer's elegant allegory

"Ambition" a rosy-breasted bird entangled in black cord strives upwards from a spray of leaves in gold and green. The neat, colorful surface appears deceptively calm; a second look reveals that the bird's efforts to free itself only draw the cord binding its wings tighter.

The composition appears to be derived from collage, but it's impossible to say whether the sharp, slightly irregular contours of Stauffer's forms are real cut-and-paste or the Adobe Illustrator variety. The creative process can remain opaque because it's not the point. The picture succeeds by lending a memorable shape to hubristic self-defeat; it sheds some light on the subject, in just the way the etymology of the word "illustrate," from the Latin word for "to make bright," would lead you to expect.

Of course, the process doesn't always work that way. Sometimes instead of clearing things up, illustrating text does the opposite. "Illustration" means, among other things, "the act of making clear and distinct." However, adding photographs, prints, drawings, paintings, digital images, GIFs or other pictures to text doesn't always clarify the written message, so much

as it complicates and enriches the read.

The literary theorist Roland Barthes and many critics who've followed him have explored how an image can bring forth multiple meanings. It certainly remains the source of much of their enduring fascination. While pictures tend to leave room for interpretation, illustrations like the ones in this show are unusual for their ability to channel that broadband potential for suggestion into laser-like messaging.

When you see many such works in one place at the same time the effect can be slightly unnerving, but that should interest rather than dissuade intrepid viewers. Allow these masterful narratives to illustrate your world. Embrace the enlightenment.

There will be an opening reception Thursday, Oct. 15 from 4:30 to 6:30 p.m., and the show runs through Nov. 12. The Reese Bullen Gallery is located inside HSU's Art building at B and Laurel streets in Arcata. The gallery is open Monday, Tuesday and Wednesday from noon to 5 p.m., Thursday from noon to 7 p.m., Friday from noon to 5 p.m., and Saturday from 10 a.m. to 2 p.m. Admission is free. For more information, call 826-5814. ●

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Arts Nights

Second Friday Arts! Arcata

Oct. 9, 6-9pm

Arts! Arcata is Arcata Main Street's monthly celebration of visual and performing arts, held at various locations throughout Arcata. Visit www.facebook.com/artsarcata for more information about the event or call 822-4500.

ARCATA ARTISANS 883 H St.

Jim Lowry, photography; Candy Miller, polymer clay; Kris Patzlaff, small metals artist and jeweler.

ARCATA CORE PILATES 977

Eighth St., (corner of Eighth and I Streets) Claudia Lima, oil on linen. Wine pour benefits Humboldt County Special Olympics.

ARCATA EXCHANGE 813 H St.

Christina Lastra, mixed media. Music by Dale Winget. Wine pour benefits Arcata House.

BUBBLES 1031 H St. Music by Clean Livin'.

FATBOL CLOTHING 1063 H St. Fatbol Cyphers, with resident DJ M. Hosted by Nac One with featured DJ set by Rhizae.

FIRE ARTS CENTER 520 S G St. Pottery and fused glass sale. Noon-9pm. (also Sat & Sun 9-4)

FOLIE DOUCE 1551 G St. "Earthen Furrow," Morgen Maier, mixed media.

GARDEN GATE 905 H St. Patty Davis. Music by Kenny Ray & The Mighty Rovers. Wine pour benefits The Historical Sites Society.

GALLERY MÈTIER 1034 H St. "Dragon," Carla Hayes, mixed media wearable and decorative masks. Wine pour benefits the Humboldt Skate Park Collective. Music, dessert and snacks on the patio.

LIBATION WINE BAR AND SHOP 761 Eighth St. #1. Sara Starr. Music by Duncan Burgess.

NATURAL SELECTION 708 Ninth St. Stephanie Pyne, acrylics.

OM SHALA YOGA 858 10th St. "Images of India and Nepal," Peggy Profant, photography.



Morgen Maier, mixed media at Folie Douce.
Submitted photo.

PLAZA 808 G St. Dara Daniel, oil on canvas. Wine pour benefits the Humboldt County Breast and GYN Health Project.

REDWOOD CURTAIN 550 S G St. "Arcata Marsh in Action," Greg Smith, photography.

SANCTUARY 1301 J St. "The DBL KARL group show." Dana Ballard, Bryan Schoeneman, Laura Keenados, Kristi Patterson, Angie Valetutto, Rob Ash, Leslie Castellano. Music by Jonathan Kipp, improvised electronic music made by homemade instruments and home-made programs.

STOKES, HAMER, KAUFMAN & KIRK, LLP 381 Bayside Road. "Watercolors of the Humboldt Landscape," Paul Rickard and Jody Bryan. Music by Wynsome Winds Clarinet. Wine pour benefits the American Cancer Society — Relay for Life Team #169.

THE SHOP 939 Eighth St. "The Ride," Shane Harmon, mosaics and mixed media. Music by Tim Breed. Wine pour benefits Humboldt Surfriders.

T'S CAFÉ NORTH 860 10th St. Music by Buddy Reed.

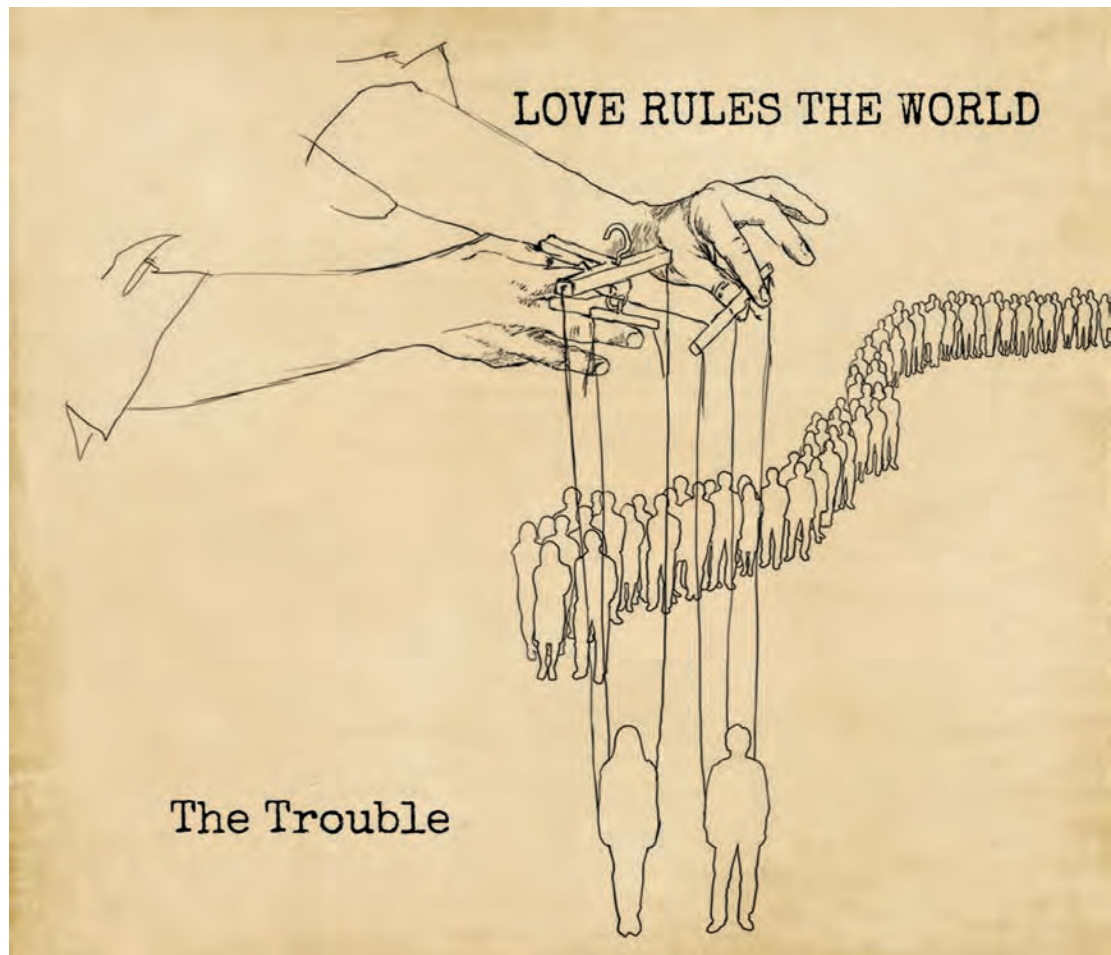
UPSTAIRS GALLERY AT UMPQUA BANK 1063 G St. "Extant ::," Georgia Long, mixed media on canvas. ●

These Old Barroom Blues

And The Trouble's
Love Rules the World

By Andy Powell

thesetlist@northcoastjournal.com



The Trouble releases its debut album at the Arcata Playhouse on Saturday, Oct. 10.

Artwork courtesy of artist.

If you want to be convinced that it's worthwhile to spend a lot of time lovingly working on your band's album, artwork, liner notes and everything else that goes into creating a work of art for the world, there's not a lot of reassurance out there. Revenue from streaming music has overtaken the sale of CDs and records in the first half of 2015. Streaming is expected to even overtake digital downloads next year, firmly putting CD sales in a distant third. In spite of this, there are still bands putting in the Sisyphus-like effort to put out physical albums. Although perhaps slower than in the recent past, local bands still devote countless months and years to crafting albums for us.

One such band is **The Trouble**. This local band has been playing in old barrooms for years now and has just now put out its debut album, *Love Rules the World*. For those of us that have been waiting for a recorded statement from this band, it is now clear that the wait has been well worth it. Marc Jeffares, Sam Kaplan-Good, Jeff Krider, Chris Parreira and Issa Stemler have carefully crafted this album which runs touches on barroom rock, alt-country and 1970s rock among others, and all without rushing. Think something that Bob Dylan and The Band wouldn't mind covering. They bring upbeat rockers that many of us have spilled our beer to in the past, but the band really shines when

it stretches out on songs like "Gravity" and "Pharaoh's Eyes" in which you almost feel haunted by the sound of the late Ray Manzarek. The band is smart to use talented guest musicians giving songs like "Time's the Rearranger" a Van Morrison-horn-section-like sound, but fortunately the strength of this band lies in its self-confidence and maturity in songwriting. Well-written lyrics paired with interesting changes make these songs you'll want to listen to over and over (for me it's "Papermoon"). With Jeffares' willingness to serve the lyrics even when his voice cracks, and the band's skill in creating a soundscape with authenticity at center stage, The Trouble impresses with a strong debut. Read on for details about the album release show.

Thursday

Speaking of bands who have been around the block, **The Delta Nationals** celebrate their sweet 16th tonight at the Mad River Brewery. Like most birthday parties, this one's free. They start at 6 p.m. For you "bootgazers" check out **Fruitbats** at Humboldt Brews. \$15 for this SubPop Seattle band at 9:30 p.m.

Friday

For an early show, **The LaPatinas** will be playing at the Fieldbrook Market. I'm not

sure on the time, but let's just guess that it's around 6 p.m. and free. A bit further South, **Doug Fir & the 2x4s** will be playing for free at the Bear River Casino at 9 p.m.

Saturday

As mentioned above, **The Trouble** is releasing its debut album at the Arcata Playhouse at 8 p.m. **Belles of the Levee** open up the show and for \$20 not only do you get to see both bands, but you get a copy of *Love Rules the World* to boot. The Logger Bar in Blue Lake has some "honky tonk punk 'n' roll" from Bremerton (not in Nevada) by **Nevada Backwards** (not in Nevada). It's 9:30 p.m. and free for this one. For my money, the closest thing you'll get to seeing Pink Floyd live in these parts will be at the Blue Lake Casino. **House of Floyd** returns to Humboldt doing not only the music justice, but the light/laser show as well. Only \$15 and a 7:30 p.m. start time. I can't pretend to be familiar with **Lyrics Born** myself (to my street cred's embarrassment), but I know many in Humboldt are. Catch him at Humboldt Brews at 9:30 p.m. Bring \$20.

Sunday

The Little Red Lion in Eureka has **The Independents** at 9 p.m. for free. These fellas from South Carolina have been hitting the punk/ska circuit for two decades

now and have shared the road with The Ramones and The Misfits among others. I can't imagine you'll be disappointed at this show.

Wednesday

The Redwood Jazz Alliance is opening up its 10th season tonight at the Morris Graves Museum of Art with a piece inspired by Uruguayan author Eduardo Galeano (beats me). Pianist, composer, and UC Berkeley professor **Myra Melford** performs her work "Snowy Egret" at 8 p.m. \$15 or \$10 for students and seniors. The Sanctuary in Arcata (13th & J) hosts **The Fretless** on their first trip to Arcata. These Canadians playing Celtic music have twice been named ensemble of the year by the Canadian Folk Music Academy, so that's something. An 8 p.m. showtime and I believe the usual \$5-\$20 sliding scale for this show.

Full show listings in the *Journal's* Music and More grid, the Calendar and online. Bands and promoters, send your gig info, preferably with a high-res photo or two, to music@northcoastjournal.com. ●

Andy Powell is a congenital music lover and hosts *The Night Show* on KWPT 100.3 FM weeknights at 6 p.m.

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VENUE	THUR 10/8	FRI 10/9	SAT 10/10	SUN 10/11	M-T-W 10/12-14
ARCATA PLAYHOUSE 1251 Ninth St., 822-1575			The Trouble CD Release Party 8pm \$20		
ARCATA THEATRE LOUNGE 1036 G St., 822-1220	Thundercat 9:30pm \$20 advance	<i>The Shining</i> (film) 8pm \$5	Alley Cat Cabaret & Purrlesque 8pm \$25-\$100, \$30 door	<i>Labyrinth</i> (film) 6pm \$5, All Ages	[M] Monday Night Football Steelers @ Chargers 5:20pm Free w/\$5 food/bev, All Ages [T] Democratic Debate TBA Free [W] Sci-Fi Night ft. <i>House on Haunted Hill</i> 7:30pm Free w/\$5 food/bev, All Ages [M] Quiz Night 7pm Free [T] Human Expression Night 8pm Free [W] Local Music Showcase 7pm Free
BLONDIES 822-3453 420 E. California Ave., Arcata	Open Mic 7pm Free	The Appsera 8pm TBA	Zack Pack, Joe Savage TBA Free	Jazz Jam 6pm Free	
BLUE LAKE CASINO WAVE LOUNGE 668-9770 777 Casino Way	Karaoke w/KJ Leonard 8pm Free	Nighthawk (rock, dance hits) 9pm Free	House of Floyd 7:30pm \$20 Wave: Dr. Squid (rock, dance hits) 9pm Free	Karaoke w/KJ Leonard 8pm Free	
CENTRAL STATION 839-2015 1631 Central Ave., McKinleyville	Open Mic w/Jimi Jeff 8pm Free	Karaoke w/Rock Star 9pm Free	The Undercovers (covers) 9pm Free		
CHER-AE HEIGHTS CASINO FIREWATER LOUNGE 677-3611 27 Scenic Drive, Trinidad		707 Band (funk, rock) 9pm Free	Jimi Jeff & The Gypsy Band (R&B, rock) 9pm Free	Karaoke w/Chris Clay 8pm Free	[T] Karaoke w/Chris Clay 8pm Free
CLAM BEACH INN 839-0545 4611 Central Ave., McKinleyville		Kindred Spirits (bluegrass) 10pm Free			
CRUSH 1101 H St., Arcata 825-0390		Friday Night Music 7:30pm Free	Jim Silva (guitar) 7pm Free Acoustic Night Saturdays 6pm Free		
FLDDBROOK FAMILY MARKET 4636 Fieldbrook Road, 839-0521		Soul Night's 4 Year Anniversary Party 9pm \$5	Lyrics Born 9:30pm \$20		
HUMBOLDT BREWS 826-2739 856 10th St., Arcata	Fruit Bats w/Sugar Candy Mountain 9pm \$15 Roots & Culture Reggae 9pm Free				[W] Salsa! (lessons, dance) 9pm \$5
HUMBOLDT MACHINE WORKS 937 10th St., Arcata, 826-WINE			Fulkerson: HSU Jazz Orchestra & Symphonic Band 8pm \$8, \$5, HSU students free Raashan Ahmad, Object Heavy, Dynasty One 10pm \$10	West Gym: Big Gigantic 8pm \$35	
HUMBOLDT STATE UNIVERSITY 1 Harpst St., Arcata 826-3928				DGS Sundaze (EDM DJs) 9pm \$5 Dogbone (feral jazz) 6pm Free	[W] The Whomp (DJs) 9pm \$5 [W] Aber Miller (jazz) 6pm Free
THE JAM 822-4766 915 H St., Arcata	Old Skool Hip Hop Night w/DJ Red 9pm Free	Humboldt Jam Collective 9:30pm TBA			
LARRUPIN 822-4766 1658 Patricks Point Drive, Trinidad		Blue Lotus Jazz 6pm Free			

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VENUE	THUR 10/8	FRI 10/9	SAT 10/10	SUN 10/11	M-T-W 10/12-14
LIBATION 825-7596 761 Eighth St., Arcata LIGHTHOUSE GRILL 677-0077 355 Main St., Trinidad LOGGER BAR 668-5000 510 Railroad Ave., Blue Lake	Claire Bent (jazz) 7pm Free	Duncan Burgess (guitar) 6pm Free	Randles, Labolle & Amirkhan (jazz) 7pm Free	Tim Breed (singer/ songwriter) 5pm Free Potluck (food) 6pm Free	[T] Buddy Reed (blues) 7pm Free
MAD RIVER BREWING CO. 668-5680 101 Taylor Way, Blue Lake	Trivia Night 8pm Free	Kingfoot (modern Americana) 9pm Free	Nevada Backwards (honky tonk punk 'n' roll) 9:30pm Free		[W] Cribbage Tournament 7pm \$5
NORTHTOWN COFFEE 633-6187 1603 G St., Arcata OCEAN GROVE 677-3543 480 Patrick's Pt. Dr., Trinidad	The Delta Nationals (classic American) 6pm Free	The Dubbadubs (reggae) 6pm Free	String Chickens (fiddlin' tunes) 6pm Free		[T] ATF Trio (jazz) 6pm Free [W] Pints for Non-Profits: Shark Stewards. All Day
PERIGOT PARK 312 South Railroad Ave., Blue Lake	Trivia Night 7pm Free	Open Mic w/Jeremy Bursich 7pm Free			[M] Dancehall Mondayz w/Rudelion 8pm \$5
REDWOOD CURTAIN BREW 550 SG St. #6, Arcata 826-7222			Humboldt Hoptoberfest w/ The Hip Joint, The Uptown Kings and Huckleberry Flint 1pm-5pm \$30, \$25 advance The P-Town Freaks (funk) 8pm Free		[T] Mr.415 (electronica, hip-hop, dance) 8pm Free
RICHARDS' GOAT TAVERN/MINIPLEX 630-5000 401 I St., Arcata	Jason Hall (jazz) 8pm Free		Miniplex: <i>The Prophet</i> (film) 7:30pm \$8	Miniplex: <i>The Prophet</i> (film) 4:30pm \$6.50, <i>Digging for Fire</i> (film) 7:30pm \$8, Karaoke Nights 10pm Free	[M] Miniplex: Films with Benefits: 7th Generation Fund 8pm sliding scale [T] Ritmos Latinos w/DJ Panchanguero 8pm Free [W] Miniplex: <i>Digging for Fire</i> (film) 7:30pm \$8
THE SANCTUARY 822-0898 1301 J St., Arcata	Miniplex: <i>Digging for Fire</i> (film) 7:30pm \$8	Miniplex: <i>The Prophet</i> (film) 7:30pm \$8	Miniplex: <i>The Prophet</i> (film) 4:30pm \$6.50, <i>Digging for Fire</i> (film) 7:30pm \$8		[M] Weiner Kids (saxophones/ drums trio) 8pm \$5-\$20 [W] The Fretless (fiddle) 8pm \$5-\$20 sliding
SIDELINES 822-0919 732 Ninth St., Arcata SIX RIVERS BREWERY 839-7580 Central Ave., McKinleyville SUSHI SPOT 839-1222 1552 City Center Road, Mck.	Dialectical Imagination (piano/ percussion) /8pm \$5-\$20 sliding		Sidelines Saturdays w/Rudelion 10pm TBA Jim Lahman Band (blues, funk) 9pm Free		[M] Karaoke w/DJ Marv 8pm Free
TOBY & JACKS 822-4198 764 Ninth St., Arcata	Rudelion Sound (DJ) 10pm TBA The Sweetwater String Band 9pm Free	DJ Music 10pm TBA		Trivia Night 8pm Free	[M] Anemones of the State (jazz) 5pm Free [T] Bomba Sonidío 10pm Free [W] Reggae Wednesdayz w/Rudelion 10pm Free
		Hip-hop DJs 9pm Free	DJ Music 10pm Free		

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Live Entertainment Grid

Music & More

EUREKA & SOUTH
Arcata and North on previous page
Eureka • Fernbridge • Ferndale • Fortuna • Garberville • Loleta • Redway

VENUE	THUR 10/8	FRI 10/9	SAT 10/10	SUN 10/11	M-T-W 10/12-14
BAR-FLY PUB 443-3770 91 Commercial St., Eureka		Bar-Fly Karaoke 9pm Free	DJ Saturdays 10pm Free		[W] Bar-Fly Karaoke 9pm Free
BEAR RIVER CASINO 733-9644 11 Bear Paws Way, Loleta	Karaoke w/Chris Clay 8pm Free	Doug Fir & the 2x4s (classic rock) 9pm Free	The Movers and the Shakers (rock, R&B) 9pm Free		
CALICO'S CAFE 923-2253 808 Redwood Drive, Garberville			Frisky Brisket (violin, guitar) 7pm Free	Jen Tal and The HuZBand (acoustic duo) 6:30pm Free	
CHAPALA CAFÉ 443-9514 201 Second St., Eureka		The Tumbleweeds (cowboy) 6pm Free	The Tumbleweeds (cowboy) 6pm Free		
CURLEY'S FULL CIRCLE 460 Main St., Ferndale 786-9696					[W] Open Mic Night 7pm Free
EMPIRE LOUNGE 798-6498 415 Fifth St., Eureka	Alternative Comedy 'Showcase 9pm \$5				[W] Karaoke at the Cantina 6pm \$2 All Ages
EUREKA THEATER 612 F St. 442-2970		Alien (film) 7:30pm \$5			
EUREKA VETERANS MEMORIAL HALL 1018 H St. 443-5341					[M] Last Chaos, Dead Hunt, Acrylics, FHØG (punk) 6pm \$6
EUREKA INN PALM LOUNGE 518 Seventh St. 497-6093	Brian Post & Friends (jazz) 6-9pm, Salsa Night 9pm Free		Make Me Laugh! 9pm \$5		[T] Anna Banana (blues comedy) 8pm Free [W] Comedy Open Mikey 9pm Free
FERNBRIDGE MARKET RIDGETOP CAFE 786-3900 623 Fernbridge Dr., Fortuna,					[M] Open Mic 5:30pm Free
GALLAGHER'S IRISH PUB 139 Second St., Eureka 442-1177	Seabury Gould and Evan Morden (Irish) 6pm Free	Pappa Paul (folk) 6pm Free		Open Irish/Celtic Music Session 3pm-6pm Free	
LIL' RED LION 444-1344 1506 Fifth St., Eureka			Karaoke w/DJ Will 9pm Free	The Independents (pop, ska, punk) 9pm Free	[M] Stranger Than Fact (rock) 10pm \$5 donation [T] Pool Tournament 7pm \$5
MATEEL COMMUNITY CENTER 52 Rusk Ln., Redway 923-3368		Blackbeard the Pirate (theater) 8pm \$15, \$12, \$5			[W] Israel Vibration w/Roots Radics (reggae) 9pm \$30
MORRIS GRAVES MUSEUM OF ART 636 F St., Eureka 442-0278					[W] Myra Melford - Snowy Egret (jazz) 8pm \$15, \$10
OLD TOWN COFFEE & CHOC. 211 F St., Eureka 445-8600					[W] Open Mic w/Mike Anderson 7pm Free
PEARL LOUNGE 444-2017 507 Second St., Eureka	Dirty Thursdays (DJ music) 9pm Free	D'Vinity (DJ music) 10pm Free	DJ music 10pm Free		

FRIDAYS & SATURDAYS | 9PM - 1AM
FEATURED LIVE MUSIC

THURSDAYS | 8PM
KARAOKE

10.9 DOUG FIR & THE 2X4'S
 Classic Rock

10.10 THE MOVERS AND THE SHAKERS
 Rock/R&B Variety

10.17 THE UPTOWN KINGS
 Blues

10.23 NIGHTHAWK
 Pop/Rock/Dance Hits

10.24 BLUE RHYTHM REVUE
 Blues

10.30 LIGHTNING BOOM PROD.
 DJ Music

10.30 THE UNDERCOVERS
 Classic Rock/Top 40s

10.31 LIGHTNING BOOM PROD.
 DJ Music

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Myra Melford at the Morris Graves Museum of Art on Wednesday, Oct. 14.

VENUE	THUR 10/8	FRI 10/9	SAT 10/10	SUN 10/11	M-T-W 10/12-14
PERSIMMONS GALLERY 1055 Redway Drive, 923-2748	Squeezebug (accordion, guitar) 7:30pm Free	Ultra Secret Good Guy Organization (funky jazz) 7:30pm Free	River Arts Beer Festival w/Don's Neighbors, DJ Kev 2pm-6pm \$25, \$10		[W] Open Mic w/Tony Nester 7:30pm Free
RIO DELL FIREMAN'S PARK, Wildwood Avenue		Ultra Class Fridays (DJ music) 10pm Free			
ROSE'S BILLIARDS 497-6295 535 Fifth St., Eureka		DJ Gabe Pressure and friends 10pm Free	SNL (Saturday Night Life) DJ music 10:30pm Free		
SHAMUS T BONES 407-3550 191 Truesdale St., Eureka		Small Town Throwdown (country & rock night) 9pm Free		Karaoke IDOL 9pm Free	
SHOOTERS OFF BROADWAY 1407 Albee St., Eureka, 442-4131			The Sonic Speakeasy (swinging electro hits, performances) 8pm \$5		[M] Phantom Wave Presents: Hardware Test 8pm Free
THE SIREN'S SONG TAVERN 325 Second St., Eureka 442-8778		The Eureka Pizza Council (jazz) 8:30pm Free	Buddy Reed and the Rip It Ups (blues) 10pm Free		[T] The Opera Alley Cats (jazz) 7:30pm Free [W] No Covers and USGGO (jazz) 7pm Free
THE SPEAKEASY 444-2244 411 Opera Alley, Eureka		Soul Flow KMUD Benefit w/ Yage, DJs Marjo Lak, Joe-E, Screech Owl and COPPERTON3 8pm \$15			
TOPH'S HOUSE 6840 Benbow Dr., Garberville					[M] Jeffrey Smoller (solo guitar) 6pm Free
VICTORIAN INN RESTAURANT 400 Ocean Ave., Ferndale 786-4950					

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Household Hazardous Waste Collection
Blue Lake
October 17



See next week's Journal for details or call HWMA at 441-2005 for more information.
www.hwma.net

HUMBOLDT HOPTOBERFEST
SAT., OCTOBER 10
Perigot Park in Blue Lake
Music & Taps 1-5pm
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THE UPTOWN KINGS
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Calendar October 8 - October 15, 2015



It's bacon bacchanal at **BaconFest** on **Saturday, Oct. 10** from **noon to 4 p.m.** at **Blue Lake Casino** (\$15, \$10 advance). Nibble on this little piggy and that little piggy, enter an eating contest, pick up bacon-themed swag and generally make a pig of yourself. Stick around for the flying pig at the **House of Floyd** concert at **7:30 p.m.** (\$20, \$15 advance, or \$30, \$20 advance for BaconFest and concert).



Also on **Saturday, Oct. 10** at **Perigot Park**, the **Humboldt Hoptoberfest** taps flow from **1 to 5 p.m.** with a variety of tasty suds (\$30, \$25 advance), lots of food vendors and a music lineup featuring The Hip Joint, The Uptown Kings and Huckleberry Flint. If you've got the stamina, hit the hops along with BaconFest and House of Floyd for a \$45 advance or \$55 day-of pass. *Photo by Bob Doran*



There's more deliciousness on **Saturday, Oct. 10** over at the **Arcata Plaza** at the **Salsa Recipe Competition** (free). Dozens of local kids team up with area chefs to create the flavorful condiment whose popularity Jerry Seinfeld attributes to how fun it is to say. Salsa! Public tasting and voting is **noon to 1 p.m.** followed by awards. *Photo courtesy of the Salsa Recipe Competition*



Whole Lotta Scarin' Goin' On

You might as well move into the **Arcata Theatre Lounge** this week because shinema's getting reel. Iron out a few fivers and kick off the Halloween season.

First up is *The Shining*, playing **Oct. 9 at 8 p.m.** (\$5). Recovering alcoholic writer Jack Torrance hits the winding road with his neurotic wife and psychic son to spend a long, isolating winter as the caretaker of an expansive, haunted hotel. What could go wrong?

If you found the maze at the Overlook Hotel a little too chilly, warm up by wandering a labyrinth overrun by Jim Henson's adorable puppets. In the 1980s, back when Jennifer Connelly hadn't yet grown into her eyebrows, she starred with David Bowie in *Labyrinth*, playing **Oct. 11 at 6 p.m.** (\$5).

On **Oct. 14 at 7:30 p.m.**, catch Vincent Price's mellifluous voice and oh-so-serious mustache in *House on Haunted Hill* (free with \$5 food or beverage purchase). This haunted house whodunnit features plenty of paranoia, deception, creaky floors, trap doors, ghosts, a severed head, a soaring skeleton, a vat of boiling acid and scream queens giving their vocal chords a serious work out.

Oh, and they're also showing the **Democratic debate** on **Oct. 13** (TBA), so there's that, too.

— Kali Cozyris



Courtesy of the artist.

Frisky Business

What good is sitting alone in your room? There are kitties to spay! Life is a cabaret, old chum. Come to the cabaret.

The **Alley Cat Cabaret & Purrlesque** at the **Arcata Theatre Lounge** **Oct. 10 at 8 p.m.** (\$25-100) is a fundraiser for **Companion Animal Foundation** (a local nonprofit that provides spay/neuter assistance and pet education), and features everything you'd expect from a night of cabaret: dancing ladies, twirling tassels, devilish dudes, drinking, debauchery, art, auctions and more.

Host **Sherae O'Shaughnessy** introduces members of **Blue Angel Burlesque**, **Beat Vixens Burlesque**, **Bada Bling! Burlesque**, and **Va Va Voom Burlesque Vixens**. Headliners from the Bay Area include **Sugar Cane Jane**, **Ophelia Coeur de Noir** and **Laika Fox**. There's belly dancing by **Sassasfrass** and **Laura Lopez-Ayllon**, performances by **Mr. Humboldt** John McClurg and **2015 Rutabaga Queen** Gloria Kiddnetica, live comedy, hula hooping and more, with music by **Lizzy and the Moonbeams**.

Need more reason to put down the knitting? In addition to titillating performances, sales of beautiful **cat-themed artwork** by local artists benefit a spay/neuter mobile clinic for Hoopa and Willow Creek areas. Donated **raffle prizes** include weekend getaways, gift cards, artwork, clothing and more. Meow.

— Kali Cozyris



Photo courtesy of the Clarke Museum

Salmon on a Stick

The **Clarke Museum** is hosting two fun events this **Saturday, Oct. 10**. From **noon until 3 p.m.**, enjoy **Archaeology and Cultural Awareness Day**, a free day at the museum as part of Archaeology Month. Join the **Clarke Museum**, **California State Parks**, **Redwood National Park**, and the **Humboldt State University Anthropology Club** for demonstrations on local **Native American basket weaving**, **flint knapping** and more. People of all ages can participate in **make-and-take art projects** and other indoor and outdoor activities. While you're there, grab some lunch out in front of the museum at the traditional open-pit **salmon barbecue** from **11:30 a.m. to 3:30 p.m.** (\$20). The barbecue features freshly caught Klamath River salmon prepared in traditional Native American style. The salmon is cut into filets, seasoned, skewered with hand-carved sticks and roasted over an open pit. The street will be closed to traffic so everyone can gather outside to enjoy great food and support the Clarke Museum. Plates include **salmon**, **fry bread**, **coleslaw**, **beans** and a **soda**. In addition to barbecue, you can explore vendor booths featuring Native American gifts and jewelry.

— Kali Cozyris

8 Thursday

ART

Figure Drawing Group. 7-9 p.m. Cheri Blackerby Gallery, 272 C St., Eureka. Chip in for the live model and hone your artistic skills. Go into the courtyard on C Street to the room on the right. \$5. 442-0309.

BOOKS

Thursday Afternoon Book Club. Second Thursday of every month, 12-1 p.m. Humboldt County Library, 1313 Third St., Eureka. Fun and lively discussion group focusing on adult fiction and nonfiction. Call ahead for upcoming titles. Free. www.humlib.org. 269-1905.

LECTURE

The PV Industry. 5:30-7 p.m. Gist Hall 218, Humboldt State University, Arcata. HSU's Sustainable Futures Speaker Series presents this lecture by Jack West: "The PV Industry: An Insider's Insights into the Evolution of PV Technology and Business Models." Free. 826-4345.

MOVIES

Digging for Fire. 7:30 p.m. Richards' Goat Tavern & Tea Room, 401 I St., Arcata. A light-hearted, independent comedy from Joe Swanberg. \$8. www.richardsgoat.com.

MUSIC

Dialectical Imagination. 8-11 p.m. The Sanctuary, 1301 J St., Arcata. Piano and percussion duo. \$5-\$20 sliding. thesanctuary.arcata@gmail.com. www.thesanctuaryarcata.com. 834-2957.

Thundercat. 9:30 p.m.-1:30 a.m. Arcata Theatre Lounge, 1036 G St. Multi-genre bass player, producer and singer from Los Angeles. \$20. www.worldfamousparty.com/thundercat/.

THEATER

Boeing Boeing. 8-10:30 p.m. Ferndale Repertory Theatre, 447 Main St. Special preview performance. Tony Award winner about a swinging bachelor in the 1960s who's engaged to three flight attendants. \$5. info@ferndalerep.org. www.ferndalerep.org. 786-5483.

Rumors. 8 p.m. North Coast Repertory Theatre, 300 Fifth St., Eureka. Neil Simon's classic farce about an assumed murder at an upscale New York gathering. \$16, \$13. www.ncrt.net. 442-6278.

EVENTS

Community Board Game Night. Second Thursday of every month, 7-9 p.m. Bayside Grange Hall, 2297 Jacoby Creek Road. Play your favorite games or learn new ones with North Coast Role Playing. Free. osslnrcp@northcoast.com. www.baysidegrange.org. 444-2288.

Spa for a Cure. 5:30-8:30 p.m. The Vance Hotel, 525 Second St., Eureka. This fundraiser for a 3D mammography machine at the Cancer Care Program at St. Joseph Health features finger food, guest speakers, Spa-tizers, door prizes and more. \$30, \$25 advance. 498-7231.

FOR KIDS

Teen Court Jury Training. 4-6 p.m. Boys and Girls Club Teen Center, 3015 J St., Eureka. Learn about this real court administered by teens for teens who choose to have their cases heard by peers. RSVP. Free. hcteencourt@bgcredwoods.org. 444-0153.

Young Discoverers. 10:30 a.m.-noon. Discovery Museum, 612 G St., Eureka. Stories, crafts, songs and dance for children ages 3-5. Call ahead. \$5, \$3 members. redwooddiscoverymuseum@gmail.com. www.discovery-museum.org. 443-9694.

FOOD

Henderson Center Farmers Market. 10 a.m.-1 p.m. Henderson Center, Henderson near F Street, Eureka. Fresh local produce, straight from the farmer. Music by Boltin Basil. www.humfarm.org. 441-9999.

McKinleyville Farmers' Market. 3:30-6:30 p.m. McKinleyville Safeway Shopping Plaza, Central Avenue. Locally grown fruits, vegetables, plants, meats and other wonderful products. Music TBA.

MEETINGS

Humboldt Grange 501 Potluck. Second Thursday of every month, 6:30 p.m. Humboldt Grange Hall, 5845 Humboldt Hill Road, Eureka. Grange Women's Auxiliary meets at 6 p.m., potluck at 6:30 p.m., Grange meeting 7:30 p.m. nanettespearschade@gmail.com. www.facebook.com/humboldt.grange. 443-0045.

Redwood Coast Woodturners. 6-8:30 p.m. McKinleyville Middle School, 2285 Central Ave. Beginner to pro, no prior experience needed. This meeting focuses on segmented bowls. Free. 499-9569.

COMEDY

Alternative Comedy Showcase. 9-11:45 p.m. The Empire Lounge, 415 Fifth St., Eureka. Los Angeles headliner Aiden Park with locals Dutch Savage, Tony Persico, Joshua Barnes and Talvi Fried. Hosted by Ivy Vasquez. Benefits Humboldt Pride. \$5. talvi.f@gmail.com. 798-6498.

ETC

Sip and Knit. 6 p.m. NorthCoast Knittery, 320 Second St., Eureka. Join fellow knitters, crocheters, weavers, spinners and fiber artists to socialize and work on projects. 442-9276.

Standard Magic Tournament. 6-10 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Put your deck to the test. \$5. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

9 Friday

ART

Arts! Arcata. Second Friday of every month, 6-9 p.m. Arcata Plaza, Ninth and G streets. Art, music and more art. Downtown Arcata and surrounding area. Free. info@arcatamainstreet.com. www.arcatamainstreet.com. 822-4500.

Loleta Antique Show. 10 a.m.-7 p.m. Loleta Fireman's Pavilion, Old Loleta Road. An elegant show in the heart of the redwoods. Barbecue on Sunday at 1 p.m. \$3.

LECTURE

Old Town Now & Then. 7-8:15 p.m. Freshwater Grange, 49 Grange Road, Eureka. Jerry Rohde's virtual tour of Eureka's Old Town with before and after photos of famous and infamous buildings. Free.

Urban Ecology/Avian Conservation. 7:30-9 p.m. Eureka High School Lecture Hall, Corner of Humboldt and K streets. Dr. Barbara A. Clucas examines human-bird interactions in urban areas and discusses the relationships between human behavior and the diversity of birds, as well as the economic value of birds in North America and Europe. Free. www.rras.org/calendar.html.

MOVIES

Alien. 7:30 p.m. Eureka Theater, 612 F St. In space no one can hear you scream. \$5. www.theeurekatheater.org.

The Prophet. 7:30 p.m. Richards' Goat Tavern & Tea Room, 401 I St., Arcata. Kahlil Gibran's elegant poetry interspersed with animated sequences. \$6.50-\$8. www.richardsgoat.com.

The Shining. 8 p.m. Arcata Theatre Lounge, 1036 G St. All work and no play makes Jack a dull boy. \$5. www.arcatatheatre.com.

MUSIC

Soul Flow KMUD Benefit. 8 p.m.-3 a.m. Toph's House, 6840 Benbow Dr., Garberville. EDM with Yage, DJs Marjo Lak, Joe-E, Screech Owl and COPPERTON3. Visuals by Marmalade Sky. \$15.

THEATER

Boeing Boeing. 8-10:30 p.m. Ferndale Repertory Theatre, 447 Main St. See Oct. 8 listing.

Rumors. 8 p.m. North Coast Repertory Theatre, 300 Fifth St., Eureka. See Oct. 8 listing.

FOR KIDS

Baby Read and Grow. Every other Friday, 11-11:45 a.m. Humboldt County Library, 1313 Third St., Eureka. Families are invited to share songs, fingerplays and short stories. Free. www.humlib.org. 269-1910.

FOOD

Garberville Farmers Market. 11 a.m.-3 p.m. Garberville Town Square, Church Street. Local farm-fresh produce, meats, cheeses, baked goods and other specialty foods. EBT, Cal-Fresh and WIC accepted. SoHumFM@Yahoo.com. 923-3499.

SPORTS

BMX Friday. 4:30-6:30 p.m. Redwood Empire BMX, 3750 Harris St., Eureka. Bring your bike for practice and racing. Wear long sleeves and pants. \$2 practice, \$5 ribbon race. www.facebook.com/RedwoodEmpireBmx. 407-9222.

Public Skating. 6:30-9:30 p.m. Fortuna Firemen's Pavilion, 9 Park St. Have a blast and get some exercise at the same time. \$5.

10 Saturday

ART

Archaeology and Cultural Awareness Day. 12-3 p.m. Clarke Historical Museum, Third and E streets, Eureka. Demonstrations on local Native American basket weaving, flint knapping, indoor and outdoor activities for all ages and make-and-take art projects. Free. www.clarkemuseum.org.

Arts on the Avenue. Second Saturday of every month, 6-8 p.m. Eagle Prairie Arts District, 406 Wildwood Ave., Rio Dell. Local artists, artisans, kids' activities and music all along the avenue. Free. <https://www.facebook.com/info.epad/info>. 506-5081.

Blue Lake Art Night. Second Saturday of every month, 6-8 p.m. Blue Lake, off State Route 299 Exit 5. Art, music and food at businesses around town. Free. bluelakestudio239@gmail.com.

Loleta Antique Show. 10 a.m.-6 p.m. Loleta Fireman's Pavilion, Old Loleta Road. See Oct. 9 listing.

DANCE

Garfield School Barn Dance. 4-7 p.m. Freshwater Grange, 49 Grange Road, Eureka. An evening of family-friendly music, food and dance benefitting the school. \$5 vegetarian meal, \$6 with sausage. \$7 dance. Free for kids 12 and under. longicarpus@yahoo.com. 442-5471.

MOVIES

Digging for Fire. 7:30 p.m. Richards' Goat Tavern & Tea Room, 401 I St., Arcata. See Oct. 8 listing.

The Prophet. 4:30 p.m. Richards' Goat Tavern & Tea Room, 401 I St., Arcata. See Oct. 9 listing.

MUSIC

House of Floyd. 7:30 p.m. Blue Lake Casino, 777 Casino Way. Pink Floyd tribute \$15 advance.

HSU Jazz Orchestra & Symphonic Band. 8-9:30 p.m. Fulkerson Recital Hall, Humboldt State University, Arcata. HSU Jazz Orchestra plays five kinds of blues and the Symphonic Band exudes Mother Earth energy in their shared concert. \$8, \$5, HSU students free. www.HSUMusic.blogspot.com.

Rebecca Lomnicky and David Brewer. 7:30 p.m. Fortuna Monday Club, 610 Main St. Captivating Scottish music featuring the fiddle and bagpipe. Part of the Fortuna Concert Series. \$10, \$8. fortunaconcert@live.com. www.fortunaconcertseries.com. 768-3231.

The Trouble. 8 p.m. Arcata Playhouse, 1251 Ninth St. The band performs its new album in its entirety to celebrate its release. Belles of the Levee open. All ages. \$20, includes CD.

THEATER

Alley Cat Cabaret & Purrlesque. 8 p.m.-midnight. Arcata Theatre Lounge, 1036 G St. This fundraiser for Companion Animal Foundation stars a bevy of local and out of the area burlesque troupes, plus comedy, dance, live music, art and a silent auction. \$25-100. jbellaentertains@gmail.com. (530) 405-9698.

Blackbeard the Pirate. 8 p.m. Mateel Community Center, 59 Rusk Lane, Redway. A beloved annual theatrical production produced by the Missoula Children's Theatre featuring local kids cast just days before the show. \$15, \$12, \$5. www.mateel.org.

Boeing Boeing. 8-10:30 p.m. Ferndale Repertory Theatre, 447 Main St. See Oct. 9 listing.

Rumors. 8 p.m. North Coast Repertory Theatre, 300 Fifth St., Eureka. See Oct. 8 listing.

EVENTS

Bacon Fest. Blue Lake Casino, 777 Casino Way. Celebrating local pork products from the redwood coast. House of Floyd plays that night. \$10 advance, \$20 for fest and House of Floyd.

Devon's Version Fundraiser. 7-9 p.m. Eureka Women's Club, 1531 J St. Meet the team behind the documentary about autism and dance, and enjoy wine, beer, hors d'oeuvres, live music by Chubritza and a raffle and silent auction. \$20. www.eurekaheritage.org.

Humboldt Hoptoberfest. 1-5 p.m. Perigot Park, 312 South Railroad Ave., Blue Lake. Featuring regional breweries, local food vendors and live music by The Hip Joint, The Uptown Kings and Huckleberry Flint. \$30, \$25 advance.

Boots and Birkenstocks. 5 p.m. River Lodge Conference Center & Commercial Kitchen, 1800 Riverwalk Drive, Fortuna. Celebrate the bountiful wild and working lands in Humboldt, Trinity and Del Norte counties with a salmon and beef dinner, live and silent auction and music by Bramble and the Rose at Northcoast Regional Land Trust's annual dinner. \$60. www.friendlyfortuna.com.

River Arts Beer Festival. 2-6 p.m. Rio Dell Fireman's Park, Wildwood Avenue and Center Street. This benefit for the Eagle Prairie Arts District features local beer, food, music by Don's Neighbors and DJ Kev and free shuttle to Arts on the Avenue. \$25, \$20 advance, \$10, \$5 non drinker advance. tracy1952@mail.com. 267-6052.

FOR KIDS

Babies at the Library. Second Saturday of every month, 11 a.m.-noon. Trinidad Library, 380 Janis Court. Songs, rhymes and playtime for children ages 3 months to 2

Continued on next page »

Calendar

Continued from previous page

years. Free. trihuml@co.humboldt.ca.us. 677-0227.

Dad and Me Playgroup. Second Saturday of every month, 10-11:30 a.m. Discovery Museum, 612 G St., Eureka. A playgroup for male role models and their children, ages 0 to 5. Free. redwooddiscoverymuseum@gmail.com. www.discovery-museum.org. 443-9694.

Nature Story Time. 2-3 p.m. Humboldt Coastal Nature Center, 220 Stamps Lane, Manila. Join an experienced naturalist for a story about local wildlife followed by a simple craft project. Geared for ages 3-6. Free. info@friendsofthedunes.org. 444-1397.

FOOD

Arcata Plaza Farmers Market. 9 a.m.-2 p.m. Arcata Plaza, Ninth and G streets. Fresh vegetables and fruit from local producers, food vendors, plant starts and flowers every week. Live music by Pandemic.

Salmon Barbecue. 11:30 a.m.-3:30 p.m. Clarke Historical Museum, Third and E streets, Eureka. The street will be closed to traffic for the gathering to support the museum. Plates include salmon, fry bread, coleslaw, beans and a soda. \$20. www.clarkemuseum.org.

Salsa Recipe Competition. 12-1 p.m. Arcata Plaza, Ninth and G streets. Local youth from after-school programs partner with local chefs to create salsa. Free. lprescott@humboldt.k12.ca.us. 445-7042.

GARDEN

Bayside Gardens Pumpkin Patch. 12-6 p.m. Bayside Gardens, 2074 Old Arcata Road. Pick out the perfect pumpkin, feed pumpkins to the cows and build a scarecrow. Free admission. 496-0618.

OUTDOORS

Arcata Marsh Tour. 2 p.m. Arcata Marsh and Wildlife Sanctuary Interpretive Center, 569 S. G St. Meet a trained guide for a 90-minute walk focusing on the ecology of the marsh. Led by Katy Allen. Free. 826-2359.

Audubon Society Arcata Marsh Tour. 8:30-11 a.m. Arcata Marsh and Wildlife Sanctuary, South I Street. Bring your binoculars and have a great morning birding. Meet the trip leader in the parking lot at the end of South I Street (Klopp Lake) in Arcata, rain or shine. Tour leader Gary Friedrichsen. Free. www.rras.org/calendar.

Hikshari' Volunteer Trail Stewards. 9-11 a.m. Hikshari' Trail, Elk River Wildlife Sanctuary, Eureka. Help with clean up and landscaping. Please bring your own water and gloves if you have them. New volunteers welcome. Free. wnyaylor@humboldt1.com.

Humboldt Baykeeper Boat Tour. 9:30-11 a.m. Woodley Island Marina, 601 Startare Drive, Eureka. Climb aboard the Humboldt Bay Harbor, Recreation, and Conservation District's patrol boat for a "Bay Explorations" tour led by docents trained in ecology and history of the bay. In Spanish and English. RSVP. Free. tours@humboldtbaykeeper.org. www.humboldtbaykeeper.org. 825-1020.

Dune Restoration. 9:30 a.m.-12:30 p.m. Humboldt Coastal Nature Center, 220 Stamps Lane, Manila. Help remove invasive plants and make room for more native plant diversity. Tools, gloves and snacks provided. Be sure to bring water and wear work clothes. Free. info@friendsofthedunes.org. 444-1397.

Janes Creek Cleanup. 9 a.m.-1 p.m. Trinity Baptist Church, 2450 Alliance Road, Arcata. Help pull out invasive ivy and improve the streamside ecosystem. Tools, beverages and snacks provided. Please wear work clothes and closed-toe shoes or boots. Free. eservices@

cityofarcata.org. 825-2163.

SPORTS

Humboldt State Mountain Bike Race. 7 a.m. Lacks Creek Management Area, BLM, 1695 Heindon Road, Arcata. HSU Cycling Club hosts its annual mountain bike race for collegiate and non-collegiate racers. Saturday: Cross Country & Super D. Sunday: Short Track & Down-hill. Camping both nights. \$35 for races with \$10 discount for additional same-day races. Free for spectators. bike@humboldt.edu. www.humboldtstatecycling.wordpress.com. (831) 241-8820.

Public Skating. 6:30-9:30 p.m. Fortuna Firemen's Pavilion, 9 Park St. See Oct. 9 listing.

COMEDY

Make Me Laugh! 9-11:45 p.m. Palm Lounge, Eureka Inn, 518 Seventh St. Audience members come on stage and give each comedian 60 seconds to make them laugh. Those who hold out the longest get ridiculously fabulous prizes, maybe! \$5. 497-6093,

ETC

Women's Peace Vigil. 12-1 p.m. County Courthouse, 825 Fifth St., Eureka. Dress in warm clothing and bring your own chair. No perfume, please. Free. 269-7044.

Yu-Gi-Oh! Standard League. 1-4 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your decks and claim your prizes. \$5. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

11 Sunday

ART

Loleta Antique Show. 10 a.m.-4 p.m. Loleta Fireman's Pavilion, Old Loleta Road. See Oct. 9 listing.

DANCE

Afternoon of Dance. 2-3 p.m. Morris Graves Museum of Art, 636 F St., Eureka. Performance by Trillium Dance Studios. \$5, \$2, Free children and MGMA Members. janine@humboldtarts.org. www.humboldtarts.org. 442-0278.

MOVIES

Digging for Fire. 7:30 p.m. Richards' Goat Tavern & Tea Room, 401 I St., Arcata. See Oct. 8 listing.

Labyrinth. 6 p.m. Arcata Theatre Lounge, 1036 G St. Jim Henson's fantasy film about a girl (Jennifer Connelly) whose brother is taken by the Goblin King (David Bowie). Also starring lots of really cool puppets. \$5. www.arcatatheatre.com.

The Prophet. 4:30 p.m. Richards' Goat Tavern & Tea Room, 401 I St., Arcata. See Oct. 9 listing.

MUSIC

Bayside Grange Music Project. 5-9 p.m. Bayside Grange Hall, 2297 Jacoby Creek Road. From 5-7 p.m. anyone playing any instrument with any ability is invited; 7-9 p.m. people with wind instruments for Bandemonium. Donations. gregg@relevantmusic.org. www.relevantmusic.org/Bayside. 499-8516.

Big Gigantic. 8 p.m. West Gym, Humboldt State University, Arcata. DJ-based music with live instruments creating a "futuristic wall of sound that keeps the crowd on its feet." \$35.

FOR KIDS

Lego Club. 12:30-2 p.m. Discovery Museum, 612 G St., Eureka. Lego fun for younger and older kids featuring Duplos as well as smaller, more complex pieces. Free with museum admission. redwooddiscoverymuseum@

gmail.com. www.discovery-museum.org. 443-9694.

Pokemon Trade and Play. 3-5 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your cards to play or learn. Free. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

FOOD

Food Not Bombs. 5 p.m. Arcata Plaza, Ninth and G streets. Free, hot food for everyone. Mostly vegan and organic and always delicious. Free. (503) 828-7421.

GARDEN

Bayside Gardens Pumpkin Patch. 12-6 p.m. Bayside Gardens, 2074 Old Arcata Road. See Oct. 10 listing.

OUTDOORS

Audubon Society Birding Trip. Second Sunday of every month, 9 a.m. Humboldt Bay National Wildlife Refuge, 1020 Ranch Road, Loleta. Learn the common birds of Humboldt on a two- to three-hour walk. Meet at the visitor center. Free. 822-3613.

SPORTS

BMX Practice and Racing. 1-3 p.m. Redwood Empire BMX, 3750 Harris St., Eureka. Bring your bike for some fun. Wear long sleeves and pants. \$2 practice, \$11 race. www.facebook.com/RedwoodEmpireBmx. Hotline 407-9222.

Humboldt State Mountain Bike Race. 7 a.m. to 3 p.m. Lacks Creek Management Area, BLM, 1695 Heindon Road, Arcata. See Oct. 10 listing.

Bicycle Tour of Loleta. Loleta Fireman's Pavilion, Old Loleta Road. An annual bike, run and walk event with multiple courses that range all over Loleta. See website for registration. TBA. www.tourofloleta.com. 498-6348.

ETC

Family Game Day. 12-6 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring the family and friends for a day jam-packed with gaming fun. Feel free to bring in your own games. \$3. www.nugamesonline.com. 497-6358.

Humboldt Flea Market. 8 a.m.-3 p.m. Redwood Acres Fairgrounds, 3750 Harris St., Eureka. Peruse the tables for treasures. \$2 from 8 a.m. to 9 a.m., \$1 after 9 a.m., kids under 12 free. www.redwoodacres.com. 822-5292.

Redwood Coast Scrabble Club. 1-5 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. Tiles, letters and triple-word scores, oh my! 677-9242.

12 Monday

DANCE

Friendship Circle Dance. 7-10 p.m. Moose Lodge, 4328 Campton Road, Eureka. Dancing for people in their 50s and older with live music from the 1930s through 1950s. Refreshments served. \$4. 725-5323.

LECTURE

Historical Ecology/Fire Management. 3:45-5 p.m. Native American Forum, Humboldt State University, Arcata. Chuck Striplen presents a lecture on traditional and historical ecology as part of HSU's Diversity program. Free. sem11@humboldt.edu.

Buddhist Perspective on Climate Change. 7-8:30 p.m. Humboldt Unitarian Universalist Fellowship, 24 Fellowship Way, Bayside. Vice Abbot of Berkeley Zen Center Hosan Alan Senauke speaks. \$10 suggested donation, \$5 students. info@arcatazengroup.org/ lmcneedle@suddenlink.net. www.huuf.org. 826-1701.

MUSIC

Humboldt Ukulele Group. Second Monday of every month, 5:30 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. A casual gathering of strummers. Beginners welcome. \$3. dsanderl@arcatanet.com. 839-2816.

Weiner Kids. 8-11 p.m. The Sanctuary, 1301 J St., Arcata. Oakland's premier bizarre saxophones/drums trio. All ages. \$5 - \$20 sliding. thesanctuary.arcata@gmail.com. www.thesanctuaryarcata.com. 822-0898.

SPOKEN WORD

Poets on the Plaza. Second Monday of every month, 8 p.m. Plaza View Room, Eighth and H streets, Arcata. Read/perform your original poetry or hear others. \$1.

MEETINGS

Volunteer Orientation. 2:30 p.m. Food for People, 307 W. 14th St., Eureka. Learn to pack and sort food, work with clients, collect donations and cook. panderson@foodforpeople.org.

SPORTS

Monday Night Football. 5:20 p.m. Arcata Theatre Lounge, 1036 G St. Pro football on the giant screen. All ages. Free w/\$5 food or beverage purchase. www.arcatatheatre.com.

ETC

Monday Night Magic Draft. 6-10 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. New and seasoned players welcome. \$15. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

13 Tuesday

LECTURE

Aqua Dam Talk. 5-6:30 p.m. Rio Dell and Scotia Chamber of Commerce, 406 Wildwood Ave. Mathew Wennerholm of Aqua Dam talks about his company. Appetizers and non-alcoholic beverages available. Silent auction of a 300-gallon water storage tank fit for a pickup truck. \$10.

SPOKEN WORD

Human Expression Night. 8 p.m. Blondies Food And Drink, 420 E. California Ave., Arcata. Courtne Burns hosts this night of poetry and creativity. Free. www.blondiesfoodanddrink.com.

ELECTIONS

Democratic Debate. Arcata Theatre Lounge, 1036 G St. Times t.b.a., check www.arcatatheater.com for more info. Free. www.arcatatheatre.com.

FOR KIDS

Playgroup. 10-11:30 a.m. Discovery Museum, 612 G Street, Eureka. Free play for kids 0-5. Regular admission for kids over 5. Free. redwooddiscoverymuseum@gmail.com. www.discovery-museum.org. 443-9694.

Pokemon Trade and Play. 3-6 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. See Oct. 11 listing.

FOOD

Eureka Farmers Market. 10 a.m.-1 p.m. Old Town Gazebo, Second and F streets, Eureka. Fresh, local produce direct from the farmer. Free. 441-9999.

Free Produce Market. Second Tuesday of every month, 10:30 a.m.-noon Garberville Presbyterian Church, 437 Maple Lane, and from 12:30-1:30 p.m. at Redway Baptist

Church, 553 Redway Drive. Food for People invites all income eligible people to pick out fresh fruits and vegetables. Free. hmchugh@foodforpeople.org. 445-3166 ext. 308.

Miranda Farmers Market. 2-6 p.m. Miranda Gardens Resort, 6766 Avenue of the Giants. Pick up produce, baked goods and more right across from the Miranda Gardens Resort. Free. www.facebook.com/Southern-humboldtfarmersmarket.

Shelter Cove Farmers Market. 11 a.m.-3 p.m. Downtown Shelter Cove, Machi Road. Fresh fruits, vegetables, ornamental trees and plants, all with an ocean view. Free. www.facebook.com/Southernhumboldtfarmersmarket.

Wildberries Farmers Market. 3:30-6:30 p.m. Wildberries Marketplace, 747 13th St., Arcata. Locally grown fruits, vegetables, plants, meats and more.

COMEDY

Savage Henry Comedy Night. 8 p.m. The Jam, 915 H St., Arcata. Local and out-of-town comedians bring the ha-has. \$5. 822-4766,

ETC

Bingo. 6 p.m. Moose Lodge, 4328 Campton Road, Eureka. Speed bingo, early and regular games. Doors open at 5 p.m. Games range from \$1-\$10.

Board Game Night. 5-9 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Choose from a large variety of games or bring your own. All ages. Free. www.nugamesonline.com. 497-6358.

Ferndale Cribbage. 10 a.m. Our Savior's Lutheran Church, 425 Shaw Street, Ferndale. Cards and pegs.

Humboldt Cribbage Club. 6:15 p.m. Moose Lodge, 4328 Campton Road, Eureka. Play cards. 444-3161.

14 Wednesday

LECTURE

Green Living. 6 p.m. Campus Center for Appropriate Technology, Humboldt State University, Arcata. Jan Spencer presents "Creating Greener Homes, Neighborhoods, Culture and Economy," about transforming a quarter-acre suburban property in Eugene, Oregon. Free.

"To Change Everything" Panel. 6 p.m. Eureka Labor Temple, 840 E St. Humboldt Grassroots will be hosting "To Change Everything: Anarchism and the New Social Movements," an international panel discussing the significance of anarchist ideas and tactics in the 21st century. Free. 502-2382.

MOVIES

Digging for Fire. 7:30 p.m. Richards' Goat Tavern & Tea Room, 401 I St., Arcata. See Oct. 8 listing.

Sci Fi Night ft. House on Haunted Hill (1959). 7:30 p.m. Arcata Theatre Lounge, 1036 G St. "Once, the door is locked, there is no way out." The original with Vincent Price. Free w/\$5 food or beverage purchase. www.arcatatheatre.com.

MUSIC

The Fretless. 8-11 p.m. The Sanctuary, 1301 J St., Arcata. Folk fiddle tunes \$5-\$20 sliding. thesanctuary.arcata@gmail.com. www.thefretless.com/. 822-0898.

Israel Vibration w/Roots Radics. 9 p.m. Mateel Community Center, 59 Rusk Lane, Redway. Reggae \$30, \$25 advance. www.mateel.org.

Myra Melford and Snowy Egret. 8 p.m. Morris Graves Museum of Art, 636 F St., Eureka. Live jazz presented by

Redwood Jazz Alliance. For tickets go to redwoodjazzalliance.org. \$15, \$10. www.humboldtarts.org. 442-0278.

St. Olaf Orchestra. 8 p.m. Fulkerson Recital Hall, Humboldt State University, Arcata. The internationally-known ensemble performs. \$15, \$5 HSU. carts@humboldt.edu. humboldt.edu/centerarts. 826-3928.

FOR KIDS

Storytime. 1 p.m. McKinleyville Library, 1606 Pickett Road. Liz Cappiello reads stories to children and their parents. Free.

FOOD

Women in Business Luncheon. Noon. Adorni Recreation Center, 1011 Waterfront Drive, Eureka. Luncheon honoring local businesswomen Jennifer Budwig, Kate Russell and Betty Kwan Chinn. Keynote speaker is Humboldt County District Attorney Maggie Fleming. Call to reserve. \$30, \$350 reserved table of eight. www.ci.eureka.ca.gov. 443-9940 or 599-6627.

MEETINGS

Conservation Meeting. Second Wednesday of every month, noon. Golden Harvest Café Arcata, 1062 G St. Participants discuss access to Clam Beach and other issues with the Redwood Region Audubon Society. Free. www.goldenharvestcafe.com. 445-8311.

Intercultural Skills Fair Talk. 12-1:30 p.m. Humboldt Bay Aquatic Center, 921 Waterfront Drive, Eureka. Larry Goldberg discusses the fair scheduled for Oct. 24-26 at Redwood Acres. Free. OLLI@humboldt.edu.

Water Garden Club. 7 p.m. Wharfinger Building, 1 Marina Way, Eureka. Yurok Senior Wildlife Biologist Chris West reports on the status of the reintroduction of the California condor to the north coast. In the Yacht Room. Free. info@ncwgc.org. www.ncwgc.org. 839-0588.

COMEDY

Comedy Open Mikey. 9 p.m. Palm Lounge, Eureka Inn, 518 Seventh St. Hosted by Nando Molina with beats by Gabe Pressure. Free. 497-6093.

ETC

Casual Magic. 4-9 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your decks and connect with the local Magic community. Beginners welcome. Door prizes and drawings. \$5. www.nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

15 Thursday

ART

Figure Drawing Group. 7-9 p.m. Cheri Blackerby Gallery, 272 C St., Eureka. See Oct. 8 listing.

BOOKS

Humboldt County Children's Author Festival. Countywide, Locations throughout Humboldt County, Humboldt. Authors and illustrators visit schools to share their work with students and educators. Featuring a book sale and autographs Saturday, Oct. 17, at the Main Library.

MUSIC

Humboldt Ukulele Group. Third Thursday of every month, 5:30 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. See Oct. 12 listing.

Continued on next page »

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Calendar

Continued from previous page

FOR KIDS

Young Discoverers. 10:30 a.m.-noon Discovery Museum, 612 G St., Eureka. See Oct. 8 listing.

FOOD

Henderson Center Farmers Market. 10 a.m.-1 p.m. Henderson Center, Henderson near F Street, Eureka. See Oct. 8 listing.

McKinleyville Farmers' Market. 3:30-6:30 p.m. McKinleyville Safeway Shopping Plaza, Central Avenue. See Oct. 8 listing.

People's Market. Third Thursday of every month, 12-2 p.m. Food for People, 307 W. 14th St., Eureka. Farmers market-style produce market for income-eligible people. Free. hmchugh@foodforpeople.org. 445-3166 ext. 308.

MEETINGS

Human Rights Listening Forum. 5-7 p.m. Healy Senior Center, 456 Briceland, Redway. The Humboldt Human Rights Commission presents this listening forum to hear concerns and solutions regarding human rights. Free. 268-2548.

ETC

Sip and Knit. 6 p.m. NorthCoast Knittery, 320 Second St., Eureka. See Oct. 8 listing.

Standard Magic Tournament. 6-10 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. See Oct. 8 listing.

Heads Up This Week

Humboldt State University's Toyon Literary Magazine accepts submissions until Oct. 16. Visit www.humboldt.edu/english.

Local nonprofits can apply for a Cooperative Community Fund grant from \$300-\$2,000 to address sustainable agriculture, food security or food nutrition and education. Deadline is Nov. 1. Visit www.northcoast.coop/donations.htm or stop by the North Coast Co-op's Eureka or Arcata store.

North Coast Repertory Theatre announces open auditions for *Reefer Madness The Musical* Oct. 11 and 12 at 6 p.m. at the theater. Call 268-0175

Ferndale Repertory Theatre announces auditions for *The Threepenny Opera* Oct. 11 and 12 from 6-8 p.m. at Arcata Playhouse, and *Bat Boy the Musical* Dec. 6 and 7 from 6-8 p.m. at Bethel Church in Eureka. For more info, email leira@ferndalerep.org.

The Bayside Grange invites crafters and artists to submit vendor applications for the Holiday Handmade/Makers' Fair to be held at the Grange Dec. 19 and 20. Email denise@remembermagic.com or call 822-9998.

AAUW Scholarships available for HSU women re-entry students. Deadline is Oct. 31. For more information, go to www.Humboldt-ca.aauw.net or call 443-1291.

Low-cost firewood is available for income-eligible older adults. Call 443-9747 ext. 1241 for more information.

Fern Cottage Foundation seeks board members. Please send a letter of intent to Fern Cottage Foundation, P.O. Box 1286, Ferndale, CA 95536. For information, go to www.ferncottage.org.

Volunteers wanted for Eureka VA clinic. Call 269-7502.

For an application for grand jury service, call 269-1270 or stop by the Jury Services Office at the Humboldt County Courthouse. Applications online at www.co.humboldt.ca.us/grandjury. ●

Filmland

Harsh Landscapes

Sicario and The Martian

By John J. Bennett

filmiland@northcoastjournal.com

Reviews

SICARIO has long gleamed darkly on the horizon, a morbid star promising hope. I've navigated the movie lineups by it, through the doldrums of studio slough-offs and intermittent indie disappointments. Against my better judgment, I charged this movie with whatever excitement the year's worst movies hadn't yet ground out of me. And I wasn't wrong. As with the transcendent *Prisoners* (2013), director Denis Villeneuve has made a beautiful thing about truly terrible things. From a screenplay by Taylor Sheridan, he works his way into the *narco* conflict raging around the US/Mexico border and examines it from both north and south elevations.

The narrow door through which we step is opened by Kate Macer (Emily Blunt), an FBI kidnapping investigator in Arizona. Leading a tactical raid on a tract house in a quiet suburb, she expects to find a hostage situation. Instead, she discovers a cartel corpse gallery concealed in the stud spaces and a booby-trapped backyard. She acquits herself well, and her grisly discovery somehow dovetails with an ongoing multi-agency operation. At the urging of Matt Graver (Josh Brolin), a mysterious operator in flip-flops who chooses not to reveal any official affiliation, she volunteers for said operation. Almost immediately, she's on her way to Juarez, accompanied by Graver and an even more mysterious fellow named Alejandro (Benicio Del Toro), along with US Marshals and a squad of Delta Force hard cases. Kate is among men of violence, in a city defined by it, but still understandably shocked when it erupts before her with horrifying force. So begins her brief and brutal education on the realities of the "Drug War."

Sicario works as an action movie but relies on the techniques of suspense thrillers for much of its impact, so revealing more would be a disservice. Sheridan and Villeneuve illuminate a vast and varied conflict by keeping the story small and sticking close to the through-line of Kate's

perspective as the narrative develops. Hardened as she may be, Kate is unprepared for the realities of the ground war, for the permeability of rules and borders.

The sense of uncertainty *Sicario* creates is elevated by the collaboration between Villeneuve and director of photography Roger Deakins. Together they recreate the border territory as both vast and claustrophobic, stark, beautiful and devastating. Even an airplane's shadow crossing the desert is charged with dread, suggesting violence. (Deakins' work here is, per usual, Oscar-worthy, though he'll doubtless be snubbed again.) That visual suggestion is key in *Sicario*'s suspense. Although it never mounts the impossible tension achieved in *Prisoners*, the movie generates its own sustained horror punctuated by flashes of graphic violence. The real violence is in what Villeneuve leaves out. When Alejandro enters an interrogation room carrying a five-gallon jug of water, for example, we don't have to see what he does. The slow zoom in to a floor drain is enough. This restraint, this novelistic patience, may be Villeneuve's greatest attribute as a director. He understands pacing so fundamentally — aided tremendously by editors like Steve McQueen's go-to Joe Walker — that he seems to know exactly what he wants from every frame before the camera rolls. Blunt gives a truly unexpected performance here, transforming completely. And Del Toro, well — he's the best, doing the best work of his career.

Villeneuve's movies can, not unfairly, be called genre pictures. That's fine, but it dismisses their depth and beauty. While the awards storm rages, he is quietly building a body of the most finely constructed, fully realized work in contemporary cinema. *R. 121M. BROADWAY, MILL CREEK.*

THE MARTIAN. The work of Ridley Scott, grand stylist, old master of science fiction, can be characterized many ways, but I wouldn't have counted optimism among them. There are elements of triumph in the face of adversity in his work, but they are usually so steeped in cynicism, irony and misanthropy that the effect is more resigned than celebratory. Not so with *The Martian*, Scott's most positive, perhaps most enjoyable movie to date. There are moments of desolation and strife, but the cumulative effect is uplifting.

When a severe storm threatens the safety of a Mars mission, the crew is forced to withdraw. In the confusion, Mark Watney (Matt Damon) is injured and left behind, presumed dead. When he wakes up alone, tens of millions of miles from home, Watney can either give in to circumstances or recreate them to suit his needs. He chooses the latter, using his botany training to grow food and re-establishing communication with



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Earth. There is, of course, the problem of timing: It will take four years for a manned mission to return to Mars and rescue him.

While the ending may not be particularly surprising, there are enough wrinkles in the plot to keep things interesting. The movie sags slightly in the middle, but overall is compelling, exciting, life-affirming and beautiful to look at. *PG13. 141M.*

BROADWAY, FORTUNA, MILL CREEK, MINOR.

— John J. Bennett

For showtimes, see the Journal's listings at www.northcoastjournal.com or call:

Broadway Cinema 443-3456; Fortuna Theatre 725-2121; Mill Creek Cinema 839-3456; Minor Theatre 822-3456.

Previews

99 HOMES. Andrew Garfield is a young father working with the shady real estate scammer who evicted him in this suspense drama. *R. 112M. BROADWAY.*

HE NAMED ME MALALA. Documentary about Malala Yousafzai, her attack by the Taliban and her emergence as a political figure. *PG13. 87M. MINOR.*

PAN. Peter's backstory and first trip to Neverland with pirates, fairies and floating galleons. Starring swashbuckling Hugh Jackman. *R. 121M. BROADWAY, MILL CREEK, FORTUNA.*

THE WALK. Based on the true story of sure-footed Philippe Petit's high-wire stroll between the Twin Towers. *PG. 123M. BROADWAY, MILL CREEK.*

Continuing

BLACK MASS. Fine acting by Johnny Depp as gangster "Whitey" Bulger and Joel Edgerton as his FBI handler in a dark, fascinating biopic, marred only by the film's inability to pick a side. *R. 122M. BROADWAY.*

EVEREST. Shockingly beautiful views of the Himalayas and real-life drama and tragedy aren't enough to get over the mountain of characters whose stories are spread too thin. *PG13. 121M. BROADWAY, MILL CREEK.*

GRANDMA. A tough and funny Lily Tomlin stars as a woman shaking down everyone she knows to raise \$600 for her granddaughter to end a pregnancy. Quiet-

ly touching, unassuming and entertaining.

R. 80M. MINOR.

HOTEL TRANSYLVANIA 2. Adam Sandler voices grandpa Vlad, who's trying to run his inn and hang onto his blended vampire-human family in this animated sequel. *PG. 90M. BROADWAY, FORTUNA, MILL CREEK.*

THE INTERN. Robert DeNiro plays a retiree who returns to work with an internship at an online fashion company. With Anne Hathaway as his new boss. *PG13. 121M. BROADWAY, FORTUNA, MILL CREEK.*

MAZE RUNNER: THE SCORCH TRIALS. Our clear-skinned, teen heroes escape lockdown and battle the middle-aged powers that be in the wider post-apocalyptic dystopia. *PG13. 131M. BROADWAY, FORTUNA, MILL CREEK.*

THE VISIT. Siblings visit creepy, estranged grandparents in the boonies for found-footage scares and unsurprising plot twists in the M. Night Shyamalan picture. *PG13. 94M. BROADWAY.*

A WALK IN THE WOODS. Robert Redford and Nick Nolte star as old friends testing their knees and their bond by hiking the Appalachian Trail. *R. 104M. MINOR.*

WAR ROOM. A troubled family prays together and (spoiler alert!) probably stays together. *PG. 120M. BROADWAY.*

— Jennifer Fumiko Cahill

MOVIES & EVENTS

Oct 9 - Oct 16

Fri Oct 9 – The Shining (1980), Doors @ 7:30 PM, Movie @ 8 PM, Film is \$5, Rated R.

Sun Oct 11 – Labyrinth (1986), Doors @ 5:30 PM, Movie @ 6 PM, Film is \$5, Rated PG.

Mon Oct 12 – Monday Night Football, all ages, FREE w/\$5 food/beverage purchase, check arcatatheater.com for more info.

10/14 – Sci Fi Night ft. House On Haunted Hill (1958), Doors @ 6 p.m. All ages, Free w/\$5 food & bev purchase.

Arcata Theatre Lounge

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Workshops & Classes

Continued on next page »

List your class – just \$4 per line per issue! Deadline: Friday, 5pm.

Place your online ad at classified.northcoastjournal.com or e-mail: classified@northcoastjournal.com

Listings must be paid in advance by check, cash or Visa/MasterCard. Many classes require pre-registration.

Arts & Crafts

LEARN TO KNIT Learn to Knit - Just in time to create Holiday Gifts! Our new beginning knitting class will give you the skills to complete your first knitted project, a knitted hat. Total instruction time is six hours. Your materials will be provided as part of the workshop fee. Workshop Fee: \$65.00
Saturday, Oct. 17 11AM - 1PM
Saturday, Oct. 24 11AM - 1PM
Saturday, Oct. 31 11AM - 1PM
Sign-up on-line or give us a call (707) 442-9276
info@northcoastknittery.com
www.northcoastknittery.com

UPCYCLING CLASSES AT SCRAP HUMBOLDT For Youth & Adults! For the full schedule visit www.scraphumboldt.org (707) 822-2452

Communication

EASY CONVERSATIONAL SPANISH a class for people with no prior knowledge of Spanish. This is a fun non-grammar based class where students learn essential Spanish for everyday conversation. Oct 21-Nov 11 Wednesdays 5:30-7:30pm downtown Eureka contact Community Education at 707-476-4500 for registration information (V-1008)

RESTORING BROKEN TRUST EXPLORED AT LIFE-TREE CAFÉ Whether trust can be restored in a marriage following betrayal will be explored at Lifetree Café on Sunday, October 11, 2015 at 7 p.m. The program titled "Busted Trust: Can It Ever Be Restored?" features a filmed interview Michael and Trinity Wilbourn, a married couple who coped with broken trust. Lifetree Café is a Free Conversation Café - Snacks and Beverages. Located on the Corner of Union and 13th, Arcata. 707 672 2919 or bobdipert@hotmail.com or www.lifetreecafe.com. Lifetree Café is a Free Conversation Café - Snacks and Beverages. Located on the Corner of Union and 13th, Arcata. 707 672 2919 or bobdipert@hotmail.com or www.lifetreecafe.com (C-1008)

Computer

BASIC BUSINESS COMPUTER SKILLS Thursday & Friday, Nov 5th & 6th 6:00pm - 9:00pm Fee: \$150 Students will go from the steps of turning on a computer, into the distinctions between things like the operating system, network, and software. Explore the devices of technology that connect to the computer, while learning how to save and retrieve information! Contact Community Education at 707-476-4500 for information (C-1008)



BOOKKEEPING TRAINING October 26th - December 16th with Tuesdays December 8th & 15th, 2015, Mondays & Wednesdays, 8:30am - 12:30pm \$595 Students emphasizes the fundamentals of bookkeeping, while adding hands-on applications and system building for beginning Bookkeepers. The class focuses bookkeeping for the small business environment by utilizing and learning the popular bookkeeping software tool - Quickbooks! Contact Community Education at 707-476-4500 for registration informationn (C-1008)

DIGITAL MARKETING MASTERY. Gain an understanding of the techniques and application of digital marketing, including personal and business branding; social media; basic web design; SEO practices; fundamental analytics and advertising. With Christine Ciarcia and Rachel S. Lee. Tues., Oct. 20-Nov. 3, 6-8 p.m. Fee: \$120. To enroll, call HSU College of eLearning & Extended Education at 826-3731 or visit www.humboldt.edu/extended. (C-0917)

INTERMEDIATE MICROSOFT EXCEL. Go beyond the basics and explore powerful tools available to an intermediate user of Microsoft Excel. With Joan Dvorak. Mons., Oct. 26-Nov. 16, 6-8 p.m. Fee: \$75. To enroll, call HSU College of eLearning & Extended Education at 826-3731 or visit www.humboldt.edu/extended. (C-0903)

Dance/Music/Theater/Film

DANCE WITH DEBBIE: Find your inner Latin dancer! Learn Salsa in a small class environment - beginning level 7-8 p.m., Intermediate 8-9 p.m. on Tuesday evenings in October or explore your inner Latin lover with Rumba on Thursday evenings also in October, same times. Only \$40/person/month and we guarantee you will learn to dance! (707) 464-3638, debbie@dancewithdebbie.biz (D-1008)

GROOVE YOGA WITH LORI SNYDER AT OM SHALA YOGA. Join special guest Lori Snyder for a fun, flowing Vinyasa class set to everything from Krishna Das to Kermit the Frog. Saturday, October 10, 12:30-2:00. \$20 before 10/5, \$25 after. Sign up by visiting www.OmShalaYoga.com/workshops or by calling or visiting the studio. 707-825-YOGA(9642) or 858 10th St., Arcata. (D-1008)

REDWOOD RAKS WORLD DANCE STUDIO, ARCATA. West African, Belly Dance, Tango, Salsa, Swing, Breakdance, Jazz, Tap, Modern, Zumba, Hula, Congolese, more! Kids and Adults, (707) 616-6876 shoshannaRaks@gmail.com (DMT-1029)

WEST AFRICAN DANCE W/ LIVE DRUMMING. Tues.'s, All Level Class, 5:30 p.m - 7 p.m. Thurs.'s Beginning/Breakdown, 7 p.m.-8 p.m., Redwood Raks Dance Studio, Arcata. Facebook Arcata West African Dance or contact Heather (707) 834-3610. (DMT-1029)

STEEL DRUM CLASSES. Beginning Classes Level 1 Fri's. 10:00-11:00a.m. Level 2 Fri's. 11:00-12:00p.m. Intermediate Thu's., 6:30-7:30p.m. Pan Arts Network 1049 Samoa Blvd. Suite C. Call (707) 407-8998. panartsnetwork.com (DMT-1029)

MUSIC LESSONS. Piano, Guitar, Voice, Flute, etc. Piano tuning, Instrument repair. Digital multi-track recording. (707) 382-9468. (DMT-1126)

Fitness

DRAGON HEART TANG SOO DO AT PRESBYTERIAN CHURCH ON G ST. Tuesday and Thursday classes - kids 4-5pm, adults 5:30-7:30pm. Free women's self-defense class Thursdays 5-5:30pm. Call Master Becky Rupp 707-923-2886. (W-1015)

NORTH COAST FENCING ACADEMY. Fencing (with swords!). Improve your mind and body in a fun, intense workout. New classes begin the first Mon. of every month. Ages 8 to 80+ Email: northcoastfencingacademy@gmail.com or text, or call Justin at 707 601-1657. 1459 M Street, Arcata, northcoastfencing.tripod.com (F-1029)

SUN YI'S ACADEMY OF TAE KWON DO. Classes for kids & adults, child care, fitness gym & more. Tae Kwon Do Mon-Fri 5-6 p.m., 6-7 p.m., Sat 10-11 a.m. Come watch or join a class, 1215 Giuntoli Lane, or visit www.sunyisarcata.com, 825-0182. (F-0827)

ZUMBA WITH MARLA JOY. Elevate, Motivate, Celebrate another day of living. Exercise in Disguise. Now is the time to start, don't wait. All ability levels are welcome. Every Mon. and Thurs. at Bayside Grange 6-7 p.m., 2297 Jacoby Creek Rd. \$6/\$4 Grange members. (707) 845-4307 marlajoy.zumba.com (F-1231)

Lectures

BUILDING ORGANIZATIONAL DIVERSITY: AVOIDING UNCONSCIOUS BIAS IN THE HIRING PROCESS. Unconscious bias can subtly impact hiring decisions and put organizations at risk for lost talent, productivity and revenue. Learn and apply concrete strategies for interrupting this behavior in yourself and your business. With Melissa Meiris. Tues., Oct. 20 and Nov. 10, 9-11 a.m. Fee: \$105. To enroll, call HSU College of eLearning & Extended Education at 826-3731 or visit www.humboldt.edu/extended. (L-1008)

CHILD ABUSE MANDATED REPORTER. Learn the responsibilities of being a mandated reporter, indicators of child abuse and neglect, and reporting procedures. With Jed Mefford & Pamela Miller. Friday, Oct. 23, 8:15 a.m.-4:30 p.m. Fee: \$40 (includes lunch); \$25 additional for optional academic credit or CEUs. To enroll, call HSU College of eLearning & Extended Education at 826-3731 or visit www.humboldt.edu/extended. (L-1008)

THE PEOPLE: NEW DESIGNS FOR FUNDRAISING. For nonprofits, it's the people who are crucial to the success of any fundraising effort. Learn key recruitment and team building strategies, board development and self-assessment tools. With Guiamar Hiebert. Meets online Nov. 16-Dec. 11. Fee: \$195. To enroll, call HSU College of eLearning & Extended Education at 826-3731 or visit www.humboldt.edu/fundraisingcertificate. (L-1008)

TOOLS FOR BIG GIFTS. Learn methods and strategies for developing capital campaigns and planned giving for your nonprofit organization. With Guiamar Hiebert and Melissa Hooen. Meets online Oct. 19-Nov. 13. Fee: \$195. To enroll, call HSU College of eLearning & Extended Education at 826-3731 or visit www.humboldt.edu/fundraisingcertificate. (L-1008)

50 and Better

OSHER LIFELONG LEARNING INSTITUTE (OLLI). Offers dynamic classes for people age 50 and over. Call 826-5880 or visit www.humboldt.edu/olli to register for classes (O-1225)

A FRAMEWORK FOR JUDGING THE U.S. SUPREME COURT. With JeDon Emenhiser. Mondays, Oct. 19-Nov. 2 from 3-5 p.m. To promote informed discussion and democratic deliberation, this class - with the assistance of the instructor - will develop a framework combining the policy results and legal arguments of several current cases, including Obergefell, King, Zivotofsky, and Hobby Lobby. OLLI Members \$55/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-1001)

DRAW, SKETCH, PAINT ON YOUR IPAD. With Iris Schencke. Saturdays, Oct. 17 & 24 from 1-5 p.m. Do something really creative and fun with your iPad using the innovative app Procreate. OLLI Members \$45/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-1008)

GUIDED IMAGERY FOR CHRONIC PAIN. With Kerima Furniss. Tues., Oct. 13 & 20 from 6:30-8:30 p.m. Discover how to use imagery for pain management and to support family and friends during stress or injury. OLLI Members \$45/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-1008)

HARDWIRING HAPPINESS: THE NEW BRAIN SCIENCE OF CONTENTMENT, CALM & CONFIDENCE. With Marilyn Montgomery. Thursdays, Oct. 15-Nov. 5 from 2-4 p.m. Discover the neuroscience of happiness and different practices and meditations for unlocking the hidden power of everyday experiences to build new neural structures. OLLI Members \$65/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-1008)

LIGHTENING YOUR LOAD: HOW TO LET GO OF YOUR STUFF AND LIVE MORE FREELY. U. With Louisa Rogers. Wednesday, Oct. 21 from 2-4 p.m. Discover creative options for how to pare down your possessions, including furniture, tools, journals, photographs, music, family heirlooms, and more. OLLI Members \$25/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-1015)

LIVING WITH BIRDS IN YOUR HOME GARDEN. At the Humboldt Botanical Garden with Terry Kramer. Monday, Oct. 12 from 10 a.m.-12 p.m. Learn to make a bird-friendly garden using water and bird baths, as well as landscaping with flowers, shrubs and trees. OLLI Members \$30/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-1008)

MAKE YOUR HOBBY PAY FOR ITSELF: STARTING A HOME CRAFTING BUSINESS IN HUMBOLDT. With Rima Greer. Friday, Oct. 16 from 10 a.m.-1 p.m. Learn quick and easy steps for setting up a crafting business in Humboldt. Pay less for your materials, figure your pricing, and get great low-cost tips for getting the word out. OLLI Members \$35/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-1008)

TAI CHI MADE EASY. WITH GLENDA HESSELTINE. Mondays, Oct. 19-Nov. 23 from 3-4:30 p.m. Learn a short version of Tai Chi made up of simple, smooth, circular movements designed to stretch, limber, tone and strengthen the body. OLLI members \$70/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-1015)

THE GAMES PEOPLE PLAY. With Jayne McGuire. Thursday, Oct. 15 from 1-4 p.m. Discover the wildly popular games of bocce and pickle ball through this interactive workshop. No prior experience necessary. Larson Park, Arcata. OLLI Members \$10/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-1001)

THE HISTORY OF HUMBOLDT COUNTY IN 120 MINUTES. New date added: Saturday, Oct. 24 from 1-3 p.m. (Oct. 17 date sold out). Get hooked on Humboldt County history with Jerry & Gisela Rohde. Discover the county's people, places, and events. OLLI Members \$10/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-1008)

TWO PROGRESSIVE PRESIDENTS: THEODORE ROOSEVELT AND WOODROW WILSON. With Donald Murphy. Thurs., Oct. 15-Nov. 5 from 10 a.m.-12 p.m. Explore the substance and style of these dynamic, innovative presidents, their leadership, achievements and failures. OLLI Members \$65/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-1008)

WORLDS OF ROCK AND ICE: AN ADVENTURER'S GUIDE TO THE SOLAR SYSTEM. With Mark Bailey. Tuesdays, Oct. 13-Nov. 10 from 4-6 p.m. Explore planets, asteroids, comets, and other objects zipping around in our solar system. Examine the spacecraft that have visited these bodies, how they did it, what is planned for the future. OLLI Members \$80/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-1008)

WRITING BOOKS FOR CHILDREN. With Michael Elsohn Ross. Sunday, Oct. 18 from 10 a.m.-4 p.m. Discover the wide variety of styles and formats of current books, and pick up some useful writing and publishing tools. OLLI Members \$55/all others add \$25 non-member fee. For more information call OLLI: 826-5880 or visit us online at www.humboldt.edu/olli (O-1015)

Spiritual

UNITY OF THE REDWOODS. Join us at Unity Church of the Redwoods, where love is felt, truth is taught, lives are transformed, and miracles happen. Services begin each Sun. at 11 a.m. 1619 California St., Eureka. Please stay for snacks and conversation after service. (707) 444-8725 (message), www.unityoftheredwoods.org (S-1029)

ARCATA ZEN GROUP MEDITATION. Beginners welcome. **ARCATA:** Sunday 7:55 a.m., Trillium Dance Studio, 855 8th St (next to the Post Office). Dharma talks are offered two Sundays per month at 9:20 a.m. following meditation. For more info. call (707) 826-1701 or visit arcatazengroup.org **EUREKA:** Wed's, 5:55 p.m., First Methodist Church, 520 Del Norte St., enter single story building between F & G on Sonoma St, room 12. For more info. call (707) 845-8399 or visit barryevans9@yahoo.com . (S-1224)

AWAKENING THE HEART WITH SHUBA & CHI (SHARON & GARY) AT OM SHALA YOGA! Join us for an event of high-energy activation and transformation! Experience a personal Heart opening Activation, energy exercises and awaken to your empathic compassionate self. Sunday, October 18, 1:00-4:00pm. Sign up by visiting www.OmShalaYoga.com/workshops or by calling or visiting the studio. 707-825-YOGA(9642) or 858 10th St, Arcata. (S-1008)

HUMBOLDT UNITARIAN UNIVERSALIST FELLOWSHIP. We are a diverse congregation welcoming all people. Our mission is to promote personal and spiritual growth as well as a peaceful, sustainable, and socially just world. Services at 9am and 11am on Sunday. Child care is provided at 9am. Childrens religious education is at 11am. 24 Fellowship Way, off Jacoby Creek Rd., Bayside. (707) 822-3793, www.huuf.org. (S-1029)

KDK ARCATA BUDDHIST GROUP. Practice Tibetan Meditation on Loving-Kindness and Compassion in the Kagyu tradition, followed by a study group. Sun's., 6 p.m. Community Yoga Center 890 G St, Arcata. Contact Lama Nyugu (707) 442-7068, Fierro_roman@yahoo.com, www.kdkarcatagroup.org (S-1029)

SPIRIT TALK WITH REV. DIANE. All are welcome to join Rev. Diane Decker, Minister of Religious Science, for Science of Mind Spiritual Discussion, Meditation and Affirmative Prayer. Gathering every Mon. 7 p.m.-8 p.m., Isis Suite 48, Sunny Brae Center. Donations welcome. (707) 502-9217 (S-1029)

TAROT AS AN EVOLUTIONARY PATH. Classes in Eureka, and Arcata. Private mentorships, readings. Carolyn Ayres. 442-4240 www.tarotofbecoming.com (S-1029)

TRANSMISSION MEDITATION Wednesdays 6-7pm Isis Osiris Healing Temple 44 Sunny Brae Ctr, Arcata TransmissionMeditation.org 707-681-9970 (S-1210)

Therapy & Support

ALCOHOLICS ANONYMOUS. We can help 24/7, call toll free 1-844 442-0711. (T-1029)

FREE DEPRESSION SUPPORT GROUP. Walk-in support group for anyone suffering from depression. Meet Mon's 6:30 p.m.-7:45 p.m., at the Church of the Joyful Healer, McKinleyville. Questions? Call (707) 839-5691. (TS-1029)

SEX/ PORN DAMAGING YOUR LIFE & RELATIONSHIPS? Confidential help is available. 825-0920, saahumboldt@yahoo.com or (TS-1029)

SMOKING POT? WANT TO STOP? www.marijuana-anonymous.org (T-0421)

Vocational

BILINGUAL FRONTLINE CUSTOMER SERVICE

Saturday, October 24th, 2015, 9:00am - 3:00pm, \$155. This course will outline the necessary basics for superior frontline customer service. With an excellent bi-lingual instructor, the course will also role-play quality solutions for common conflicts and miscommunications in the English to Spanish or Spanish to English formats in customer service. Contact Community Education at 707-476-4507 for information (C-1008)

NOTARY TRAINING. This one-day seminar for new and renewing notaries provides the practical training needed to pass the comprehensive exam required for all California Notaries. Monday, Nov. 23, 8 a.m.-4 p.m. (exam follows at 4 p.m.) Fee: \$120 plus additional for live scan, photo and exam. With James Negrete. Register by Oct. 26. To enroll, call HSU College of eLearning & Extended Education at 826-3731 or visit www.humboldt.edu/extended/notary. (V-1015)

PUBLIC ENGAGEMENT: THE VITAL LEADERSHIP SKILL.

This practical and participatory seminar is designed for anyone who wants to be more effective in engaging the public in addressing tough issues. With Pete Peterson, Carol Rische, Mary Gelinas and Roger James. Thursday, October 22, 9 a.m.-12 p.m. Fee: \$95. To enroll, call HSU College of eLearning & Extended Education at 826-3731 or visit www.humboldt.edu/extended. (V-1008)

REAL ESTATE SALES TRAINING starts Oct 20th call College of the Redwoods Community Education for information 707-476-4500 (V-0820)

TRUCK DRIVING TRAINING PROGRAM at College of the Redwoods starts November 9th call us at 707-476-4503 for information funding and financing information available (V-1008)

Wellness & Bodywork

ARCATA SCHOOL OF MASSAGE IS NOW ENROLLING FOR OUR 650-HOUR PROGRAM. Starts Sept. 1, 2015. It is a Morning Program that meets Mon.- Fri., 9 a.m. - 1 p.m. Training is based in mindfulness, compassion, and many therapeutic massage modalities. Visit arcatamassage.com for complete course descriptions and information. (W-0128)

KRIPALU YOGA CLASSES IN FORTUNA AT THE LUCKY HEART SHOP. 591 Main St. Yoga for Beginners Mon. 8am-9:30am, Intermediate Class Sat. 9:00am-0:30am. More info Contact Takasha 707-682-8080 or theluckyheartshop@gmail.com. (W-1231)

200 HOUR YOGA TEACHER TRAINING WITH JANINE MELZER AT OM SHALA YOGA. This is a 200-hour Level One certification program designed for serious students of yoga who want to deepen their practice as well as for those students who wish to become certified yoga teachers. Participants who fulfill attendance and homework requirements will earn a certificate of completion and be eligible for Yoga Alliance certification. October 16 - April 3 More information at www.OmShalaYoga.com/teacher-trainings or by calling or visiting the studio. 707-825-YOGA(9642) or 858 10th St. Arcata. (W-1008)

DANDELION HERBAL CENTER CLASSES WITH JANE BOTHWELL. Dandelion Herbal Center classes with Jane Bothwell. Festival of Herbs: Visiting Teachers Series. Dec. 2015 - May 2016. Meets the 1st weekend of the month for intermediate to advanced herb students and health care practitioners. Learn from renowned herbalists: Rosemary Gladstar, Christopher Hobbs, Amanda McQuade-Crawford, Kevin Spelman, Kathleen Harrison and Jessica Baker! Beginning with Herbs. Jan. 13 - March 9, 2016, 8 Wed. evenings. Learn medicine making, herbal first aid, and herbs for common imbalances. Medicinal Cannabis Conference. April 23-24, 2016. Presenters are international, national and local experts that will utilize substantiated research and experience to advance your knowledge base on Cannabis to the next level! Register online www.dandelionherb.com or call (707) 442-8157. (W-1203)

MEDITATION INTENSIVE WITH VENERABLE KHENPO UGYEN WANGCHUK AT OM SHALA YOGA! Learn the basics of establishing a daily meditation practice under the guidance of an authentic master. This will be a one day meditation intensive, instruction and practice. Don't miss this opportunity to make a connection with our local buddhist monk. Saturday, October 17, 1:00-6:00pm Sign up by visiting www.OmShalaYoga.com/workshops or by calling or visiting the studio. 707-825-YOGA(9642) or 858 10th St, Arcata. (W-1008)

JIN SHIN JYUTSU SELF-HELP CLASSES. Learn what this ancient way of balancing energy with gentle touch is, and how to do it for yourself to enhance your health, comfort and peace of mind. Third Sundays, July thru December, 10am. to 1p.m. \$30 per class or \$150 for all six classes. Attend one, some, or all. July 19, Aug. 16, Sept. 20, Oct. 18, Nov. 15, Dec.20, at the Arcata Wellness Center, 735 12th St., Arcata. Taught by Denny Dorsett RN, Jin Shin Jyutsu practitioner and self-help instructor. Call 707 825-0824 for information and pre-registration, or drop in, space allowing. (W-1217)

MOTHER & FATHER TANTRA WITH VENERABLE KHENPO UGYEN WANGCHUK AT OM SHALA! Learn about Mother Tantra; the role of the Dakini and feminine principle in Vajrayana Buddhism, and Father Tantra; Great Masters, Siddhas, and Tertons of the Tibetan Buddhist Nyingma Lineage. Don't miss this opportunity to make a connection with our local buddhist monk. Weekend of October 10-11, 2:30-4:30pm Sign up by visiting www.OmShalaYoga.com/workshops or by calling or visiting the studio. 707-825-YOGA(9642) or 858 10th St, Arcata. (W-1001)

SOOTHING YOUR INNER CRITIC WITH LORI SNYDER AT OM SHALA YOGA! Through lecture, discussion, journaling, breathwork, conscious movement, mindfulness, and compassion practices, this workshop offers tools aimed at soothing and taming your inner critic...and maybe even making it your friend. Saturday, October 10, 7:00-9:00pm. Sign up by visiting www.OmShalaYoga.com/workshops or by calling or visiting the studio. 707-825-YOGA(9642) or 858 10th St, Arcata. (W-1008)



Would you like to move beyond habitual patterns of relating - feel more alive, spontaneous & connected? Growth & healing mean a greater capacity to meet inner & outer challenges with courage & compassion, but we have to show up, hone our skills & face the change that is needed.

Five Monday Evenings Oct. 19th through Nov. 16th

Humboldt Coastal Nature Center, Manila
6:30-9:15 p.m.

Cost: \$120 until Oct. 13th, \$135 thereafter



BeingRealNow.org
707 445-2437

Christine Fiorentino & T Proctor are the founders of Being Real - Being Embodied. They facilitate groups & individuals toward outer expression of inner realization.

YOGA IN FORTUNA THURS 9:30AM - 10:45AM W/LAURIE BIRDSONG. Multigenerational Center 2280 Newburg Rd. Breathe, stretch, strengthen the body, calm the mind. All levels. \$11 drop-in or 6 class pass \$57. Scholarships avail. info Laurie 362-5457 (W-1029)

HEY, BANDS.

Submit your gigs online at
www.northcoastjournal.com

Falling for Color Workshop

Sat., Oct. 10th 10:30 am
Free to attend

*An introduction to common
and not so common plants for
interesting and colorful fall
combinations.*



- After workshop create your own fall planter
- Choose your own plants and containers (bring your own or browse our selection)

Miller Farms

839-1571

1828 Central Ave. McKinleyville
Open Mon.-Sat.
8:30 to 5:30





Hum Plate Blog

Devouring Humboldt's best kept food secrets.

www.northcoastjournal.com/HumPlate

Have a tip?
[Email jennifer@northcoastjournal.com](mailto:jennifer@northcoastjournal.com)





PUBLIC SALE

NOTICE IS HEREBY GIVEN that the undersigned intends to sell the personal property described below to enforce a lien imposed on said property pursuant to Sections 21700 -21716 of the Business & Professions Code, Section 2328 of the UCC, Section 535 of the Penal Code and provisions of the civil Code.

The undersigned will sell at public sale by competitive bidding on the 14th of October, 2015, at 9:00 AM, on the premises where said property has been stored and which are located at Rainbow Self Storage.

The following units are located at 4055 Broadway Eureka, CA, County of Humboldt.

Margaret Martinez, Unit # 5224
Bernice Robertson-Tully, Unit # 5301
Antonio Waller, Unit # 5334

The following units are located at 639 W. Clark Street Eureka, CA, County of Humboldt and will be sold immediately following the sale of the above units.

None

The following units are located at 3618 Jacobs Avenue Eureka, CA, County of Humboldt and will be sold immediately following the sale of the above units.

Shonquinta Jones, Unit # 1312
S. Odilia Goff, Unit # 1506

The following units are located at 105 Indianola Avenue Eureka, CA, County of Humboldt and will be sold immediately following the sale of the above units.

Kathryn Rockey, Unit # 351
Lauren Hopkins, Unit # 409
Gloria Stangeland, Unit # 448

The following units are located at 1641 Holly Drive McKinleyville, CA, County of Humboldt and will be sold immediately following the sale of the above units.

Jacqueline Anderson, Unit # 1103
Jacob Lyle, Unit # 3210
Matthue Langer-Roberts, Unit # 3241
Adrian Burnett, Unit # 3248
Gary Titus, Unit # 7228
Brandon Hux, Unit # 8112
Anna Lowe, Unit # 8115

The following units are located at 2394 Central Avenue McKinleyville CA, County of Humboldt and will be sold immediately following the sale of the above units.

Stacie Lynch, Unit # 9410
Teresa Cengia, Unit # 9533
Jeffrey Ray, Unit # 9537
Ronald Bondsalisbury, Unit # 9555

The following units are located at 180 F Street Arcata CA, County of Humboldt and will be sold immediately following the sale of the above units.

Christopher Allert, Unit # 4020
Harlan Leroux, Unit # 4111
Kara Belz, Unit # 4369
Daniel Phillips, Unit # 4386
Gregory Marcus, Unit # 4539
Brian Davis, Unit # 6152
Brett Chambers, Unit # 6204
Anthony Ashley, Unit # 6213
Timothy Still, Unit # 7097

The following units are located at 940 G Street Arcata CA, County of Humboldt and will be sold immediately following the sale of the above units.

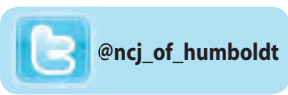
Carl Partee, Unit # 6412

Items to be sold include, but are not limited to:
Household furniture, office equipment, household appliances, exercise equipment, TVs, VCR, microwave, bikes, books, misc. tools, misc. camping equipment, misc. stereo equip. misc. yard tools, misc. sports equipment, misc. kids toys, misc. fishing gear, misc. computer components, and misc. boxes and bags contents unknown. Purchases must be paid for at the time of the sale in cash only. Anyone interested in attending the auction must sign in at 4055 Broadway Eureka CA. prior to 9:00 A.M. on the day of the auction, no exceptions. All purchase items sold as is, where is and must be removed at time of sale. Sale is subject to cancellation in the event of settlement between owner and obligated party. Auctioneer: Rainbow Self-Storage, 707-443-1451, Bond # 40083246.

Dated this 1st day of October, 2015 and 8th day of October, 2015

PUBLIC NOTICE

The Arcata (Elementary) School District Board of Trustees is currently seeking persons interested in filing for a position as school trustee. Such a vacancy was created by the resignation of current trustee effective 7/28/2015 (1 vacancy). The newly appointed trustees will serve until the next school district elections held in November 2019. Persons interested in this position must be at least 18 years of age and residents of the Arcata School District. Interested persons should submit a concise letter stating reasons for wishing to serve on the Board of Trustees and giving general background information. Letters delivered to the Arcata School District Office at 1435 Buttermilk Lane, Arcata are accepted through 4:00 p.m. to Friday, October 30, 2015. We encourage you to contact Barbara Short, D. Ed, Superintendent, at 822-0351 for more information.



FICTITIOUS BUSINESS NAME STATEMENT 15-00551

The following person is doing Business as **WIZARDS OF PLAY** Humboldt, 5367 Brannan Mountain Road, Willow Creek, CA 95573
PO Box 251, Willow Creek, CA 95573
Bede N. Steenblock Smith
5367 Brannan Mt. Rd., Willow Creek, CA 95573
Denise R. Steenblock Smith
5367 Brannan Mt. Rd., Willow Creek, CA 95573
The business is conducted by A Married Couple.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Denise Steenblock Smith, Owner
Bede N Steenblock Smith, Owner
This statement was filed with the County Clerk of Humboldt County on September 30, 2015
KELLY E. SANDERS
Humboldt County Clerk
By: L. Holman

FICTITIOUS BUSINESS NAME STATEMENT 15-00515

The following person is doing Business as **WOLFE PROPERTY MANAGEMENT/HUMBOLDT** Humboldt, 5460 Ericson Way, Arcata, CA 95521
Mark V. Nelson
830 Bayside Rd., Arcata, CA 95521
The business is conducted by An Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Mark Nelson, Broker
This statement was filed with the County Clerk of Humboldt County on September 1, 2015
KELLY E. SANDERS
Humboldt County Clerk
By: A. Abrams

10/1, 10/8, 10/15, 10/22 (15-210)

FICTITIOUS BUSINESS NAME STATEMENT 15-00527

The following person is doing Business as **HUMBOLDT EVENT LIGHTING AND SERVICES** Humboldt, 125 Patricia Lane, Willow Creek, CA 95573
PO Box 1402, Willow Creek, CA 95573
Ramone J Mullen
125 Patricia Lane, Willow Creek, CA 95573
The business is conducted by An Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Ramone Mullen, Owner
This statement was filed with the County Clerk of Humboldt County on September 11, 2015
KELLY E. SANDERS
Humboldt County Clerk
By: A. Abrams

10/8, 10/15, 10/22, 10/29 (15-211)

FICTITIOUS BUSINESS NAME STATEMENT 15-00532

The following person is doing Business as **WOMAN WITHIN WESTERN USA** Humboldt, 1579 13TH St., Arcata, CA 95521
Women Worldwide-West Coast, Inc.
CA C2046778
1579 13th St, Arcata, CA 95521
The business is conducted by A Corporation.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Beth Shipley, Treasurer
This statement was filed with the County Clerk of Humboldt County on September 17, 2015
KELLY E. SANDERS
Humboldt County Clerk
By: S. Carns

9/24, 10/1, 10/8, 10/15 (15-205)

FICTITIOUS BUSINESS NAME STATEMENT 15-00542

The following person is doing Business as **WIND IN THE WILLOWS PRESCHOOL** Humboldt, 2900 Harris St., Eureka, CA 95503
Elizabeth K. Schultz
3145 Oregon St., Eureka, CA 95503
The business is conducted by An Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Elizabeth K Schultz, Owner
This statement was filed with the County Clerk of Humboldt County on September 21, 2015
KELLY E. SANDERS
Humboldt County Clerk
By: A. Abrams

10/1, 10/8, 10/15, 10/22 (15-206)

FICTITIOUS BUSINESS NAME STATEMENT 15-00531

The following person is doing Business as **ROMAN'S KITCHEN** Humboldt, 681 I St., Arcata, CA 95521
Valeriano A Mendes Linares
715 Rigby St, Rio Dell, CA 95562
The business is conducted by An Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Valeriano Andres Mendes L, Owner
This statement was filed with the County Clerk of Humboldt County on September 16, 2015
KELLY E. SANDERS
Humboldt County Clerk
By: M. Morris
9/24, 10/1, 10/8, 10/24 (15-204)

9/24, 10/1, 10/8, 10/15 (15-204)

FICTITIOUS BUSINESS NAME STATEMENT 15-00539

The following person is doing Business as **WELL DONE GUTTERS** Humboldt, 123 Ash St., Rio Dell, CA 95562
Zachariah B Shafer
123 Ash St., Rio Dell, CA 95562
The business is conducted by An Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Zachariah Shafer, Owner
This statement was filed with the County Clerk of Humboldt County on September 21, 2015
KELLY E. SANDERS
Humboldt County Clerk
By: S. Carns

9/24, 10/1, 10/8, 10/15 (15-206)

FICTITIOUS BUSINESS NAME STATEMENT 15-00496

The following person is doing Business as **NORTH COAST LED** Humboldt, 3101 Concorde Dr Ste D McKinleyville, CA 95519
John F Vogelpohl
3101 Concorde Dr Ste D, McKinleyville, CA 95519
The business is conducted by An Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s John F Vogelpohl, Owner
This statement was filed with the County Clerk of Humboldt County on August 25, 2015
KELLY E. SANDERS
Humboldt County Clerk
By: M. Morris

9/17, 9/24, 10/1, 10/8 (15-201)

HAPPY HOUR FINDER • FREE DOWNLOAD

 **NCJ Cocktail Compass**

SUBMIT your CALENDAR EVENTS **OR BY** **ONLINE** **E-MAIL**
northcoastjournal.com | calendar@northcoastjournal.com



United Indian Health Services, Inc.

Request for Proposal Announcement

UIHS invites the submission of a Proposal from qualified persons for the purpose of creating a complete inventory and determining fair market value of the UIHS Cultural Collection.

A Statement of Work is available by contacting the Executive Office at Potawot Health Village, 1600 Weeot Way, Arcata, CA (707) 825-5000

Prior to the submittal of the Proposal an informational meeting will be held at Potawot Health Village on **Monday, October 12, 2015 at 4:00pm.**

Written proposals for this project must be submitted by **Monday, October 19, 2015 by 4:00pm.**

Serving the Native American Community since 1970. In accordance with PL 93-638 American Indian Preference shall be given.



Certified Candidates

November 12, 2015 Election

UIHS Election Committee approved the List of Certified Candidates on August 28, 2015 in accordance with UIHS Election Policy.

- Area 1:** In and around Del Norte County
Fern Bates
LaWanda Quinnell
Charlene Storr
- Area 2:** In and around Orick, Trinidad, McKinleyville, and Blue Lake
Gary Markussen, Sr.
Eunice Oquist
Lisa Sundberg
- Area 3:** In and around Arcata, Eureka, Table Bluff, and all points south (within Humboldt County)
Lorna Stanley (unopposed)
- Area 4:** In and around Hoopa and Willow Creek
No Candidates
- Area 5:** In and around Weitchpec, Johnson's and Orleans
No Candidates

No Contest

Ordinary vs. Safety

By Barry Evans

fieldnotes@northcoastjournal.com

If you'd been on the streets of London, Paris or New York in the late 1880s, you'd have seen two types of bicycle: the "Ordinary," or penny-farthing, and the "Safety." By 1895, the Ordinary had virtually disappeared and the Safety, looking very much like the regular "diamond frame" bike you see around town today, was everywhere. In addition to opening up the world of cycling to men who had previously been intimidated, the Safety bike broke what had been a male-only gender barrier. "A sudden desire awoke in the feminine mind to ascertain for itself, by personal experience, those joys of the two-wheeler," wrote a correspondent to *The Wheel* magazine in 1888. By the early 1890s, one third of riders were women.

The Ordinary was a challenge, and not just to ride, since mounting and dismounting demanded the skills of a gymnast. In use, riders sat high over 4-foot-plus diameter front wheels, legs perilously close to the spokes, every pothole and obstacle on the dirt roads of the day portending a header over the handlebars. Safety bikes changed all that: Smaller wheels (made possible by a chain drive coupling a large pedal-driven front sprocket to a smaller rear-wheel sprocket) brought the rider much closer to the ground, with legs now clear of the wheels. Most importantly, hitting an obstacle didn't automatically result in a precipitous tumble.

The Safety's smaller wheels gave it a harder ride compared to the Ordinary, but the invention of the pneumatic tire by a Scottish veterinarian, John Dunlop, soon took care of that. Within a few years of its introduction in Coventry, England, in 1885, John Kemp Starley's "Rover Safety Bicycle" looked very much like most bikes of today with a low twin-triangle diamond frame; comparatively small diameter spoked wheels, rear wheel chain drive and a sprung and padded saddle. Other refinements followed: the freewheel (invented in 1869); clipless pedals (patented in 1895)



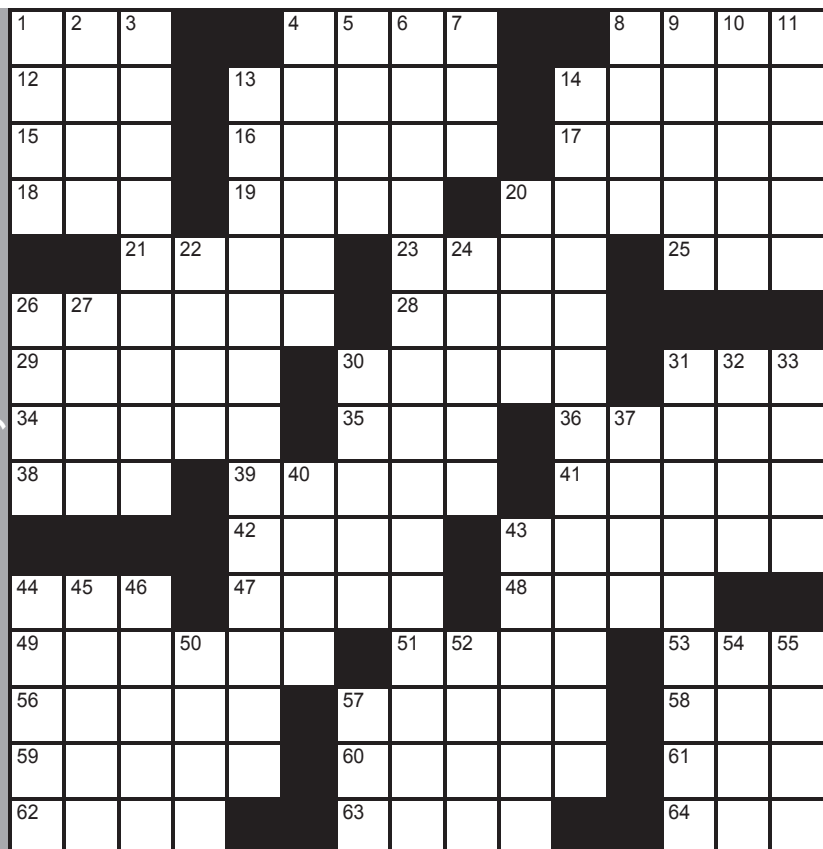
Tim Dawson's restored 1887 Rover Safety Bicycle, details at vintagebicycle.wordpress.com. (Used with permission).

and the derailleur gear shift (patented in 1868). The popular three-speed Sturmey-Archer internal hub dates to 1902.

The restored 1887 Rover in the photo with its 36- and 30-inch solid rubber wheels is an intermediate design; still to come is a tube between the saddle and pedals to complete the diamond frame, and pneumatic tires on same-size wheels. With its low center of gravity, it's easy to see why the Safety quickly superseded the Ordinary, since it was much easier to get on and off, and accidents were few and comparatively minor. Best yet, women either in skirts or "bloomers" (styled on Turkish pantaloons) were as adept as men in riding the new bikes. Susan B. Anthony was unequivocal in her praise of the new machines. In an 1895 interview, she said that the [Safety] bicycle "has done more to emancipate women than anything else in the world. It gives women a feeling of freedom and self-reliance."

The older Safety bicycles were remarkably effective and with subsequent improvements, today's best bikes achieve an astonishing 98 percent efficiency; 100 calories gets you 300 feet in a car or three miles on a good bike. That goes a long way to explaining why there are more than a billion bikes in the world. ●

Barry Evans (barryevans9@yahoo.com) has seen the future, and it's commuters on lightweight, 20-inch wheel, folding bikes.



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QUIET DOWN

ANSWERS NEXT WEEK!

ACROSS

1. Fire _____
4. Toasty
8. Birds appearing on Australia's 50 cent coins
12. Part of FWIW
13. Spanish response to a sneeze
14. Online singles service that features a synagogue directory
15. Gate posting, for short
16. Garlic _____
17. Helped supply a sushi restaurant, say
18. Director Anderson
19. Part of a foot
20. Shop shelter
21. Sharpen
23. Native American tribe with a rain

- dance
25. Suffix with hex-
26. Rubbish holder
28. Pulls (out)
29. "_____ me!"
30. Keep from spreading, as a rumor
31. Proof-ending letters
34. Add _____ of salt
35. Address found online
36. French word before cuisine or couture
38. Piehole
39. Very funny happenings
41. Chilling, as Champagne
42. Subj. for Galileo
43. Most bummed
44. Petting zoo sound
47. Carla player on "Cheers"

48. "Norma Rae" director Martin
49. Serengeti boulder
51. Supply, as paper to a copier
53. Drops on the field?
56. "Death Be Not Proud" poet
57. "It's not my cup _____"
58. Prospector's find
59. Bedtime story?
60. Upscale
61. Mich. neighbor
62. Some Senate votes
63. _____-deucy
64. Safety measure

DOWN

1. Several
2. _____ to self
3. It's a huge load of garbage
4. Earl of the U.S. Supreme Court

5. Baldwin of "30 Rock"
6. It may be bumper-to-bumper
7. Diagnosis deliverers: Abbr.
8. Trouble-free place
9. Obama who toured colleges in 2015
10. Knoxville sch.
11. Swamp plant
13. "There is a rose" in this neighborhood in a 1960 hit song
14. Passover, for one
20. Complex units: Abbr.
22. Geishas' wear
24. Milky gems
26. On vacation
27. Baking _____
30. "And I _____"
31. "Use your inside voice!" (or a hint to this puzzle's theme)
32. List-ending abbrs.
33. Insect repellent ingredient
37. "What are you, some kind of _____?"
40. Workplace welfare org.
43. Light, as a conversation
44. Fussbudget
45. Love, Italian-style
46. Problem in bed, for some
50. TV's Ortiz and Gasteyer
52. Suffix with major
54. Spooky-sounding Pennsylvania city
55. Pioneer's direction
57. Pop star Rita whose last name is the title of her 2012 debut album

LAST WEEK'S ANSWERS TO LEGROOM

H	E	M	T	A	N	F	O	R	F	R	E	E
A	M	O	B	R	O	I	B	E	R	I	A	N
R	M	N	S	A	M	L	O	V	E	B	U	G
A	I	R	S	B	A	T	T	L	E	D		
S	T	O	U	T	D	O	H	A	E	R	E	O
S	T	E	V	E	N	S	P	I	E	L	B	E
		S	R	A	D	E	N	B	E	A	R	
F	B	I	M	A	Y	O	R	A	L	S	T	E
O	U	S	T	C	O	L	M	Y	A			
Y	O	U	R	E	P	U	L	L	I	N	G	M
T	Y	P	E	D	D	A	T	N	U	O	V	A
		E	M	B	A	R	G	O	A	U	E	L
L	E	G	R	O	O	M	O	R	B	S	T	P
A	R	I	A	N	N	A	V	E	E	E	T	A
L	A	S	T	D	O	N	S	O	N	R	E	D

su | do | ku

© Puzzles by Pappocom

EASY #55

		5			6		
3			5	1			2
4	7					8	3
2			8	4	3		6
		7				9	
8			7	9	5		1
1	9					3	4
6			9	2			5
		8			2		

www.sudoku.com

Employment

Opportunities

AIRLINE CAREERS begin here - Get started by training as FAA certified Aviation Technician. Financial aid for qualified students. Job placement assistance. Call Aviation Institute of Maintenance 800-725-1563 (AAN CAN)

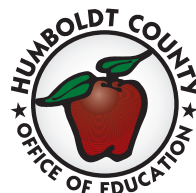
AIRLINE CAREERS. Start here - If you're a hands on learner, you can become FAA Certified to fix jets. Job placement, financial aid if qualified. Call AIM 800-481-8389. (E-1008)

AMERICAN STAR PRIVATE SECURITY. Is Now Hiring. Clean record. Drivers license required. Must own vehicle. Apply at 922 E Street, Suite A, Eureka (707) 476-9262. (E-1231)

BUSINESS PARTNER WANTED Limited listing! seeking motivated individual for a retail jewelry business in Humboldt County. Profit-sharing!! humboldtjewelry@icloud.com



CASE MANAGER Arcata House Partnership is seeking a Case Manager to help homeless adults overcome barriers to housing. To apply or learn more, please send a letter of interest and a resume to shelley990@suddenlink.net.



EDUCATION: EQUAL OPPORTUNITY TITLE IX

For jobs in education in all school districts in Humboldt County, including teaching, instructional aides, coaches, office staff, custodians, bus drivers, and many more. Go to our website at www.humboldt.k12.ca.us and click on Employment Opportunities. Applications and job flyers may be picked up at the Personnel Office, Humboldt County Office of Education 901 Myrtle Ave, Eureka, or accessed online. For more information call 445-7039. (E-0625)



The City of Rio Dell
is now accepting applications for

POLICE OFFICER
(\$41,823 to \$56,957 + Benefits)
Entry level or lateral - general
uniformed police work.

UTILITY WORKER I

(\$10.00 per hour, Part-Time
Temporary through January 2016)
Entry level assignments of outdoor labor
maintaining city property and streets.

Applications may be obtained at
675 Wildwood Avenue, www.riodellcity.com
or call (707)764-3532.

Applications for both positions are due by
5 pm on October 9, 2015.

YUROK TRIBE JOB OPENINGS

YUROK LANGUAGE TEACHER AIDE

FT/RG KLAMATH \$13.76-\$17.90 OUF

HEAD START TEACHER

FT/RG KEPEL \$35,896-\$47,964 OUF

CERTIFIED SUBSTANCE ABUSE COUNSELOR

KLAMATH/EUREKA \$21.20-\$27.56 OUF

FISHERIES BIOLOGIST I

FT/RG WEITCHPEC \$19.15-\$27.56 OUF

JET BOAT CAPTAIN TEMP

KLAMATH/WEITCHPEC \$21.20 OUF

CHILD AND FAMILY SERVICE MANAGER

FT/RG KLAMATH \$48,871-\$69,969 OUF

CHILD CARE TEACHER AIDE

FT/RG EUREKA \$14.17-\$18.44 OUF

ADMIN RECEPTIONIST

TEMP/ON-CALL KLAMATH \$12.31-\$13.81 OUF

ACCOUNTANT

FT/RG KLAMATH \$44,249-\$69,969 OUF

FORESTRY TECH II

3 POSITIONS FT/RG KLAMATH \$12.31 OUF

FORESTRY TECH III

FT/RG KLAMATH \$15.45-\$20.09 OUF

JOM TUTOR 2 POSITIONS

EUREKA/WEITCHPEC \$12.31 OUF

TRANSIT VAN/BUS OPERATOR

FT/RG KLAMATH \$15.45 OUF

DOCSTAR CLERICAL

FT/RG KLAMATH \$12.31 FF DATE 10/9/15

TANF CASEWORKER TEMP

WEITCHPEC \$15.45/\$17.23/\$19.15 OUF

TANF CASE AIDE TEMP

EUREKA \$13.81-\$17.95 OUF

SENIOR FISH BIOLOGIST

FT/RG KLAMATH \$59,130-\$92,134 OUF

METH PREVENTION SPECIALIST

FT/RG KLAMATH \$19.15-\$24.88 FF DATE 10/7/15

TRIBAL WARDEN

FT/RG KLAMATH/WEITCHPEC \$16.38 FF DATE 10/7/15

All positions require a completed Yurok Tribe application. Any questions please call (707) 482-1350 ext. 1376 or log onto www.yuroktribe.org. Join us on Facebook: www.facebook.com/yuroktribehumanresources



Planned Parenthood has the following position currently available at our Eureka Health Center.

FT & PT Reproductive Health Specialist II

These are non-exempt Part-Time 32 hours/wk & Full-Time 40 hours/wk positions that include weekends and Saturdays as needed. Salary \$13-\$15/hour + bilingual pay. Send resume and 3 references to careers@ppnorcal.org.



Planned Parenthood has the following position currently available at our Eureka Health Center.

Full-time Center Director III

The Center Director has direct oversight for the overall development, management, and supervision of center staff and services at the designated health center site. This is an exempt, FT position, working 40 hours/wk including evenings and Saturdays as needed.

Salary is DOE Send resume, cover letter and 3 references to careers@ppnorcal.org



sequoiapersonnel.com
2930 E St., Eureka, CA 95501
(707) 445.9641

**General Laborers • Medical Assistant • OB Nurse
Geotechnical Engineer • CPA • Prep Cook
Outside Sales • Diesel Mechanic
Janitorial Workers • Construction Proj. Manager
Medical Scheduler • OSHA Safety Supervisor
Carpenters • Receptionist • Painter
Class or B Driver • Direct Sales Representative
Caregiver • Property Maintenance
Activity Assistant • Business Analyst**



The Hoopa Valley Tribe is accepting applications to fill the following vacant position

Assistant Editor/ Lead Writer:

Two Rivers Tribune; Salary: DOE; Temp. F/T; work hours 40 hr./per week (DOE). Responsible for composing 4-6 newspaper articles per week. Coordinates stories, maintain communication with staff. Qualifications: Bachelor's degree in journalism or related field. Knowledge of Microsoft Office, Adobe Photoshop and Adobe Indesign is essential. Operate a digital SLR camera; Stringent deadlines, Excellent time management skills; CDL and insurable; Professional dress attire. Cover letter; 3 writing samples and resume must be submitted with application. OPEN UNTIL FILLED.

Job description and application can be obtain from Human Resources Department, P.O. Box 218, Hoopa, CA 95546 or call (530) 625-9200 ext. 15. Hoopa Drug & Alcohol Policy and TERO Ordinance apply.



CITY OF FORTUNA CONFERENCE CENTER WORKER

\$9.00-\$10.94 PER HR

Part-time, or on-call for the Fortuna River Lodge Conference Center.

Work may include nights and weekends and involves a wide variety of duties including moderate to heavy physical labor, assisting kitchen user groups and general cleaning.

Full job description and required application available at 621 11th Street, Fortuna, or friendlyfortuna.com.

Open until filled.



United Indian Health Services, Inc.

Application deadline: October 12, 2015

Clinical Nurse

Weitchpec ~ Provide appropriate sensitive care.

Diabetes Program Manager

Implements prevention efforts in community and provides clinical coordination with medical providers Arcata/Full Time

Facilities & Safety Program Technician

Assist the Facilities Manager, staff training, Safety Program Officer & various activities

Medical Assistant's

Weitchpec/Arcata/Fortuna ~ Assists with examination and treatments must be injection certified with a current BLS.

Medical Provider – MD/DO or FNP/PA

Provides general medical care and treatment to patients in medical facility such as a clinic, health center, or public health agency. Smith River/Del Norte /Full Time/Open Until Filled

OB /NA-AS Coordinator-Clinical Nurse

Manages Obstetrics Program working closely with Providers. Arcata/Full Time

Van Driver ~ Part time

Position is .60 FTE, Must have a Class B Driver's License

Client Benefit Technician

Assist Patients in registration and insurance applications. Arcata/Full Time.

Purchase Referred Care Technician

Processes and tracks referrals for providers. Arcata/Full Time.

Dental Front Office Assistant

Arcata – Per-Diem

Dental Assistant

Per Diem

Job description & salary range posted on website. Employment application available online at www.uihs.org. Email application, cover letter and resume to UIHS-Recruiting@carih.org

*Serving the Native American Community since 1970.
In accordance with PL 93-638 American Indian Preference shall be given. All applicants welcome.*



Come join Mad River Community Hospital and enjoy the satisfaction of working with a team.

Yes, you can be happy at work....here. If you have to work, why not do so with some of the best in the business. We are looking to hire a **Home Health Social Worker, Full Time Clinical Lab Scientist, Registered Nurses** and other positions.

Look on our web site for openings:
www.madriverhospital.com

open door Community Health Centers

BEHAVIORAL HEALTH INTEGRATED PROVIDER

1 F/T Crescent City

CASE MANAGER

1 F/T Eureka

CASE MANAGER SUPERVISOR

1 F/T Arcata

GARDENS AND FOOD RESOURCES ASSISTANT

1 P/T Eureka

1 P/T Crescent City

LAB ASSISTANT

1 F/T Crescent City

LCSW

1 F/T Eureka

LVN

1 F/T Crescent City

1 F/T Eureka (LVN/Med Room)

1 F/T Willow Creek

MEDICAL BILLER

1 F/T Arcata

MEDICAL ASSISTANT

1 F/T Eureka

1 F/T Arcata

1 F/T Crescent City

MEDICAL RECEPTIONIST

1 F/T Fortuna

1 F/T Eureka

MEDICAL RECORDS CLERK

1 F/T Arcata

1 F/T Fortuna

1 F/T Willow Creek

MEMBER SERVICES MANAGER

1 F/T Eureka

OFFICE MANAGER

1 F/T Eureka

REGISTERED DENTAL ASSISTANT

1 F/T Eureka

REGISTERED NURSE

1 F/T Willow Creek

RN- TRANSITION & CARE COORDINATOR

1 F/T Eureka

Visit www.opendoorhealth.com to complete and submit our online application.



The Hoopa Valley Tribe is accepting applications to fill the following vacant position

Cost Accountant

Tribal Fiscal Department, Reg. F/T,
Salary: \$70K-\$80K/DOE

Bachelor or Associate Degree, with emphasis in Accounting or Business, CPA is desired. 5 yrs. experience both general ledger and job costing. Must be proficient in Excel and Microsoft Office products. Possess ability to apply knowledge of Generally Accepted Accounting Principles.

DEADLINE: OCTOBER 12, 2015.

Submit application to the Human Resources Department, Hoopa Valley Tribe, P.O. Box 218, Hoopa, CA 95546 or call (530) 625-9200 ext. 15. The Tribe's Alcohol and Drug Policy and TERO Ordinance apply.



Humboldt County Office of Education

Anticipated Openings for School Bus Drivers



Entry level or experienced—all you need is the DRIVE to succeed! Part-Time, full-time, and substitute positions. Competitive wages & benefits, PERS retirement for all regular positions. FREE training available for CLASS B license and School Bus Driver Certification.

Qualifications: Must be 18 years of age or older. Drivers are subject to a medical evaluation, including drug testing.

Apply at HCOE or online at www.humboldt.k12.ca.us

Reply to: Personnel, HCOE, 901 Myrtle Ave., Eureka, CA 95501.



Laborers

Must have previous production type manual labor experience in an outdoor climate. Applicant must be able to lift/pull 50 lbs repetitively and shovel for long periods of time. Must possess good communication skills and be safety minded. Sawmill experience a plus but not required. Must be at least 18 years.

We will be accepting applications **Thursday, 10/15/15 4-6pm only** at Sierra Pacific Industries, 2593 New Navy Base Road, Arcata. Sierra Pacific is located approximately 3 miles from Eureka or Arcata on Hwy 255. Everyone who applies will be given a short interview.

We are a drug and tobacco free work place. A verifiable Social Security Number is required. An Equal Opportunity Employer, including disabled and veterans.



HUMBOLDT STATE UNIVERSITY
— A California State University

Residence Life Coordinator (Job #15-76)

F/T position in Housing & Residence Life. Review: 10/15/15.
For more information visit: <http://apptrkr.com/681046>
or call 707-826-3626. HSU is an ADA/Title IX/EOE



TEMP ASSOCIATE TEACHER- JEFFERSON HEAD START

Assists teacher in the implementation and supervision of activities for preschool children. Requires a minimum of 12 ECE units—including core classes—and at least one year experience working with young children. **Part-time** temporary, 32 hrs/week (school year), \$10.36-\$10.88/hour. **Review date: 10/7/2015**

Submit application, resume & cover letter to:
Northcoast Children's Services

1266 9th Street, Arcata, CA 95521

For additional information, please call 707-822-7206 or visit our website at www.ncsheadstart.org



Redwood Coast Regional Center

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SERVICE COORDINATOR (CASE MANAGER)

2-FT in Eureka, CA. Advocating & coordinating services for children and older children/young adults. Requires M/A or BA+ relevant experience. Good communication, organization & computer skills. Salary range \$2783 - \$3916/mo + excellent benefits.

To apply go to www.redwoodcoastrc.org.
Closes 10/15/15 at 5PM. EOE/M-F



Southern Humboldt Community Healthcare District is now accepting applications for:

REGISTERED NURSE

Full Time, Part Time, or Per Diem Position. Current RN License and CPR certification required. Work 12-hour shifts in our critical access emergency room.

REGISTRATION CLERK

Per Diem with potential of becoming full time. Weekend Shifts required.

HOUSEKEEPER

Full Time Position. Work 10-hour shifts. No license or certification required.

LICENCED VOCATIONAL NURSE

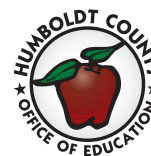
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*Shared housing available between shifts

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Or call (707) 923-3921 ext. 230



Humboldt County Office of Education

Senior Account Technician

Full-time, 7.5 Hrs./Day, 12 Mo.
\$2,580.50-\$3,295.50/Mo.
(15.88-\$20.28/Hr.).

Qualifications: Requires 3 yrs. experience in fiscal recordkeeping, bookkeeping & competency in spreadsheet & software applications. Eligible for H&W and PERS Retirement.

Application available at HCOE or online:
www.humboldt.k12.ca.us

Reply to: PERSONNEL, HCOE, 901 Myrtle Ave., Eureka, CA 95501. For questions contact Kathy Atkinson at katkinson@humboldt.k12.ca.us or call (707) 445-7039. **Closes: 10/15/2015, 4 pm**

RESTIF CLEANING SERVICE

ACCEPTING APPLICATIONS FOR
OFFICE CLERK I

Mon-Fri

8:30 a.m.-5 p.m

Email resume to Pamela@restif.com



PERSONAL ATTENDANTS

A PA assists individuals with developmental disabilities.

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work with children with severe emotional disturbances one on one & families. Bachelor's degree.

Must be at least 21, clean DMV record, DL, and a vehicle. Pass drug test and background check. Email osavage@remivista.org or call (707) 268-8722



Humboldt Bay
Municipal Water District

Operations and Maintenance Technician

Under general supervision, operates, maintains, and controls the District's water pumping, distribution and water treatment facilities; performs basic laboratory testing and sample collection; performs preventative maintenance checks and repairs of the District water pumping, distribution and treatment facilities, machinery, equipment, structures, and grounds; and performs other related duties as required.

Treatment plant experience highly desirable. Minimum Grade II Operator Certification and Grade II Distribution required. T-3 and D-3 preferred but not required. Salary range \$4,192-\$5,095 plus excellent benefits including deferred compensation.

Deadline for applications October 9, 2015.

Call (707) 443-5018 for an application
or visit www.hbmwd.com



Planned Parenthood of Northern California

Part-Time (32 hours/wk)
Lead Clinician
Eureka, 10K Sign On Available!
Per Deim Clinician II
(with a possibility of additional regular hours in the future)
Eureka Health Center.

The Advanced Practice Clinician (i.e., Nurse Practitioner, Physician Assistant, Certified Nurse Midwife) will function as part of a healthcare team to provide care under the standing orders and medical supervision of the Medical Director in conjunction with the Senior Director of Medical Services and Lead Clinician, and in accordance with PPFA and PPNorCal Medical Standards and Guidelines. This position is an integral part of the Client Services department and reports to the Center Director.

These are non-exempt positions that include evening and/or weekend shifts as needed. Salary is DOE + bilingual pay differential + float pay differential (if applicable).

Interested candidates can submit their resume, 3 professional references, and cover letter to careers@ppnorcal.org. EOE.



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Bartender, PT
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Gift Shop Supervisor, PT
Slot Tech, PT
Sunset Kitchen Manager, FT
Sunset BOH Dish/Kitchen Asst, PT
Valet Attendant, PT
Sunset Line Cook, PT (2)

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2. Chief Engineer
3. Director of Food & Beverage

Send resume to rorazem@benbowinn.com



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\$2083 to \$2542/mo + Benefits

Eligibility List Courtroom Clerk I

1 year legal exp. req.
\$2908-\$3549/mo + Benefits

FBI/DOJ/Background Applications accepted through 10/26/2015

info: 707-269-1245 email: HR@humboldtcourt.ca.gov

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SERC is accepting applications for Admin. Asst.: Lighting Lab, a part-time position. Responsibilities include managing website content, reviewing reports and other tasks to support a quality assurance program for off-grid lighting systems associated with the Lighting Global initiative. Visit www.schatzlab.org/news for position & application details. Application deadline is 4:00p.m. PST 10/12/15

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THURS. OCT. 8TH 4:15 PM
THURS. OCT. 15TH 4:15 PM

NEW TIME
First Hour Boxes & Smalls.
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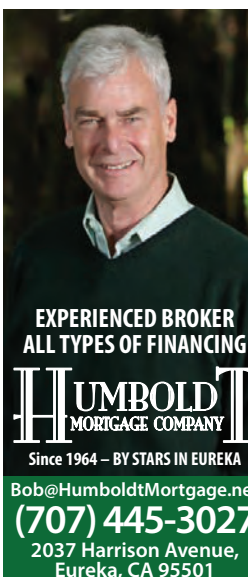
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Starting on Page 19

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DOUGLAS CITY

This home sits on a knoll and borders a creek on 9.48 acres. Open floor plan with hard wood floors and vaulted

ceilings adorn this spacious home. 2 bed/ 2 bath located up stairs and 1 bed/1 bath, a large family room with built-ins and a wood stove are also located in the basement as well as a garage and storage area. Decks on 3 sides of the home add to the living area. MLS#2108204

NEW LISTING \$269,900

Call Retta @ 530.628.5850 for details!



WEAVERVILLE

Charming and completely up graded throughout the interior of home including a fresh coat of paint throughout. Kitchen is as cute as can be with new counter tops and custom paint, new lighting fixtures and ceiling fans in all the rooms, new base board heaters. Both bathrooms are complemented with new vanities and fixtures. Down stairs is where you will find the family room, 4th bedroom and large laundry room/work shop. MLS#2108197

NEW LISTING \$219,000

Call Shannon @ 530.524.2479 for details!

Retta Treanor
Broker/Owner

Shannon Aikins
Realtor®

Janel Armijo
Realtor®

Elida Franco
Realtor®

Alex Johnson
Realtor®

Denell Patton
Realtor®

Mary Reynolds
Realtor®

Terri Townzen
Realtor®

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Escrow Assistant

Robyn Amore
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NEW LISTING!

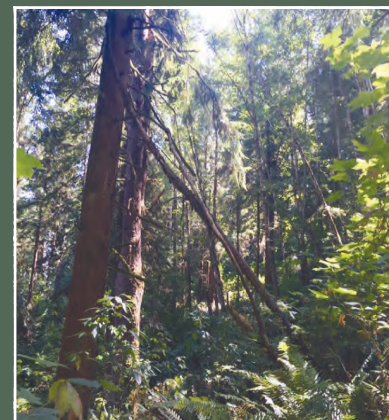


WILLOW CREEK LAND/ PROPERTY \$499,000

Gorgeous 3 bedroom, 2 bathroom home on ±20 acres with plenty of amenities! Stainless steel appliances, bamboo countertops, tiled bathroom, metal roof, shop with attached studio, well and PG&E, all on just over 20 acres and only 10 minutes from Willow Creek. The property features terraced topography, amazing views of Trinity River valley, and deeded rights to a spring. A must see!

ARCATA LAND/PROPERTY \$274,000

±14 Acres of beautiful Redwood Forest off of Essex Lane! Only minutes from Arcata, yet inland enough to enjoy a slightly warmer climate, this parcel features end of the road privacy, PG&E, 2 car garage, 2 small outbuildings, paved driveway, developed spring and a mix of Redwoods, Spruce, and Douglas-Fir timber. Timber cruise on file. This rare find is ready for a building site to be cleared to build your perfect dream home!



WILLOW CREEK LAND/PROPERTY \$99,000

Great ±.9 acre lot just a few miles down Highway 96 outside of beautiful Willow Creek! Parcel features building site, road frontage, and community water and power on the parcel.

BERRY SUMMIT LAND/ PROPERTY \$3,200,000

12 legal parcels totaling ±2,240 acres only 30 minutes from Arcata! Property has convenient deeded access off of HWY 299 and Titlow Hill Road, scenic Redwood Valley views, and some parcels offer PG&E power. Water sources include creeks and natural spring fed ponds. Parcels have a variety of timber including Maple, Tan Oak, Cedar, Fir, Alder, Pine and Madrone. Several investment opportunities available. Qualified Buyers, please call us to discuss.



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We now offer you the option to pay online, making your total visit time even less.

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Short wait and total visit time

Using ZipPass technology, we are able to see most patients in the clinic with a total visit time of less than one hour.

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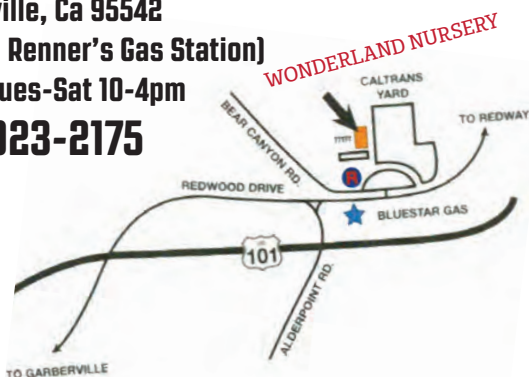
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Hours Tues-Sat 10-4pm
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CLONES BACK IN STOCK

Extra cuts available of many strains!

Name: Bubba's Gift

Genetics:

God's Gift crossed w/ Bubba's Kush

Yield: Medium

THC Potency: 17%

Indoor/Depi: 56 Days

Outdoor Harvest: mid-late Sept

Story: This low maintenance Humboldt strain comes from Willow Creek, and Bubba's Gift isn't the kind of girl that wants you to break the bank just for little ol' her. She's willing to grow with low light and water, and her big gift is that she finishes early. Her style is also distinct with an open structure and knobby, slanted buds.

One look at Bubba's Gift and you'll see why so many admire her vibrant, unique beauty -- the stunning fuschia and purple veins run throughout the bud with long, sunset orange hairs. Catch her in the sunlight and her crystals sparkle.

When grown outdoors, her fat, round buds are hard to distinguish from indoor grown. Some might call Bubba's Gift stinky, but she prefers to be thought of as pungent and penetrating with a fruity, candy taste. She offers an uplifting high to start off the day.

\$10 per starter clone / \$15 per potted clone



Characteristics:

- Early finisher
- Low maintenance
- Fruity/candy taste
- Good for low light and water
- Open structure
- Oily and aromatic
- Breakfast blend

Unique Tips:

- Tends toward bushiness
- Grow inside then transplant outdoors to increase height
- Exceptional velocity in market
- Not prone to PM
- Pre-flower end of July

Name: OG Chem Dog
Genetics: OG Kush crossed w/ Chemdog



\$10.00 per starter clone
\$15.00 per potted clone

Yield: Heavy **THC Potency:** 28.8%
Indoor/Depi: 63 days
Outdoor Harvest: Oct. 7

Story: OG Chemdog is a kickboxer who doesn't kid around. She offers a blazing, blistering high that can be overpowering, so those trying to stretch their stash only need a small taste of her at a time. She comes directly to us from Ganja Rebel and is an oily, resin-encrusted powerhouse.

With a golden tone and OG palette, she's a beautiful force to be reckoned with. The rich taste leans more toward the Chemdog flavor, and she's stocky. She has a musky, gasoline aroma as if she spent all day in kickboxing class.

- Characteristics:**
 - Early finisher
 - From Ganja Rebel
 - Massive THC
 - Stocky, not as lanky as OG
 - Oily
- Unique Tidbits:**
 - Pot to go big
 - Magnesium hungry

Name: OG from San Fernando Valley
Genetics: OG Kush



\$10.00 per starter clone
\$15.00 per potted clone

Yield: Large **THC Potency:** 22%
Indoor/Depi: 63-70 days
Outdoor Harvest: 2nd week of Oct.

Story: There are so many OGs out there (and many more claiming to be) but one look at this OG from San Fernando Valley and you'll know she's the real deal. She smells like lemon Pledge, Pinesol and diesel fuel swirled together in one nasty blender. You better take her seriously, because her potency is blistering and well-worth the effort.

She's stacked solidly and has the classic OG open structure. But tread carefully because she gets mean if you don't give her the light, nutrients, and space she needs. Speed isn't her game – she's in it for results and produces a large yield. She's a billion dollar strain and she knows it, so she makes you wait.

Her lime green coloring with light red hairs has subtle differences from other OGs. But there's no doubt that she's legit.

- Characteristics:**
 - Real deal SFV
 - Lanky
 - Open structure
 - 2 lbs per light
 - 4 ½ lbs in 200 gallon pots
- Unique Tidbits:**
 - Magnesium hungry
 - Light hungry
 - PM prone
 - Likes root space

Name: Sour Diesel
Genetics: a definitive Sour



**3-inch
Pot in
Soil**

\$15.00 per potted clone

Yield: Excellent **THC Potency:** 20-22%
Indoor/Depi: 70 days
Outdoor Harvest: 3rd week of Oct.

Story: When you have a popular name like Sour Diesel, you need to find a way to stand out from the crowd. And that's just what this red-hot Sour Diesel does. Her sour flavor comes at you like a megaphone, loud and unmistakable. She often stays strong in the face of challenging circumstances -- she is such an aggressive grower that almost nothing can stop her. She doesn't pack light, either, producing an excellent yield every cycle.

- Characteristics:**
 - Aggressive Grower
 - Loud sour flavor
- Unique Tidbits:**
 - A+ Sour Diesel cut
 - Resistant to mold

Humboldt Cannabis Company

NEW!

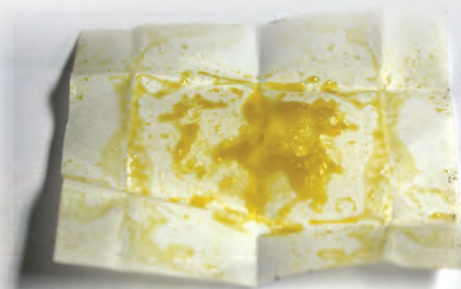


Oil Spill

Nug Run Shatter

THC: 59.3%

\$80/g

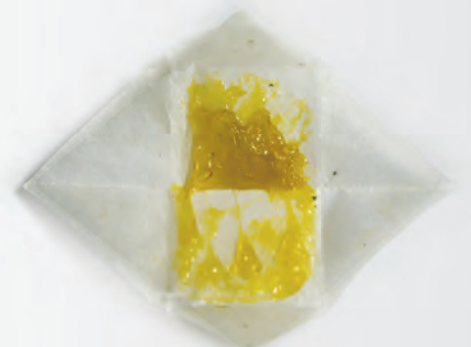


Humboldt OG

Nug Run Shatter

THC: 80%

\$80/g



Sour Diesel

Nug Run Shatter

\$80/g



Humboldt OG

Trim Run Shatter

\$60/g



NEW! NEW! NEW!



Absolute Xtracts

CBD Cartridge

1/2 g

\$60



CBD Alive!

Sun - Seed - Solutions

CBD Alive!

Oil

\$60/g



Made with a touch of ginger.
Psychoactive.

Sprayer: 15 mL 1:1 of CBD:THC

Drops: 15 mL 1:1 of CBD:THC

Mini-drops: 5 mL 20:1 of CBD:THC



Sunkissed Solventless



**SFV OG Trim
Run Shatter**

\$60/g

**Sour Diesel
Rosin**

\$50/g

